



THE DINGLEY DOSSIER

Volume 54
Number 7
August 2026
www.dvnc.com.au/dossier

72% OF AUSSIES BEAT CANCER TODAY THANKS TO IMPROVED PREVENTION, EARLY DETECTION & TREATMENT

Daffodil Day, Thursday 20th August is Cancer Council's most iconic and much loved fundraising campaign.

For 40 years, Daffodil Day has been a day for all of us to come together against cancer, and continues to give hope to those who are, have been, or are yet to be on a cancer journey. In 2025, Australians gave a bunch for Daffodil Day, raising over \$5 million towards lifesaving cancer research. This year, the Cancer Council would love to have your vital support once more.

Almost 1 in 2 of us will face a cancer diagnosis in our lifetime, so all of us are affected by cancer. We're brought together by the many ways cancer has touched our lives, but also by the hope we find in cancer research that's saving more lives year-on-year. That's why we're encouraging you to give it your all by participating in the Daffodil Day Dip, registering to fundraise or by donating this Daffodil Day.

Cancer Council is Australia's leading cancer charity working across every aspect of every cancer. Every day, they support families affected by cancer when they need it most. They speak out on behalf of the community on cancer issues, empower people to reduce their cancer risk, and, through their research, find new ways to better detect and treat cancer.

Life-saving cancer research

Research can reduce the impact of cancer in many ways, from early detection to revolutionary treatment options and life-changing cancer care. Thanks to you, the Cancer Council fund more cancer research than any other non-government

organisation in Australia. They invest over \$47 million into research projects each year - in universities, hospitals, research institutions and here at Cancer Council.



Thanks to investment in research, amazing advancements have been made in cancer prevention, screening and treatment - helping increase survival rates from 46% in the late 1980s to around 72% today.

Support for people impacted by cancer

Every day, the Cancer Council give those affected by cancer support when they need it most. Supporting people affected by cancer is at the heart of everything they do. We know that coping with cancer is challenging, and when you or someone your love is dealing with a cancer diagnosis, or adjusting to life after treatment, getting the right information and support is crucial. Cancer Council support services include information, counselling, practical and emotional support, all designed with and for people affected by cancer, for every stage of the cancer journey.



Prevent cancer before it starts

We know that a third of cancers can be prevented through lifestyle changes, so the Cancer Council develop programs that encourage and empower Australians to lead healthier lifestyles to help reduce their cancer risk.

Across the country, Cancer Council provides information and support to Australians reduce their risk of cancer and find cancer early through programs like SunSmart, Quit and LiveLighter. With your support, Cancer Council's campaigns, education programs and information resources have prevented countless cancer cases and improved early detection.

It takes many hands to take on cancer, but with the help of all of us, we're getting closer to a cancer free future.



Daffodil Day 2026 is Thursday, 20 August but you can get involved and help support this special day any time throughout the month.

For all that cancer takes, give hope this Daffodil Day.

Call **13 11 20** for service information in your state or territory.

Information in this article provided by Cancer Council

Scan to donate



daffodilday.com.au

FARMERS' MARKET

SATURDAY 15TH AUGUST | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.

WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

31B Marcus Road, Dingley Village. 8512 0505 admin@dvnc.com.au

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:
1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service
1300 659 467

SES: 13 25 00

Vic Emergency Hotline
1800 226 226

Poisons Info: 13 11 26

Emergency Relief
(MADDV) 9551 1799

MensLine:
1300 789 978

WIRE
(Women's Information and
Referral Exchange):
1300 134 130

Safe Steps:
1800 015 188

Nurse on Call:
1300 60 60 24

Tip Smells & Dust:
EPA 1300 372 842

Aircraft Noise:
1800 802 584

Neighbourhood Centre:
8512 0505

Community Association:
dvcasecretary@gmail.com

Men's Shed:
9551 5892

**VicRoads Faults
and Hazards:**
13 11 70

RSPCA
9224 2222

Justice of the Peace

Marion Harriden 9551 1799

Document Signing Station
Springvale Library
1300 630 920

Patchwork for Charity

Tuesdays from 10am to 1pm with our volunteers Helen and Carrie, they are creating a variety of handmade items for charity organisations, and any fabric donations are greatly appreciated. Beginners welcome to learn hands-on.



Dingley Village Social Group

Looking to meet new people in a fun, relaxed setting? Playing cards, games, bingo, scrabble & mahjong. Every Monday from 1.00pm-3.30pm in the Harold Box Hall at the Dingley Village Neighbourhood Centre.



31b Marcus Rd Dingley Village VIC 3172. \$2.00 per visit & light refreshments are provided. Enquiries: admin@dvnc.com.au or Ph: 8512 0505.

Neurodiverse Parents Support Group with Geraldine

Parent lead group for children under the age of 16 with Autism, ADHD, Dyslexia and Dyscalculia. Meeting Rooms 4/5 every 3rd Wednesday of the Month from 6.30pm-8.00pm Contact Geraldine Howley on 0449 150 415 or email: geraldineahowley@gmail.com

Games Group

A fun environment for teenagers, through to young adults to enjoy games together. Strategy, fantasy & sci-fi style board & role-playing.

Free event, Friday 5.30 – 7.30 pm in DVNC meeting room 4,5 & 6 and Girls Club – Craft Room.

Dingley Village Playgroup

Monday 9.00am-11.00am
Tuesday 9.30am-11.30am
\$40.00 Term fee in the Playgroup room. In the new DVNC centre & Early Years services building. Email: admin@dvnc.com.au or Ph: 8512 0505



Zumba Gold with Norma

Zumba Gold is a low-impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am-10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.



Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class. No need to book just come along.

Social Table Tennis

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, gam & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.



Pilates

Mums and Bubs Pilates Tuesdays 11.15am-12pm \$12 session. Mat Pilates Tuesdays 12.30 – 1.15 pm \$12 per session in the Harold Box Hall but please pay at reception first. Need to bring Yoga Mat, Water bottle and towel. All enquires please contact admin@dvnc.com.au or Ph: 8512 0505.

Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am-12pm in DVNC meeting room 4 & 5. Free Class, no need to book, just come along.

Chatty Café with Sue & Jo

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness. Let's keep our community connected! Wed 10am to 12pm in the staff room in the new DV Neighbourhood centre. Free, just some along.



Collection Point

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

Taekwondo with David

Mon & Thurs 5-7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on 0439 304 579.

Tai Chi with James

Tai Chi aids the reduction of anxiety of stress; it also helps increase flexibility and balance. Sessions are held in the Harold Box Hall.

Tuesdays - 9am - 11am.

Wednesdays - 6.30pm - 8.30pm

Contact James: 0430 570 460.



Agna Yoga with Sneha

Yoga & Meditation class in the Harold Box Hall, weekly on Fridays from 6pm-7pm. All enquires to agnayogawellness@outlook.com or Ph: 0421 876 858

Sound Healing with Danielle

Bio tuning session 1st Tuesday of the month from 7pm-7.45pm in the Harold Box Hall. All enquires contact Danielle at Biofieldbayside@outlook.com or Ph: 0478 736 675.



JOIN A CLUB!



COMMUNITY

Please don't feed the magpies

While we may have good intentions, in certain situations, feeding wild birds inappropriate food such as bread and plain mince can actually cause more harm than good. It can lead to nutritional imbalances, deformities in nestlings, increase the risk of disease, and lead to a disruption in natural animal behaviour. If you still insist on feeding magpies or any wildlife, google feeding magpies/ wildlife to find the experts advice.



Volunteer Driver Needed!

Make A Difference Dingley Village require a volunteer driver with a large SUV, Van or similar. Wednesday mornings approx.

9am – 10:30am weekly, to pick up produce from Hallam and return to Dingley with occasional other local pick-ups. Contact Committee Member Tom – 0438 533 981 if interested. "Help us make the difference"



Dingley Central Probus Guest Speaker

On Monday 3rd August at 10 am, our guest speaker will be from the City of Kingston Power Savers Team who will give tips on how to improve energy efficiency and lower energy bills.

Probus is a social club for retirees or semi-retirees and meets on the first Monday of the month. Meetings are at Kingston Salvation Army, hall in Dingley. All are welcome. For more details contact the Secretary, Ruth on 0419 899 558.

Paid Election Work.

Working at elections is a great way to contribute to democracy in Victoria. Election staff enjoy great pay rates, training and a unique working experience. Work on election day in a polling place or before, during and after polling in a variety of roles. You can register for work at elections by going to www.vec.vic.gov.au/careers/work-at-elections



SPECIAL DATES IN AUGUST

1st – 31st August: Tradies National Health Month

August is a time to prioritise tradie health and wellbeing. Tradies National Health Month (TNHM), raises awareness of the physical and mental challenges faced by those in trade professions. Australia continues to face critical trade shortages and growing infrastructure demands, it's vital to invest in the health of our tradie workforce—because when tradies thrive, our communities do too.

3rd – 9th August: National Stroke Week

National Stroke Week encourages the community to know the F.A.S.T. (Face, Arms, Speech and Time) signs of stroke so that they can save a life. Stroke Foundation recommends the F.A.S.T. test as an easy way to remember the most common signs of stroke.

Using the F.A.S.T. test involves asking these simple questions:

- Face Check their face. Has their mouth drooped?
- Arms Can they lift both arms?
- Speech Is their speech slurred? Do they understand you?
- Time Is critical. If you see any of these signs, call 000 straight away.
- A stroke is always a medical emergency.

17th – 21st August: Bullying No Way Week

Bullying No Way Week is Australia's key bullying prevention initiative for schools. It provides an opportunity for schools to create a shared understanding about bullying behaviours and share their bullying prevention policies and strategies.

The national week of action unites government, Catholic and independent schools and their communities across the country. Together, we can foster practical approaches to prevent bullying in Australian schools.

15th August: Assumption of the Blessed Virgin Mary, Christianity

Assumption of the Blessed Virgin Mary commemorates when the Blessed Virgin Mary, mother of Jesus, was taken (assumed) into heaven, body and soul. Also known as the Feast of the Assumption.

17th – 23rd August: Brain Injury Awareness Week

Brain Injury Awareness Week (BIAW) is held annually to raise awareness of brain injury and its impact on everyday Australian's.

This is a time to reflect on how each of us can support and advocate for people living with a brain injury and continue to grow awareness and understanding throughout Australia.

BRAIN INJURY:
MANY PATHWAYS,
ONE COMMUNITY.

20th August: Daffodil Day

On this day, Australians all over the country come together and, for all that cancer takes, we give hope. We give to support people impacted by cancer and we give to support cancer research that will save lives. We know that almost 1 in 2 people will be diagnosed with cancer by the age of 85, so it takes all of us to give hope for better treatments and better outcomes. The more hope we give, the more lives we can save. That's why we're encouraging you to give it your all by registering to fundraise or by donating this Daffodil Day.

28th August: Wear it Purple Day

Wear it Purple Day and encourages schools, universities, and workplaces to stand in solidarity with LGBTQIA+SB young people, raising awareness and promoting safe, inclusive, empowering environments.



28th August: Raksha Bandhan "Hinduism"

Raksha Bandhan is a festival celebrating a brother-sister like relationship between relatives or biologically unrelated. Also known as Rakhi.

**Holy days (mainly Jewish, Islamic and Baha'i) which begin at sundown on previous day and continue until sundown.*

***Local or regional customs may use a variation of this date.*

Learn the F.A.S.T. signs of STROKE



If you see any of these signs
Act FAST call triple zero (000)



You can pick up copies of the Dingley Dossier from the Neighbourhood Centre, 31B Marcus Road, Dingley Village and Woolworths Dingley Village. We also have a colour version online www.dvnc.com.au/dossier

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Dingley Village Police Update

Crime Stoppers (1800 333 000)
To provide crime information. It can be anonymous.

EYEWATCH

Eyewatch is community-focused initiative using local Facebook pages to connect residents with their local police, share crime alerts, and solve local issues.

Eyewatch operates in 54 regions around Victoria. These pages empower Victorians to be active participants in making their community safer.

Your local Eyewatch will keep you up to date with:

- * community initiatives
- * safety
- * crime prevention information
- * general policing updates



Eyewatch Kingston www.facebook.com/eyewatchkingston/

They allow you to speak directly with your local police and be a part of the conversation.

Never use social media to report an emergency

If you are in danger, or need immediate police, fire or ambulance assistance, always call Triple Zero (000).

neighbourhoodwatchkingston www.nhw.com.au

Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

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A program of Dingley Village Neighbourhood Centre



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31B Marcus Rd,
Dingley Village

Ph: 8512 0509

DINGLEY VILLAGE COMMUNITY ASSOCIATION

The Dingley Village Community Association (DVCA) is an incorporated, voluntary body formed in 1971 to advocate for the interests of Dingley Village residents.

The association focuses on enhancing the village's character, environment, and resident safety, it is not affiliated to any political party. Membership is open to all residents who genuinely care about our village. Further information please contact the DVCA Secretary. Email dvcasecretary@gmail.com

The Dingley Village Community Association AGM was held on Tuesday night, 14 July. Thank you to the members and residents who attended this event.

We welcomed the annual Chairman's and Treasurer's thorough reports and elected the office bearers for the incoming year. Congratulations and thanks for service to:

President - Geoff Blake

Secretary & Vice President - Leigh Gridley

Treasurer - Nigel D'Souza

The official constitution of the Association that was developed throughout the year, was officially accepted at this meeting. It works in conjunction with the model rules for nonprofit organisations in Victoria.

Members and residents were pleased with the work achieved by the Association over the last 12 months but also noted that complications at council and state level often meant that progress moved at a glacial pace.

We continue to advocate for:

- More appropriate adjustments to the Kingswood development (we are pleased to see DVCA's pedestrian link initiative seemingly approved).
- Funding for the upgrade of the shopping centre frontage, and action on pedestrian safety crossings.
- The delivery of the Spring Road Reserve master plan.
- many other local projects.

Credit to the City of Kingston who have made significant progress in recent months on the planning of the much needed Tootal Road upgrade. Works will begin before the end of the year, and while there will be disruption at the north end, the plans indicate a much better situation once finished.

Support Our Dingley Village Shops

Please remember – it's in your interest to do so – each dollar you spend locally helps keep our shopping centre strong and vibrant by continuing to provide us with great local services right here in Dingley Village.

Snap/Send/Solve

This App continues to be a positive method to improve our Village. Residents are reminded that they can use this App to send a photograph of a local problem to the appropriate authorities. This could be in relation to uneven footpaths, traffic hinderances, damaged infrastructure and so on.

Bottle Refunds – Remember

If you are a local resident who would like to help the DVCA, but you don't know how, one option is to contribute your recycling bottles



Dingley Village

FARMERS' MARKET

SAT 15th AUGUST
8.30 am - 1 pm
Reserve, 31 Marcus Rd

Fruits, Vegetables, Live Music
Bakery, Treats, Local Crafts
Preserves, Hot food & coffee
Spirits and more Community Stalls

Free Entry - Free Parking
www.dvnc.com.au/farmersmarket

and cans to our 'Return It' CDS Vic Depot fund by using our Barcode number: C2000009985. We welcome everyone's support and contributions.



Can we help?

If you have a local issue, you need help with – don't hesitate to contact us and we will see if we can assist you with this.

DVCA Contact Info

Contact us by email at dvcasecretary@gmail.com or come to our monthly evening meeting.

DVCA Meeting Info

Meetings are held in Meeting Rooms 4 & 5, on the second Tuesday each month, February – November, at 7:30pm located at 31b Marcus Road. Our next meeting is on the 11th of August.

The DVCA is always looking for interested residents to join the association and help further the various issues for the improvement of Dingley Village.



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OUR COUNCIL

Municipal Monitors' appointment extended at Kingston

The City of Kingston remains focused on delivering for the community following the Victorian Government's decision to extend the appointment of Municipal Monitors Mr John Tanner AM and Mr John Watson until 14 August 2026. The extension was advised late this afternoon by the Minister for Local Government, Paul Hamer, and will see the Monitors remain in place through the upcoming Melaleuca Ward by-election before providing their final report to the Minister.

Mr Tanner (August 2025) and Mr Watson (October 2025) were appointed by the Victorian Government to observe Council's governance and decision-making and have worked collaboratively with Councillors and Council officers over the past 10 months.

Throughout the Monitors' appointment, Council has continued to deliver essential services, progress major infrastructure projects and advance important community initiatives, while working openly and constructively with the Monitors.

Mayor Cr Georgina Oxley said Council remained focused on serving the Kingston community. "Our priority continues to be delivering the services, infrastructure and advocacy our community relies on every day," Cr Oxley said.

"We will continue to work constructively with the Municipal Monitors throughout the extended appointment while maintaining our focus on strong governance and delivering positive outcomes for our community."

Chief Executive Officer Peter Bean said Council would continue to support the Monitors in their role while delivering for the Kingston community. "Our organisation has worked openly and constructively with the Monitors throughout their appointment while continuing to deliver more than 100 services to our community," Mr Bean said. "We remain committed to strong governance, transparency and accountability, while ensuring our community continues to receive the high-quality services, facilities and support they expect from their Council."

The Municipal Monitors are now expected to provide their final report to the Minister for Local Government following the conclusion of their appointment on 14 August 2026.

Council backs proven leader for Kingston's future

The City of Kingston has extended the contract of Chief Executive Officer Peter Bean for a further four years with an additional one-year option, reaffirming Council's confidence in his leadership and vision for the organisation.



Mayor Georgina Oxley said Mr Bean had made a significant contribution to Kingston since commencing as CEO in 2021 and had earned the respect of Council, staff and the wider community. "Peter has been an outstanding CEO for Kingston.

He brings a calm, steady head, a wealth of experience and a genuine commitment to our community," Cr Oxley said.

"The past few years have brought both significant achievements and real challenges. Throughout that time, Peter has provided strong leadership and sound advice, helping Council navigate increasing financial pressures while keeping our focus firmly on the community.

Under Peter's leadership, Kingston has remained focused on listening to our residents, delivering the services and infrastructure they rely on, finding smarter and more efficient ways to work, and planning for our city's future.

Council is delighted to extend Peter's contract, and I'm personally looking forward to continuing to work closely with him as we build on the great progress that has been made."

Mr Bean said he was honoured to continue leading the organisation and serving the Kingston community.

"I am very proud to continue as CEO and to keep working alongside Council to deliver for our community," Mr Bean said. "Kingston is a fantastic place with a very bright future, and I am excited about the opportunities ahead as we continue to invest in the services, facilities and initiatives that matter most to our residents. "I would like to thank the mayor and councillors for their confidence and support.

Councils are at their best when there is robust discussion and a genuine focus on achieving the best outcomes for the community. Our councillors are deeply committed to serving the residents and shaping a positive future for our city. I look forward to continuing to work with them, our staff and the community to deliver on that vision.

I am incredibly fortunate to lead such a dedicated and talented team. The achievements of recent years have only been possible because of the passion, professionalism and commitment of Kingston's staff, who work every day to make a positive difference in our community".

"I look forward to continuing to work with Council, our staff and the community to build on our successes and ensure Kingston remains a great place to live, work and visit." Council endorsed the contract extension at its meeting on Monday 22nd June 2026.

Renewed focus on community connection for Australia Day

The City of Kingston will strengthen its recognition of Australia Day from 2027, with a renewed focus on community connection, local pride and celebrating what brings Australians together.

Following extensive community consultation which attracted feedback from more than 600 residents, Council has endorsed a range of initiatives designed to build on the success of Kingston's Australia Day Citizenship Ceremony and Civic Reception, and our previous sponsorship of the Mordialloc Carnival, while creating more opportunities for community-led participation across the city.

Mayor Georgina Oxley said the approach reflects the community's desire to celebrate Australia Day in a way that brings people together and highlights the best of Kingston.

"Australia Day is an opportunity to bring people together, celebrate what we value about Australia and take pride in the community we've built here in Kingston," Cr Oxley said.

"Our renewed focus is on creating more opportunities for people to connect, celebrate and participate in ways that reflect the spirit of our community. "Our community told us they wanted to see more opportunities to acknowledge the day while continuing to support activities that are local, inclusive and community focused."

Council will continue to host its popular Australia Day Citizenship Ceremony and Civic Reception, while introducing a range of new initiatives including sharing stories from local residents, enhancing promotion of grants and sponsorship opportunities, increasing the visibility of the Australian flag across Kingston and supporting informal gatherings in parks and open spaces.

Cr Oxley said Kingston's newest citizens would continue to be at the heart of the day's celebrations.

"One of the most special parts of Australia Day in Kingston is welcoming new Australians as citizens. Their stories, experiences and contributions help shape the vibrant and diverse community we are proud to call home".

"Whether you're gathering with family and friends, enjoying one of our beautiful parks and beaches, supporting a local community event or attending our citizenship ceremony, Australia Day is a chance to reflect on what connects us and celebrate the strengths of our community."

Council will also trial the distribution of Australian flags to community groups and residents, illuminate the Kingston City Hall clock tower in Australian flag colours and ramp up promotion of the funding already available through our grants and event sponsorship programs to support local organisations with their Australia Day activities. The new approach will commence from Australia Day 2027 and continue to evolve in response to community feedback and participation.

Information in this article provided by City of Kingston

Meng Heang Tak MP

State Member for Clarinda

Your representative in the Victorian Parliament.

A strong voice for you and our local community.



MengHeang.Tak@parliament.vic.gov.au

mengheangtak.org.au

[mengheangtakmpforclarinda](https://www.facebook.com/mengheangtakmpforclarinda)

[mengheangtakmp](https://www.instagram.com/mengheangtakmp) ☎ 03 9543 6081

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LOOKING AT LOANS



The Housing Crash

Property markets are in turmoil as the effects of rapid-fire changes filter through to all of us - the people at the coalface. Rising interest rates and changes to property taxes were both designed to disrupt the market. They have succeeded. This affects everyone who lives in a house or apartment (owned or rented) in Australia.

The biggest issue is uncertainty. What will happen next.

Media analysis and reports are primarily from a political viewpoint, often from self-interested political zealots, and unreliable in fact. Social media posts are worse. Consumer confidence is shattered due to the unexpected and dramatic changes, so the property market wobbles with uncertainty, waiting for direction.

From those in the industry: On current fundamentals the most likely scenario for house prices is a short correction followed by a solid bounce back (the word short being suitably ambiguous!).

Fact: There is an underlying supply and demand problem. At the time of writing the rental vacancy rate in Australia is 1.6%. In a balanced market that would be closer to 3%.

This is representative in numbers of more people trying to enter the housing market than there are homes coming onto the market. As a fact that has been the case for many years, and that trend is going to continue.

The recent changes in interest rates and property taxes will not fix it. We can hope that the Government incentives specifically targeting build of more homes work, but the reality is Governments have been announcing build of more homes for years, with promises not kept. Current policies are a further dis-incentive. How do you think that will work out?

For those in the position to do so, this price drop could be seen as a buying opportunity. Consumer confidence levels

are low, buyers are scarce at auctions, higher costs are unfortunately leading to some forced sales.

Everyone's personal situation will be different, but from a macro view: This is the worst time to downsize. A 5-10% drop in value on your higher value sale property is more in dollars lost than the equivalent percentage decrease (dollars gained) on the lower value purchase property. Conversely - it is a great time to upsize! For those wanting to move to a bigger/better home (including first home), this market downturn can be used to your advantage.



What is worrying is the low vacancy rate. We need more landlords providing rental accommodation; providing homes for those who cannot or choose not to buy. Unfortunately, with higher costs, higher rents are required to encourage landlords into the market. The low vacancy rate is driving such increases in rents; the demand/supply economic equation is in action. Effectively, the Government is forcing increases in rents, hurting the very people it says it is helping. For prospective property investors: The current downturn provides opportunities to buy.

Economic analysis of the current Australian housing market shows demand for housing continuing to outstrip supply and building costs continuing to increase. In that universe, property prices will not be crashing down too far and will continue up over time.

Integrity Finance Australia has been serving the Dingley Village community since 2006. If you have any questions on the issues raised in this article or borrowing capacity or your home loan in general, then please email loans@ifafinance.com.au or call us on **03 9511 8883**.

Daryl Borden, your Dingley Village Mortgage Broker, ACL 392184

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- **Retirement Residences**
- **Financial / Mortgages**
- **Domestic Building Law**

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What's the difference between a tumour and cancer?

THE CONVERSATION
Academic rigour, journalistic flair

Published: December 8, 2025 11.45am AEDT
Sarah Sasson: Scientia Senior Lecturer in Medicine (Immunology), UNSW Sydney
Megan Barnett: Medical Oncologist and PhD Candidate in immunology, Garvan Institute

The terms tumour and cancer can refer to different types of lumps and bumps. But the terms are often confused and misused - by the general public and even health professionals. For instance, doctors can use euphemisms such as tumour, mass, lesion or spot when they really mean cancer.

So what's the difference between a tumour and cancer? And why is it important to use the right terms?

What's a tumour?

The Oxford dictionary defines a tumour as "any abnormal swelling in or on a part of the body". They develop in nearly any part, including fat, muscle, bone, nerves and glands.

But not all tumours are cancer, and not all cancers are tumours. Tumours can be "benign" (not cancer) or "malignant" (cancer). Some benign tumours are harmless and don't need treatment. These include lipomas (deposits of fat cells under the skin) or haemangiomas (an overgrowth of blood vessels often looking like reddish-purple birthmarks).

Other benign tumours can cause problems due to their location. These include uterine fibroids, which can cause heavy menstrual bleeding, and benign pituitary adenomas, which can over-produce hormones. Even though these tumours are not cancer, they can be dangerous and doctors sometimes advise surgery to remove them.



What's cancer?

Cancer develops when normal cells acquire genetic changes, called mutations, that allow them to escape the body's normal "checks and balances".

Several hallmarks of cancer were defined more than 25 years ago and include uncontrolled growth and avoiding immune destruction. Importantly, cancer cells can invade surrounding structures (known as invasion) and spread to other sites (metastasis). These are the key features that distinguish malignant tumours (cancer) from benign ones (not cancer).

Cancers in solid organs - such as the breast, skin or lung - are sometimes called malignant tumours because they form masses. But not all cancers form masses. Blood cancers, such as leukaemia, usually do not.

How are they detected?

Both tumours and cancers can cause lumps and bumps, either detected by the patient (Doc, what's this lump?) or during investigation for a symptom (Doc, I can't swallow).

Symptoms differ depending on where the tumour (both benign and malignant) is and what types of cells it is made of. For example, tumours in the gastrointestinal tract (oesophagus, stomach, bowel) can cause symptoms because the mass starts to obstruct the digestive tract.

Imaging such as ultrasound, CT or MRI might be needed to investigate further. The tissue may also be sampled (via a needle or surgery) then a pathologist can look at the sample under the microscope to determine the cell type to determine whether it's benign or malignant.

How are they managed?

Management can be similar, such as cutting out a benign meningioma (brain tumour) or a malignant basal cell carcinoma (skin cancer).

Management can also be very different. Malignant tumours (cancer) have the potential to spread, and at advanced stages are associated with increased risk of death. So managing cancer is often more time-sensitive and complex. Treatment for some malignant tumours involves a combination of surgery, radiotherapy and/or systemic treatment, such as chemotherapy, which affects the whole body.

Why it's important to get the words right
Misusing the words cancer and tumour can be confusing and misleading. This may be because the word "cancer" carries a stigma of sickness and death, even though many cancers have a good outlook.

When talking to patients, it's important for doctors to "get it right". Less than half of patients understand that a doctor means cancer if they use euphemisms such as tumour, mass, lesion or spot. In fact, any type of ambiguous language doctors use when communicating with patients about cancer can increase confusion.

In a nutshell

The terms tumour and cancer are not interchangeable. Solid cancers are tumours and malignant tumours are cancers. But not all tumours are malignant, and not all cancers are solid.

Disclosure statement

Megan Barnett receives funding from Boehringer Ingelheim, Takeda Pharmaceuticals, and government-funded grants including the NHMRC.

Sarah Sasson does not work for, consult, own shares in or receive funding from any company or organisation that would benefit from this article, and has disclosed no relevant affiliations beyond their academic appointment.

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Local Men's Shed Becomes Celebrity

Our own Men's Shed won a National Award for recycling waste plastic. That inspired the Australian Men's Shed Association (AMSA) to partner with a well known garden tools manufacturer, Cyclone, to create an advertisement for large hardware retailers to run on their own websites.

So, AMSA brought their partner to our Men's Shed along with the partner's film crew to "shoot" their advert. Dingley Village Men's Shed member John Legge was the star of the show as he demonstrated how to change the handle on an axe. This is of course just one of the many abilities of our workshop team.



What is most gratifying is the wide diversity of services our Men's Shed provides to our community. These include but are not limited to :- the monthly Dingley Village Farmer's Market, Keysborough CFA, Dandenong SES, Keysborough Golf Club, Local Lifesaving clubs, Kingston Council, Make A Difference and many others. A recent fun project was to build ten Pygmy Possum boxes providing nesting facilities in their natural habitat in the Grampian Mountains. Local men, often retired, have valuable skills which they can pursue or learn new ones whilst enjoying

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a welcoming environment of like minded men. If you would like to know more simply go to our website www.dvms.org.au

Guess Who Just Turned 100 Years Young, but wait There's More

He used to live and train in Braeside Park. He was world famous and lovingly looked after by his Strapper Tommy Woodcock. Who said "Phar Lap"? Well, you would be right! This Melbourne Cup (the race that stops a nation) winner went on to achieve an enviable record of wins and places at the top level of horse racing. You can see him in a glass cabinet at the Melbourne Museum.

Because on the 1st of August each horse has a birthday Phar Lap would have been 100 years young this year. As part of the celebrations two groups who operate from the park Friends of Braeside Park (FOBP) and the Dingley Village Men's Shed (DVMS) have hatched a bold plan to commemorate Phar Lap and the wonderful history of the park in an unusual way.

Cypress Drive is a major thoroughfare in the park named to recognize the cypress trees which grow on either side. Now, because the trees have a life span, which some have achieved, they have had to be culled as a safety precaution.

This has left large tree stumps which provided an opportunity for an innovative plan. Discussions have been had, timber acquired, designs agreed and work commenced. The results of which are now there for all to see. Dedicated DVMS members with a flair for painting pictures along with local schools have combined to produce excellent colourful and permanent works of art including Phar Lap as well as the many activities which have occurred in the park over the past 100 plus years.



So, from August 1st you can walk along Cypress Drive, Braeside Park and marvel at what has happened in the park over many years - and whilst you are there 'give a nod' to the great Phar Lap. This is just another example of local voluntary organisations working together for the benefit of our whole community.



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SAVE KINGSWOOD

Kingswood - why it is not over

- There will be a change of government, and we will press for minimising the damage.
- Even the government has not approved the vandalising of Kingswood yet.
- Melbourne Water is yet to supply solid research stating why they approved the flood controls. They only said to Save Kingswood, "it's not up to us. It's up to the government."
- Removal of the aquifer alone will release half a billion litres onto Dingley Village.
- Why haven't there been many floods recently? Because it's a record dry. However, Howard Road and old Dandenong Road were flooded in July.
- We need to keep the developers honest. They have already demolished two buildings, built a shocking fence, cut down a tree that was habitat for the grey haired flying fox and intend to destroy more trees than they save.
- Please lobby politicians on both sides of politics. It's unprecedented that Labor is deaf to 8,000 objections, and 96% of respondents who were against ruining our park.
- Council has been very supportive for 13 years.

- Please remember that all services, including electricity and water will be strained if the extra houses are built. A Satterley development in Western Australia was on ACA television and the homeowner said it takes 40 minutes to fill a bath.
- Never forget without Labor intervention, we would have the park forever.
- The development will be starting near Higgins close, so please tell us any time you see inappropriate activity.
- Where is all the wildlife including snakes going to go? There is no plan by the developer. We are especially concerned about the Endangered Grey-haired flying fox.

Please visit the main website www.kingswood-floods.com for regular updates, including the 400 flood photographs.

Kevin Poulter, President, Save Kingswood Group inc.

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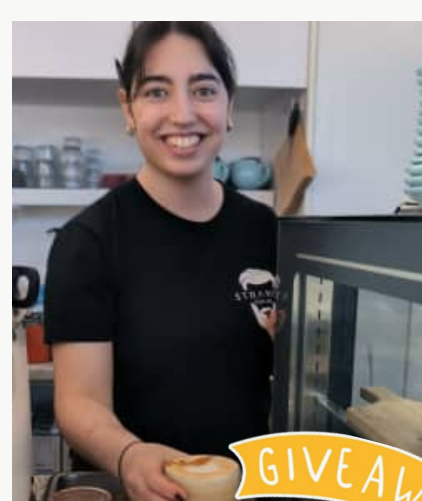
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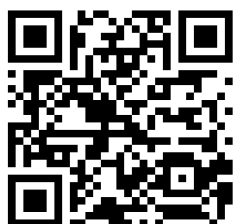
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Archibald Honey

Archibald's honey began in 1920 when James Archibald bought a farm in Yackandandah and started with 80 hives. His son Robert grew up there on the farm and became interested in the bees. He worked for and with other beekeepers one of whom taught him to recognize various honey producing trees.



When Robert wanted to sell his honey to packers, he learned that it was bought on colour and argued it should be bought on honey type. He pioneered the idea of floral sourced varieties of honey. This was the start of the Archibald Honey Co which was launched in 1959.

Years later, when Robert and his wife Alma had enough money to buy land and build the factory, Robert and Alma Archibald bought their land in Dingley and built a honey factory. Robert, Alma and Gary started the Archibald Honey business packing honey in the garage of James Henry Archibald who was living in Parkdale at this time.

Robert grew vegetables which were canned at Gartside's Cannery in Dingley and sent to the troops at war. They built the factory in Dingley, where Archibald Honey still operates today. As there was no money left over, they lived on site in a tent while overseeing the building process.

By the time the factory was completed Robert was good at producing honey, knew the different trees and where they grew, how long they were in bud for and the taste of their honey. He could even tell where others had produced their honey by the taste.

The whole family worked in the factory and on the farm. Over the years the factory has expanded with an 'up to date' bottling department, extracting room, Avant mini loader for shifting bees, forklifts, big delivery van and trucks.

The Dingley Village Historical Society has a collection of documents, photographs and information on the history of Dingley Village and its early families, we are always looking to add to our collections and would welcome any information people would like to share with us. If you would like information or would like to share any information with us, please contact: The Dingley Village Historical Society enquiries@dvhs.com.au or visit us at 31A Marcus Road, Monday, Tuesday or Thursday from 10am to 12.

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What can you do if your child hates reading?

THE CONVERSATION

Academic rigour, journalistic flair

Published: August 19, 2024 6.34am AEST
Genevieve McArthur: Professor at the Australian Centre for the Advancement of Literacy, Australian Catholic University.

During Book Week, we will see countless photos on social media of happy kids dressed as characters from their favourite books, while schools hold daily events celebrating the joy of reading. I

It's a fun time for many children, who relish the chance to dress up as Hermione from Harry Potter or Dog Man and talk about books with their friends and teachers.

But what if your child doesn't like reading?

It's a growing challenge in many parts of the world. A 2023 survey found more than 50% of eight- to 18-year-olds in the United Kingdom do not enjoy reading in their spare time.

In the United States, only 14% of 13-year-old students report reading for fun almost every day. In Australia, it's slightly better – but about 30% of Australian children aged five to 14 say they do not read for pleasure. If you have a child who's reluctant to read, what can you do? A good first step is to find out why.

Why is it important for kids to enjoy reading – or at least not hate it?

It might be tempting to give a kid a "pass" if they don't like reading, but this will not help them in the long term. Most jobs rely on reading and writing – even those that are more practical. For example, trades involve lots of forms, instructions and certification.

Once a child has been taught to read, they need to practice to get good at it – or at least good enough. This is why liking reading, or at least not hating it, is important. It gets children to practice.

What's the reason?

There are several reasons a child may say they hate reading:

- they might not be as good at reading as other kids in the class, so they form the impression – from their own observations or feedback from others – they are not good at reading.
- this may make them worry or even fear reading, particularly in front of other people.
- so, they avoid reading simply to stop feeling bad.

But even if a child has no problems with reading, they still may not like it. Perhaps they have other interests (for example, computing, sport or music). Or they can't see the point of reading ("what does it do for me?").



How can you work out the root cause?

A good place to start is think about what your child says about reading, or what they have said in the past. Is there a chance they are struggling with reading at school? Do they think they are "bad" at it? Does reading make them feel worried or "switched off"? Do they try to actively avoid reading? Do they find it hard to find something to read that interests them?

If nothing comes into mind, you could try to talk to your child – in a gentle way – to see if any of these things are an issue for them. If you are worried this might end up in an argument, or with them saying "I don't know, I just hate it", ask their teacher. Their teacher should know where your child sits within the class in terms of their reading ability and feelings about reading, and if they try to avoid reading for some reason.

A second opinion?

If you need another opinion, you may wish to take your child to a reading specialist. Before you book a session, ask if they can assess your child's confidence, engagement and emotions around reading as well as their skills. These all play a role in how well your child reads and how much they enjoy reading. Also make sure the specialist can provide recommendations about next steps based on the results, rather than give you a result with no further action.



What can you do at home?

First, help your child find books or articles on topics that genuinely interest them. Perhaps take them to the local library or bookshop so they can choose their own book.

Or search through your local street libraries together on a walk. Show an interest in their interests.

Second, help your child find a meaningful goal for their reading. Are they determined to read all the books in a series? Or do they have more practical goals ("I need to learn how to fix my bike")? Show an interest in how they are tracking towards their goal.

Third, support your child's reading self-efficacy, which is their perception they can meet their reading goals. Try to avoid showing disappointment if their progress is slow. Take an interest in what they are learning through their reading.

A final consideration

At some point, you might find your child is discouraged because they have chosen a text that is too easy (which is boring) or too hard (which is demoralising).

In the first case, you can say their reading is "far too good for this book, so let's find something more interesting tomorrow". In the second case, you can offer to help them read every second page, or the bits they feel they cannot manage. That way you can get through the book together.

In time, you will both learn how to find texts that are not too easy and not too hard.

Disclosure statement

Genevieve McArthur receives funding from the Australian Research Council and National Health and Medical Research Council. She is affiliated with the not-for-profit Dyslexia SPELD Foundation (NFP) and not-for-profit Street Libraries Australia.

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Both the football and netball seasons have well and truly "turned for home" and both arms are well placed to have success come finals time which is just now a couple of months away. The year has certainly flown, and we have maintained our position as a strong club, especially considering the large turnover of football playing staff from 2025.

After Round 12, the senior football team sits on top of the table with eleven wins and have a two game break over Narre Warren and Cheltenham. Our Round 10 battle against Springvale Districts, which promised to be a closely run affair, turned out to be a rout with Dingley recording a thirteen goal demolition of our arch rivals. Club Champion Lucas Walmsley was celebrated by the club on this memorable day as he became just the twelfth player to achieve 200 senior games. There has been no better player nor better person to ever represent your club than the evergreen "Noodles". Arryn Siposs, Jack Ferraro and Nathan Taylor had big days as well, with four goals apiece.

In Round 11, we ventured to Cheltenham for our return bout after a one point win in Round 2.

Despite a slow start, we recovered to hold a fifty point lead at one stage, before comfortably getting the job done, seventeen goals to ten. Eleven players got amongst the goalkickers, and our midfield led by Kai Stretton, Josh Docking and Lachie Benton were on top all day.



Star mid fielder Kai Stretton

We were back home against Hampton Park on July 11 in Round 12 and executed our free flowing running game to perfection as we were able to field an unchanged side from the previous week for the first time this year. A 107 point win was the result and the 'best players' column on the team sheet simply read 'The entire side'.

Jarrold Best's Reserves side have consolidated their season and sit comfortably in the five. Player numbers have increased steadily from early in the season and anything is possible from here on. Recent wins have been against Springvale Districts, Cheltenham and Hampton Park by 6, 8 and 11 goals, respectively.

Netballers have continued their successful run of successful games with Round 13 teams achieving 7 out of their 10 games. All results are on the club website each week and in the club's weekly newsletter.

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FRIENDS OF BRAESIDE PARK

Celebrating Phar Lap at Braeside Park

Two and a half years ago, the Friends of Braeside Park set out to celebrate the park's most famous former resident: the legendary racehorse Phar Lap. The idea had been quietly waiting in the background for many years. Over time, a folder grew thicker with historical facts, designs, community contacts, and ambitious plans. Several Friends had attempted to bring the project to life, but after more than 25 years, nothing had quite eventuated.

I enthusiastically accepted the challenge, much like the previous starters. This time, however, the stars aligned.

On 1 August, the traditional birthday of thoroughbred racehorses in the Southern Hemisphere, the community gathered at Braeside Park to celebrate Phar Lap's centenary as an important part of the history of Braeside Park. After years of hopes, plans and challenging work, we had finally done it.

No project of this size is achieved by one person. It was made possible through the generosity, skill, and determination of many helping hands. Our sincere thanks go to Tam at Keysborough Bunnings, the Dingley Village Historical Society, the artists from U3A and Kilbreda College, McLeod Trees, Parks Victoria staff and the many Friends of Braeside Park volunteers who contributed their time and enthusiasm.

Special thanks must go to Allan Finlayson, and the Dingley Village Men's Shed Art Group. Allan called in many other members of the Men's Shed and together they did far more than paint the history of Braeside Park onto the wooden panels.

They cut, prepared, undercoated, sealed, and attached each panel to the cypress stumps. For more than a year, Allan carefully coordinated every stage of the project, ensuring the work was completed properly and that the finished trail would stand the test of time. The project also relied on the generous donation of materials from Bunnings and the invaluable historical research and advice provided by the Dingley Village Historical Society.

The reward was a wonderful community celebration filled with history, art, storytelling, and friendship. The project did not end when the formal celebration concluded. Its legacy continues every day as visitors wander along the Cypress Drive Stump Art Trail, examine the historical panels, and stop to admire the sculptures commemorating Phar Lap and the Braeside Park's story. The project has also inspired creativity in others.

Peter O'Leary was moved to draft a poem, which was read at the conclusion of the celebration. His words beautifully captured the spirit of the day, and the enduring place Phar Lap holds in the history of Braeside Park.

- Judith Sise

"The Big Red Horse" a poem by Peter O'Leary

Foaled in New Zealand under Southern skies. A skinny colt rolled into town with fire in his eyes. They said he'd never make it — too awkward and too tall. But the thunder in his heart shook the rails in his stall.

Tommy held the bridle and whispered soft and low. "Bobby, they'll soon be talking everywhere we go." The wins started coming and the weights began to rise. Making it so much harder to reach that golden prize.

Bookies cursed his shadow every day he came to race. Cause once Big Red got rolling, Lord, he was never off the pace. Mums, dads and battlers stood together, side by side. Their lives made that much brighter with a greater sense of pride.

Every town was hurting, every pocket running dry. Then a big red horse came charging like a storm across the sky. Dirt flying on the home turn, whips cracking down the straight. Then Big Red and Pikey found the gap that sealed their fate.

One stride ahead of Second Wind, a bright flash against the dark. Every losing man a winner, because you held a nation in your heart. For those who couldn't be there, the radios were on. And when Phar Lap's name was called, the cheers went on till dawn. Then he crossed the ocean chasing one more crown. His last race — a track-best time in a Mexicana town. But greed casts a long shadow when the money men appear. And the silence hit like thunder when the champion disappeared.

If you're ever down in Braeside Park when day and dark just meet. You can sometimes hear the rhythm of a galloper's steady beat. And as the mist begins to rise, you might hear Tommy whisper low. "Bobby boy, you gave us heart, and more hope than you'll ever know."

It's now a hundred years since Phar Lap drew first breath. Time to celebrate his life, not question his untimely death. A legend never leaves — they just outrun their time. But a true stayer's finishing post is a long way down the line.



Chorus:

Phar Lap, he's coming, with Jim Pike on his back,

His nostrils flared, he's breathing hard as he thunders down the track.

You can feel the pounding of his hooves as they dig into the turf,

Reaching for that golden prize in the greatest race on Earth.

Horse and man in harmony to win it one more time,

To give a nation so much hope when they hit the finish line.



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GARDENING GUIDE



Small Gardens

Do you have a small garden or courtyard? With a little planning and a few smart choices, you can grow flowers, herbs, and even vegetables in spaces that might seem too small at first glance.

Container gardening is one of the easiest and most effective ways to grow a beautiful garden in a small space. Grow flowers, herbs, or vegetables in containers on a patio or porch. Container gardens significantly reduce weeds and add colour and interest to outdoor spaces. They are easier on your body, especially when planted at waist height and self-watering containers make watering simple and consistent. They can be moved to follow the sun or refresh a space

Hanging baskets are one of the easiest ways to add colour and interest to a small space without taking up any floor space. They draw the eye upward and help create a layered look, even on a small porch or patio. Hang baskets at different heights to create layers.

Raised beds can create a neat and manageable garden area. One of the biggest advantages of raised beds is that they give you more control. You can choose the soil, manage drainage, and create the best growing conditions for your plants. They also make gardening easier on your body. Because they are raised, there is less bending and kneeling, which makes a big difference over time. Raised beds are a practical way to grow both flowers and food, especially if you want a garden that is easy to maintain and productive.

Window boxes for adding colour and easy access to herbs. Window boxes add instant curb appeal to your home and they help soften hard edges like railings and walls. You can change plants with the seasons, they are perfect for herbs and small vegetables and are simple to maintain.

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Vertical gardening

Like trellises or stacked planters save space. When space is limited, growing up instead of out can make all the difference. Vertical gardening is one of the smartest ways to add more plants without needing more ground space.

Use a small trellis in a container for climbing plants like cucumbers or peas. Lean a garden ladder against a wall and use each step for pots and use a simple arbour or arch to support flowering vines.

Easy Care Tips For Small Space Gardens

Choose plants that grow well in your area:

- Knowing your planting zone helps you select flowers, herbs, and vegetables that will thrive where you live. Talk to the staff at your local nursery or garden centre.
- Pay attention to sunlight
- Some plants need full sun, while others prefer a bit of shade. Make sure your plants match the light conditions in your space.
- Use containers with good drainage
- Whether you're planting in pots, window boxes, or hanging baskets, drainage holes are important to prevent soggy roots.
- Use good-quality potting soil
- A soil mix with slow-release fertilizer gives plants a strong start and helps them grow well over time.
- Deadhead and trim regularly
- Removing spent blooms and trimming back growth helps plants stay full and continue to produce.
- Fertilize when needed
- Plants in containers rely on you for nutrients, so a little extra feeding during the growing season makes a big difference.
- Water consistently
- Containers can dry out quickly, especially in warm weather. Keep the soil evenly moist, but not overly wet.



Happy Gardening



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117 Centre Dandenong Road Dingley, Victoria 3172

Tougher Anti-scam rules for messages from businesses and organisations

Australia launched a mandatory SMS Sender ID Register on July 1 to stop scammers from spoofing trusted brand names like Australia Post, banks, and government agencies. Texts from unregistered senders will display as 'Unverified' and be grouped with potential spam to warn consumers. Australia's phone companies blocked more than 153 million scam text messages in 2025 alone, as part of their obligations under the industry's scam code. Yet many others are still getting through to our phones. It's important to know how these changes will affect you, how they help you spot a potential scam, and what to do if you get a text message from 'Unverified'.

Text messages with sender IDs.

A sender ID is the branded name at the top of text messages from a business or organisation. It tells you who the message is from, like 'ATO', 'AusPost' or 'myGov'. From 1 July 2026, you can be more confident that any SMS or MMS messages you receive with a sender ID is from the organisation or business named in the sender ID. These changes will happen automatically

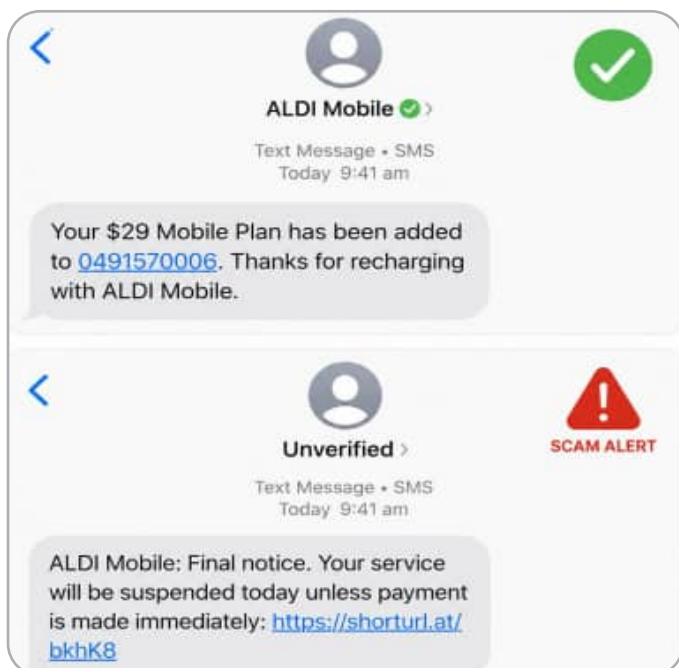
– you do not need to do anything.



Getting texts from 'Unverified'

From 1 July 2026, you may get messages from 'Unverified'. Check these messages carefully. It may be a scam, or it may be from a real business or organisation that hasn't registered their sender ID yet. If you're in doubt: don't reply, don't click on links, don't give personal details and don't give money. If a text looks suspicious, find the official contact details yourself – for example, on a bill or the organisation's website.

If you get a message from 'Unverified' that you believe is legitimate, you may wish to let the organisation know. The organisation should register their branded sender ID so customers can receive the messages and be confident who it is from.



Messages from phone numbers

The rules do not apply to text messages from phone numbers instead of a branded sender ID. Treat messages from unknown numbers with caution.

If you're in doubt: don't reply, don't click on links, don't give personal details and don't give money. If a text looks suspicious, find the official contact details yourself – for example, on a bill or the organisation's website.

Messaging apps

The new rules only apply to text messages (SMS/MMS). They do not apply to messaging apps such as WhatsApp, iMessage and Facebook Messenger. You may still receive scam messages on these kinds of messaging apps, even if the sender name looks familiar. Check these messages carefully.

Report scams and get help

If you think you've received a scam message, report it to ScamWatch: www.scamwatch.gov.au/report-a-scam

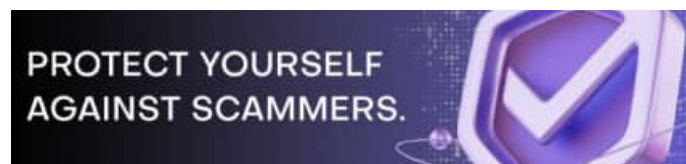
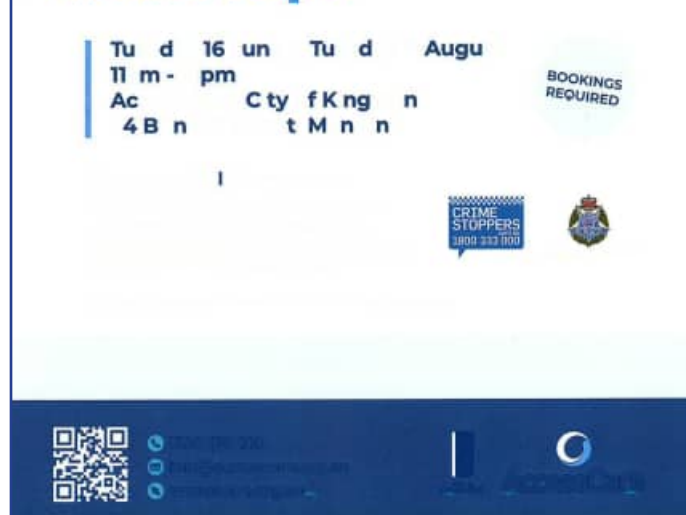
If you think your money or personal information has been stolen, tell your bank and phone company immediately.

If you've had personal details stolen, contact IDCARE: www.idcare.org. You can also call **1800 595 160**.

Information in this article provided by Australian communications and Media Authority



Scam Awareness workshops



CIRCLING THE CLUBS



Country Women's Association Dingley Village



As we all start to look forward to extended sunlight hours and warmer weather, the CWA ladies' thoughts turn toward our annual Father's Day Stall.

This will be held on Saturday the 5th of September at the Keysborough Bunnings on the corner of Lower Dandenong and Springvale Roads Keysborough. Cash only please as our eftpos is still not available at the moment. We will be there from 9.00am till sold out.

There will be lots of yummy produce in the form of Slices, Cakes large and small, Relish, Jams & of course our Scones. Just in time to spoil the Dads on Sunday. Please note that all proceeds go to the Local and Wider community Charities that we support.

You can ask us about any of these on the day or pop into one of our monthly meetings which are held behind the Dingley Library on the 4th Wednesday of every month between 10.00am and 12.00pm.

SAVE THE DATE – 5th September, CWA Father's Day Cake Stall, Bunnings Keysborough



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Probus Club Dingley Central



At our July meeting the guest speaker was John Gardner aka The Dunny Man. John presented an interesting insight and humorous account of his time spent as a dunny man in the outer suburban areas of Melbourne.

A vital service before modern sewerage, the night men assessed yards through rear lanes. The only aspect of this era that remains are the blue cobbled stone lanes of the Melbourne Inner City.

We were shown videos of a tour to Sth Australia, enjoyed by a group of fellow members, and a day trip to the Sky High Restaurant Mt Dandenong, where we enjoyed a very pleasant lunch and panoramic views of Melbourne.

Activities planned for August

MTC Live Theatre, Happy Hour, Legs and Morning Coffee, Wine Tasting, Camera Club, Morning Melodie's, Dine Out, Film Group, Craft Group, Ladies Lunch and Games Day.

Our meetings are held on the 1st Monday of the month, at The Salvation Army Kingston Centre, 13/12-16 Garden Boulevard, Dingley Village. New members are most welcome. For further information please contact Ruth on **0419 899 558**.

Website: dingleycentralprobus.wix.com/dingleycentralprobus

Keysborough Bowls Club



356 Cheltenham Road, Keysborough

Wednesdays: Weekly from April 22nd 10 am start

Saturdays: Weekly from March 21st - 11am start - BYO lunch two games x 10 ends both days.

Why not give Bowls a go? New members most welcome with coaching available. If you have any questions or are interested in giving it a go. Call on **97982097** or **0421123495**. We would love to see you.

Dingley 60 Plus Social Group

Our friendly group of singles and couples have a group dinner at various locations on the last Saturday of the month, and these have been quite popular with members and visitors alike.

If you would like details of the venues or wish to attend any of these gatherings, please call Shirley on the number below at least a week before the final Saturday of the month.

Please come and join us – new members are welcome! For more information contact Shirley on **0411 265 261** or Graeme on **0407 903 515**.

Dingley Village Historical Society



DVHS aims to document and collate information regarding our local history. The society holds information on early families of Dingley Village and the surrounding areas as well as the market gardens, farms, clubs and societies in the area. We welcome any information or photographs of Dingley Village through time that we can copy.

Located at 31A Marcus Rd, (near the library) we are open Monday, Tuesday and Thursday from 10am – 12pm. We are also open on the third Saturday of the month during the Farmers Market and other times on request.

Contact by email: enquiries@dvhs.com.au

Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
MON	9am - 1pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
TUE	9am - 12pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
WED	9am - 12pm	Bike Riding Group & Music Group
THU	9am - 12pm 1pm - 3pm	A' Team workgroup Pool / Snooker
FRI	9am - 1pm	Members Muster This is our main day!

Every Friday Morning (except holidays as designated). come along, enjoy a cuppa, a chat & meet with your fellow shedders.

We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's. plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. **9551 5892**, E-mail: info@dvms.org.au
Web: www.dvms.org.au

We make time to ask
RUOK?

Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – **9551 3770 / 0488 004 809**. dingleylions@gmail.com

Rotary Club Noble Park – Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at the Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings.

VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 9 Children with their education.

Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or **0419 309 931**.

Meeting: Second Tuesday of the month at 10am.

Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking

Lucinda on **0431 426 170**

Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm. \$17 for members, \$20 non-members. New members welcome.

All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The first Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna **0421 045 648**.

Braeside Park Walking Group

We need more walkers. Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at the Rowley Allan Reserve 352 Cheltenham Road Keysborough. The 2026 programme is underway and the following activities will be available for members and visitors:

Tuesdays – Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 per book.

Wednesdays – Line Dancing 1pm to 3pm \$3.00 entry.

Thursdays – Ballroom dancing from 1.00pm to 3.00pm. Entry \$3.00.

Entertainment – Joey Rozario on 18th August commencing at 1.00 pm and cost is \$3.00 per person.

Tea and coffee are supplied for all activities.

Club membership for F/Y 26/27 remains at \$10.00 and it is still available.

Contact Julie on **0428 561 694**.



Spring Park YWCA Golf Club



A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course.

Cup of tea & biscuit is shared after the round.

We play nine holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways.

Further information:

Jillian Sanders – **0419 501 365** (Captain),
Julie Westcott – **0438 269 622** (President)
Jan Boyes – **0497 096 377** (Secretary)

Mordialloc/Chelsea Evening VIEW Club



JOIN US!

Make connections and make a difference. Be part of a leading national women's volunteer organisation supporting the education of Australian students experiencing disadvantage. Enrich your life and connect with like-minded women in your community. As a VIEW member, you will make new friends, attend social activities, learn new skills and fundraise to support The Smith Family.

VIEW is a national women's organisation with more than 13,000 members in nearly 270 communities exclusively supporting the education charity The Smith Family. Members sponsor students, volunteer and advocate to improve the life outcomes of Australian children and young people.

Mordialloc Chelsea Evening VIEW Club sponsor thirteen children. We are a friendly group that meets on the first Tuesday of every month at The Bridge Hotel, Mordialloc at 6.30pm which includes dinner and we hear from guest speakers. All funds raised go towards helping Australian children in need through The Smith Family, so they can get the most out of their education.

New members and visitors are always welcome! If you would like to join us, search Mordialloc Chelsea Evening VIEW Club on our website – view.org.au Or search Mordialloc/Chelsea EVENING VIEW club on Facebook. You can also phone:

Maria – **0419 507 384**
Lucinda – **0431 426 170**

Burden Park Bowls Club



The good news is that if you have been thinking of joining a lawn bowls club, this is your time to act. So come down and have a go, you will love it.

If you're interested in having a bowl, please call **9546 8851**, or check out club website for more information www.burdenpark.bowls.com.au.

We are located on the corner of Springvale Rd and Heatherton Rd Springvale. We hope to see you soon.



Inspire City Church Kingston



Our Vision: Connecting People To Jesus Christ
Our Mission: Reach, Restore, Relate, Resource And Release.

Ph: 8551 6600 Email: admin@crm.org.au

Senior Pastor: Dan Parker
Sunday Services: 10am Service
(includes Children's Ministry)

Inspire City Kids - Kingston 2026

Our Inspire City Kids Program (formerly known as Kingdom Kids), runs every Sunday during our 10am service. We have a number of rooms for the different age groups. We have a 'Parent Room' where parents can be with their children but still get to watch and listen to the service.

If you have an Infant/Young one, we have our 'Creche' for kids from 0-2 ½ years old. In this room, we have an experienced carer and a volunteer to care for your child during the service. We also have two other rooms: the Kinder (2 ½ -4 years) and Primary (Prep-Grade 6) rooms. We have been so glad to see a number of new kids attending our program, over the past few months! Praise the Lord!

In our program, we have been looking at the "Bible Treasure Hunt" and "The Fruit of the Spirit" series. Some exciting feedback and highlights from the kids are how they have tried to show kindness, patience and self control in their classroom and in the playground with their friends! This is fantastic!

Some of the Primary kids have also been memorizing verses from our series and wanting to recite them on Sundays. This has been very encouraging for the kids team and I. Our desire and vision is to 'Connect each kid to the saving knowledge of Jesus Christ' and our prayer is to see all these kids 'Grow in the Lord'!

It is a privilege for me to lead and to serve in this ministry with this dedicated team. Pauline Martin-Nathaniel - (Inspire City Kids- Coordinator).

Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m. All enquiries phone Kaye on 0438 873 784 www.heathertondingley.uca.vic.tas.org.au

Our Vision and our Mission

To seek to connect people to God and each other. Heatherton-Dingley Uniting Church. Meeting U at the Crossroads of Life.

What's On

Second And Fourth Thursdays Of The Month

Kingston Music Club- 7.30 p.m. in the Church Hall Community singing and music group. Instrumentalists and singers welcome. For further information contact Bob Lorraine on 0418 998 712.

Third Saturday On Odd Months Of The Year.

Bark And Chat - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on 0401 392 772.

Village Church Inc.



Address: 7-9 Fiveways Blvd Keysborough 3173
Pastor: Rodney Hole

Elders: Andrew Weston & Warren Dean

Church Office: 8712 8254
or admin@villagechurch.org.au

Visit our website: www.villagechurch.org.au

Village Church has been in the Dingley and Keysborough areas since the 1930's and exists for the purpose of the advancement of the Kingdom of God as we seek to obey our Lord's command to go out and make disciples of all people.

Village Church offers the following ministries to 'Inspire People to Discover and Develop Life in Christ'.

Sunday Morning 10 am Worship Service

In person or can watch livestream at <https://www.villagechurch.org.au/live-stream>

The church service includes:

- Bible teaching through expository preaching.
- Pastor Rodney Hole is currently preaching through the Gospel of Luke
- Communion is held twice a month for those who know Jesus Christ as their personal Saviour and Lord.
- Kids Church - Younger Primary (4-8 years old) and Older Primary (9-12 years old).
- Little Blessings Preschool Program (0 - 4 years old)
- Tea and coffee are served after the service.

Life Groups

Meets for Bible study and fellowship in various suburbs on a fortnightly basis in Springvale, Narre Warren, Pakenham, and Lyndhurst areas.

Bible Study

Our men and women meet regularly for more in-depth Bible studies. The women use an inductive style of Bible study with Precept Ministries.

Sisters in Christ

Meets once a month on a Saturday for afternoon tea and women's Bible study & fellowship.

Men of Faith

Meets once a month at Village Church on a Sunday evening for a BBQ and men's Bible study & fellowship.

Village Church Youth Group (Years 7 -12)

Meets weekly on most Friday nights from 7-9pm during the school term for Bible study and fellowship.

Street Ministry

Village Church partners with 'Bought with a Price Ministry' here in Melbourne. Every Wednesday and Friday from 5pm to 7pm, a team witnesses at either Dandenong, Noble Park, Glen Waverley, Ringwood, or Springvale areas.

Marriage and Family Support

At Village Church, our heart is to serve the surrounding community to support the growth of families. Families and marriages are under attack, and we are committed to helping you out in any way.

We have many gifted and equipped members who would love to listen, encourage, and give sound advice to you. Please call the church office if you need help.

Christ Church - Anglican Church Dingley Village



Vision: From within you shall flow rivers of living waters" John 7:38

Weekly Sunday Services

8.30 AM (Heritage Church)
Holy Communion Service
10.30 AM (Auditorium)
Worship Service with Kids' Church.

Next Combined Service:
Sun 30th August 2026.

Bahasa Malaysia Service
3.00PM (Heritage Church).

Monthly Services

1.30PM Holy Communion Service

Formerly Pleasant Tuesday. Traditional Holy Communion Service with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport if needed.

Next Service: 1.30pm, Tuesday 11th August 2026.

6pm Azusa Worship Service (Auditorium)
Last Sunday of the Month.
Sunday 30th August, at 6pm.

SPECIAL EVENTS

Women's Ministry
Saturday 5th September 2026
Please contact office for details.

Life Groups for Bible Study

For more information, please contact our office.

Saturday Youth Group - MOTION YOUTH
Motion Youth continues on Saturday nights for Term 3. Dinner is provided. We request a \$5 donation to cover the cost of dinner, please.

Drop off 6:30pm, pick up 9pm (sign-in essential). Please contact our office for details.

Weekly Prayer Meetings

Wednesday 10:30am for worship then 11am for prayers in the Prayer Rooms. Saturday 8 AM in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

Roundabout Op Shop

Op Shop CLOSED on Thursdays for August & September. Normal opening hours on Wednesdays and Saturdays and we welcome you on these days. Supports communities Locally, Nationally, and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys).

Volunteers Welcome!

Opening Hours:

- Wednesday 9:30am – 4 pm
- Saturday 9:30am – 1:30 pm

Donations: We take clean, useable items but cannot accept electrical goods, or baby/child equipment. Please bring donations during opening hours. Thank you.

Supported Missions

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

Food Parcels Available

For those in need, upon request.

St. Mark's Catholic Church

511 Lower Dandenong Road,
Dingley Village, 3172.
Phone: **9551 6930** or **9547 4877**
Email: Springvale@cam.org.au
Website for further information:

ST JOSEPH SPRINGVALE | Catholic church

Parish Priest: Fr Thang Vu
Assistant Priest: Fr Huy Nguyen

Mass Times

- Saturdays, 5:00pm
- Sundays, 9:30am
- Confession 4:30 – 4:50 pm before Mass on Saturdays

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village. Office Phone: **(03) 9558 2045**.

Facebook.com/KingstonCitySalvos
www.salvationarmy.org.au/kingstoncity/

Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

Hours of operation

10:00am – 4:00pm Monday to Friday or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone **9558 2045**, Wednesdays, Thursdays & Fridays between 10am – 4pm to make an appointment.

Echo Church

ECHOCHURCH
heaven to earth

"Your Kingdom come, your will be done, on earth as it is in heaven." - Matthew 6:10

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CHILDCARE

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Little Scribblers	1300 300 011

CHIROPRACTOR

Dingley Chiropractic Centre	9558 1436
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CHURCHES

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Kingston City Church	8551 6600
St. Mark's Catholic Church	9551 6930
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Village Church Inc.	8712 8254
Echo Church	9558 3980

COMMUNITY

Neighbourhood Centre	8512 0505
Make A Difference	9551 1799
Historical Society	0423 209 005

COMPUTER REPAIRS/ SALES & SERVICE

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Digitall Now		0407 992 253

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Dickson & Funke Pty Ltd	9558 1288	

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Integrity Finance Australia	9511 8883	0417 593 893
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FOOD RETAIL

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Sukacita Remedial Massage	0411 218 217

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McLean Plumbing & Gasfitting	9551 1975	0408 549 697

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E-Tax	1300 488 433
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ABN: 71 463 442 675

Editor: Pam Gates

Publisher: Dingley Village Neighbourhood Centre Inc.
 31B Marcus Road,
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