



THE DINGLEY DOSSIER

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www.dvnc.com.au/dossier

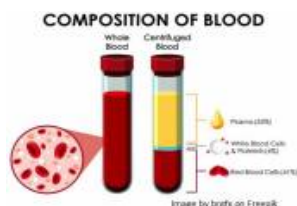
NATIONAL BLOOD DONOR WEEK 12–18 JUNE 2023



'Be the Lifeblood'. When you give blood, you're more than just a donor. You're the Lifeblood of Australia.

Blood is the fluid that transports oxygen and nutrients around the body. An average adult has just under 5 litres of blood circulating around their body. Blood is made up of the following four major components:

- **Red blood cells** – their main role is to transport oxygen.
- **White blood cells** – the cells of the immune system which defend the body against infections.
- **Platelets** – important for blood clotting and tissue repair.
- **Plasma** – the liquid part of the blood which carries the blood cells and other substances around the body.



Blood is a precious resource that can be manufactured into several products to save the lives of thousands of Australians every year. One in three Aussies will need blood products at some point in their lives and one blood donation is needed every 24 seconds. Currently only 3% of people in the Australian community donate blood regularly.

Donated blood lasts just 42 days, which is why donating regularly is so important. Lifeblood Executive Director Cath Stone said that despite record numbers of people donating blood and plasma, demand from hospitals is at its highest level in nearly a decade.

"We now have more donors than at any point in the past 10 years, however demand for all blood groups, especially O Negative continues to increase as hospitals catch up on surgeries post-pandemic."

Why should I donate blood?

Australian Red Cross Lifeblood collects around 1.5 million blood donations each year. Most of this is used to help people with medical conditions that require blood or blood products regularly. For example, 34% of donated red blood cells are used to help treat people with cancer and blood diseases.

Medical researchers also need donated blood in order to develop and test new treatments for many medical conditions – such as blood clots, heart attack, stroke and cancer.

Who can donate blood?

Healthy adults (18-75 years) who meet donation eligibility criteria can donate blood. The procedure is safe and relatively painless. Take the eligibility quiz at www.lifeblood.com.au/blood/eligibility.

During a regular donation, you will give around 470ml of whole blood. This is about 8% of the average adult's blood volume. The body replaces this volume within 24 to 48 hours and replenishes red blood cells in 10 to 12 weeks.

Blood donation requirements

- Be healthy and not suffering from a cold, flu or other illness at the time of donation.
- Be aged between 18 and 75 years (other rules may apply if you are a current donor).
- Weigh at least 50kg.
- Have normal temperature and blood pressure.
- Meet guidelines designed to protect both the donor and the people who will receive the blood.

Additional screening measures are in place due to the coronavirus (COVID-19) pandemic. Some medications may affect your ability to donate blood. To find out if your medication rules you in or out, call Lifeblood on **13 14 95**.

You can donate blood at various Australian Red Cross Lifeblood locations (including blood donor centres or mobile units). Donating blood only takes around 10 minutes, but you should allow at least an hour for the whole process (which includes a personal interview, recovery time and free refreshments).

How often can you donate blood?

You can donate whole blood every 12 weeks, but you can donate plasma every 2 weeks.

Mandatory tests of donated blood

All blood that is donated is screened for blood-borne diseases (such as hepatitis, syphilis and HIV). For more information contact Australian Red Cross Lifeblood; call **13 14 95** or visit <https://www.lifeblood.com.au/blood>

Information in this article provided by Australian Red Cross Lifeblood and BetterHealth.vic.gov.au

FARMERS' MARKET

SATURDAY 17TH JUNE | 8:30AM – 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.

WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:
1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service:
1300 659 467

SES: 13 25 00

Poisons Info: 13 11 26

Coronavirus Hotline
1800 675 398

MensLine:
1300 789 978

WIRE
(Women's Information
and Referral Exchange):
1300 134 130

Safe Steps:
1800 015 188

Nurse on Call:
1300 606 024

Tip Smells & Dust:
EPA 1300 372 842

Aircraft Noise:
1800 802 584

Neighbourhood Centre:
8512 0505

Community Association:
dvcasecretary@gmail.com

Men's Shed:
9551 5892

**VicRoads Faults
and Hazards:**
13 11 70

RSPCA:
9224 2222

Justice of the Peace

Malcolm Gilbert: 0418 549 800

Marion Harriden: 9551-1799

Allan Harris: 0412 073 719

Yoga with Bubs with Hailey

Yoga moves with bubs, aged from newborn to when they are on the move. Thurs, 11.15am-12pm in the Devonshire Hall, \$10.00 per class, no need to book just come along.

Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in the Centre. Free Class, no need to book- Just come along.

Collection Point

Did you know that you can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps, metal ring pulls from cans & unused toiletries from hotel rooms. These items are then recycled for use by local service groups. You can drop them off at the Centre.

Playgroup Victoria for Dingley Village

Tuesdays 9.30am-11.30am in the Neighbourhood Centre. Need to contact Hannah via Facebook: Dingley Village Playgroup

Taekwondo with David

Mon & Thurs 5.30pm -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on 0439 304 579.

Children & Adult Art Classes with Lesley:

Children's classes: Mon & Thurs 4.30pm - 6.00pm in the 'Craft room' in the Harold Box Hall.

Adult classes: Paint & Sip *Must be over 18+ to attend. Mon & Thurs 7pm-9pm in the 'Craft room' in the Harold Box Hall. Contact Lesley to book via email ezfrommelbz@gmail.com.

Reading Rockets with Kellie-Anne

For children attending 4-year-old Kinder with a focus on reading, writing & numeracy skills. Mon & Fri sessions. Contact Kellie-Anne to book & any queries on 0419 102 762 or Email kellie@readingrockets.com.au



Launching young readers!

Reading Rockets

Safe Seats Safe Kids with Michael

We have free Child car restraint fittings and safety check done here at the Centre carpark. Thursday 10am-2pm. Bookings go to: www.safeseatssafekids.com.au

Boomerang Bags with Janet & Helen.

Do you like to sew and are interested in the saving of the environment, join our lovely Boomerang. They also welcome donations of sheets and doona covers. Thurs 9.30am-11.30am. For more info call the Centre on 8512 0505.



Piano, guitar and violin lessons

Ever wanted to try a musical instrument, why not give either piano, guitar, or violin a try. Please contact Carol on 0411 402 102.

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For class times or more information
Ph 9583 5680 or 0439 304 579

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COMMUNITY

Be COVID Careful

The Australian winter will likely see a rise in cases again and whilst less likely to cause severe illness, especially in a population with significant levels of immunity from both vaccine and prior infection, we still need to be careful this winter.



Even a smaller proportion of infection translates to significant loss of life among those who are vulnerable. Those most vulnerable are older Australians, First Nations people, people with disability, people with complex underlying health conditions and the immunocompromised.

Make sure you are up to date with COVID booster and Flu vaccination. Stay home if you are unwell, look for well-ventilated areas when out, open windows to ventilate your home before and during visits, and be considerate of those who are wearing masks as they are more than likely vulnerable and anxious.

Hard waste made easier

This year, the City of Kingston will be providing greater flexibility for households and working to reduce illegally dumped rubbish.

A change to the hard rubbish collection service begins in July, offering residents two free, on-call collections per financial

year. This fully 'on demand' service is replacing the annual spring collection. You can dispose of e-waste, white goods, furniture and mattresses, among other approved household items. See more information in Our Council article.



Special Dates in June

Bowel Cancer Month 1st – 30th June

Every week in Australia, bowel cancer takes the lives of 103 people, accumulating to 5,354 deaths in a year.

Pride Month 1st – 30th June

Pride Month exists to celebrate the strength and diversity of the LGBTQ+ community.

National Blood Donor Week 14th – 20th June

Did you know that a third of donated blood supports cancer treatments? It only takes an hour to give blood, but every blood donation helps to change many lives.



Mabo Day 3rd June

The Australian High Court delivered the Mabo decision on 3 June 1992, providing legal recognition that Indigenous people have a special relationship with the land. This decision paved the way for land rights known as native title. Mabo Day celebrates the life of activist Eddie Koiki Mabo.

Martyrdom (Shahidi) of Guru Arjan Dev Sahib 16th June

Guru Arjan Dev was the fifth of the ten Sikh Gurus and the first martyr of the Sikh faith. He died on 16 June 1606 after being tortured. On this day, Sikhs remember those who have suffered for the faith. The day is observed by reading the Guru Granth Sahib.



Refugee Week 18th - 24th June

Refugee Week is celebrated around the country annually, providing the opportunity to acknowledge the success of refugees and humanitarian entrants in Australian society.

The Hajj (Pilgrimage) to Mecca 26th June – 1st July

On specific days of the Islamic month of Zu Al-Hijja, millions of Muslims from around the world congregate in the Prophet's birthplace of Mecca in Saudi Arabia.



The Hajj is obligatory for all Muslims who have the means to undertake it.

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FARMERS MARKET



OUR NEXT MARKET IS ON SATURDAY 17TH JUNE

Please support the incredible Victorian Farmers and Producers who attend our market.

At their heart, farmers' markets are a place for food producers and consumers to connect directly in the buying and selling process. Our farmers' market gives you a chance to meet the person who grew or made your food.

If you have not been before, you are missing out; pop in and see why many of Dingley Village residents love to shop at the Farmers' Market. Shop among the gum trees for your fresh seasonal produce. There are over 20 stalls in attendance each market providing both seasonal produce and complimentary produce and products.



Check out our Facebook page on the Friday prior to each market for an updated list of stall holders attending on Saturday. While most of our stall holders are permanent, sometimes they are unable to attend. [DingleyVillageFarmersMarket](https://www.facebook.com/DingleyVillageFarmersMarket)

Let's continue to keep our markets dog-friendly by following some simple rules:

- Keep your dog on a short leash to prevent tripping hazards and tangles.
- Carry poop bags and pick up any doo-doo's.
- Prevent your dog jumping on other shoppers or lifting its leg on stalls or shopper's buggies, bags etc.
- Leave your dog at home if they are still learning how to be polite and social.



The Farmers' Market runs as a community event to provide residents access to fresh Victorian produce and support Victorian producers. The Market is an activity of the Dingley village Neighbourhood Centre and does not operate for profit. Customer feedback, concerns and ideas are welcome, look out for Market Manager Liz.



[DingleyVillageFarmersMarket](https://www.facebook.com/DingleyVillageFarmersMarket)



DINGLEY VILLAGE FARMERS' MARKET

**SATURDAY
17th JUNE
8.30AM—1 PM**

**31 Marcus Rd ,
Dingley Village**

Free entry & parking
www.dvnc.com.au/farmersmarket

Talk to your Dingley Village Specialist

JAKE MABEY



Welcome to my neighbourhood.

Whether you're buying or selling, speak to
a Dingley Village specialist.

Thinking of selling?

Want to find out what your home is worth?

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Jake Mabey
Sales & Marketing Executive
0416 147 767
9586 0500
jmabey@barryplant.com.au

Barry Plant Bayside
9B/79 Centre Dandenong Rd, Dingley
9586 0500
barryplant.com.au/bayside
bayside@barryplant.com.au

DINGLEY VILLAGE COMMUNITY ASSOCIATION

Dog Parks - Responsible Dog Litter Bag Use

When you and your dog visit the Spring Rd Reserve Dog Park and the soon to be opened Chadwick Reserve dog Park, please ensure that you use the park facilities responsibly. Many more people are using the park for various activities and it is important to clean up after your dog.

Please consider other park users and their dogs when using the free dog-litter bags provided, only take the bags you will need to clean up after your dog in the park. When taking more dog-litter bags than needed, you may leave other park users with no bags left for their dogs and an empty free dog-litter bag facility - not a good outcome for our dog parks and their users.

Graffiti - Report This Straight Away

Please remember to report any graffiti you spot in our village immediately, so that it can be removed ASAP and keep our village looking clean and safe.

How to Report Graffiti:

1. Report This Directly To City of Kingston
To report graffiti directly to Council, you can use the Council's graffiti online reporting facility: www.kingston.vic.gov.au/contact/report-or-request/graffiti
Council also provides free graffiti removal kits and wipes to residents for their use.

2. Or Use the SNAP SEND SOLVE App
Graffiti can be reported quickly on the SNAP SEND SOLVE phone APP. To do this, download a free Snap Send Solve App onto your mobile phone.

Then after installing the app on your phone, send a report as follows:

1. Confirm your location
2. Select the Incident Type
3. Take a photo of the issue
4. Fill out notes and any additional fields
5. Send report

Snap Send Solve then notifies the relevant authority.

Your Graffiti is Reported To:

1. City of Kingston - for graffiti on a:
 - Footpaths and bike paths
 - Council Buildings
 - Playgrounds / Sports Facilities
 - Parks or Reserves
 - Council signs
2. Vic Roads - for graffiti on Roads, Freeways, Road Signs and Signals
3. Public Transport Victoria - for graffiti on village bus stops and shelters
4. Australia Post - for graffiti on village post boxes

Hawthorn Football Club - Kennedy Community Centre Update

The State Government recently announced that the Hawthorn Football Club Kennedy Community Centre (KCC), will receive \$15 million for the upgrading of this facility to ensure equality in the Centre's facilities for both boys and girls, men and women. The KCC is to be the home ground for Hawthorn's AFLW team and will include an open oval with a pavilion and full game day amenities for AFLW home matches and

community football. As stated by Hawthorn President, Andy Gowers: "The Kennedy Community Centre will be a destination for women's football right across the eastern and south-eastern suburbs and this funding is a key part of that." Construction of the KCC, being built here in Dingley Village on Tootal Road, is scheduled for completion by the end of 2024.

Bardoel Park

The State Government recently announced that the Hawthorn Football Club Kennedy Community Centre (KCC), will receive \$15 million for the upgrading of this facility to ensure equality in the Centre's facilities for both boys and girls, men and women.

Mona's Crossing, Centre Dandenong Road

The pedestrian road refuge (opposite Mona's Bakery), to assist crossing Centre Dandenong Road to access health providers on the south side, is about to happen !! with work commencing on 19th June and programmed completion on 23rd June.

DVCA

DVCA is actively seeking new enthusiastic members to join and help keep our village a great place to live and work in. Membership is open to all residents who genuinely care about our Village.

Meetings are held in DVNC Cottage Room adjacent to the library, on the second Tuesday each month, February-November, at 7.30pm.

New members are most welcome to attend. For further information please contact David (Secretary) at dvcasecretary@gmail.com, or visit www.dvca.info.



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ANZAC DAY

Anzac Day Services

On a beautiful warm morning on 25th April, more than 1,000 people from our community attended the Dawn Service conducted by the Rotary Club of Noble Park-Dingley. After a welcome from Rotarian Reny Frighetto the service was led by Kylie Rose, also a member of the Rotary Club and a retired Lieutenant in the Transport Corps Army Reserve. Charlotte Paul a Year 11 student from Mentone Girls Grammar and winner of the John Fasham Memorial Prize gave the keynote address and The Ode was delivered by local resident and Vietnam Veteran William Williams. Tony Xie from Haileybury College recited The Anzac Requiem and Major Andrea Elkington from The Salvation Army gave the ANZAC Dedication. Local resident Kelly Kerkhof gave a beautiful rendition of In Flanders Fields in both English and Flemish.

The next day more than 600 students filled the Dingley Village Memorial for a children's ANZAC Service. Again, the service was held at the striking memorial which the club fundraised to build in 2011, and which was designed by local artist Ben Fasham. The service was conducted by students from five primary schools who paraded, sang and recited poems of dedication to our fallen service people. Students respectfully started the service with a parade with banners depicting the various theatres of war Australia has been involved in.

670 students from Dingley, St Marks, Kingswood, Keysborough Gardens and Wallarano Primary schools attended as well as Mentone Grammar Cadets in army fatigues and Haileybury College Pipes and Drums. A combined choir from Kingswood and Dingley Primary schools delivered the Australian and New Zealand national anthems and an ANZAC version of I am Australian. ANZAC Day has been embraced by the local schools, and the message to all students was one of mateship and that those servicemen and servicewomen who gave their lives for our country, did so in order that the students, no matter where they were born, can have a future in Australia experiencing peace.

Dignitaries attending included the State Member, Local Councillor and sponsoring branch RSL President. These services would not be possible without the dedicated work of Rotary volunteers and the financial support given by the local Bendigo Bank Branch.

The keynote address at the Dawn Service was given by Charlotte Paul from Mentone Girls Grammar. Before I begin, I would like to pay my respects to the Bunorong people of the Kulin nation. I acknowledge the traditional owners and recognise their continuing connection to land, waters and culture. We pay respect to the Elders, past, present and emerging. Today, along with Australians everywhere, we gather to remember those who landed and fought at Gallipoli.

We have grown up hearing about the legend of ANZACS, about how 16,000 Australian and New Zealand soldiers, alongside with French, British and Indian troops, landed on the Gallipoli peninsula persevered and fought for 8 months in some of the most challenging conditions encountered by any soldiers who fought in the Great War. We have learned about how 108 years ago, the ANZAC spirit was born. Since then, nearly 1 million Australians have served our country around the world, whether it was in the trenches of France in 1916, on the narrow mountain paths of the Owen Stanley Range in Papua New Guinea in 1943, or in a rubber plantation in Long Tan in Vietnam in 1966. The ANZAC spirit was forged through battle and Soldiers displayed what it meant to be Australian through mateship, courage, endurance, and initiative.

It's traditional to hail the legendary qualities of the Anzacs but they are also just people like you and me. We all undoubtedly agree that the people that have served were courageous, strong and heroes. But they are so much more than that. We are so much more than one action one moment in our life so today I don't just want to honour what these people did but who they were.

Let's consider just a tiny fraction of the 416,000 Australians who enlisted to fight in World War I. William Throsby Bridges the commander of the First AIF that landed at Gallipoli, was so concerned for the welfare of his soldiers that he regularly toured the front lines, resulting in his death by sniper fire just three weeks after the initial landing. But he was also the husband of Edith Lilian Frances, who he married in the same church as his parents, and with whom he had seven children. Jimmy Martin was a private in the Australian Infantry Battalion but also a 14-year-old boy with his whole life ahead of him, he was a son, an older brother, a friend. William Charles Weatbury, was not just a soldier but an aboriginal man of the Boandik People he won several prestigious athletic races and was a skilled horseman like many other members of his family. There are thousands of names out there, thousands of more stories that haven't been given the justice they deserve but their service and sacrifice will never be forgotten because of what they did to fight for Australia, these names are what created the ANZAC spirit and part of our national identity.



We talk a lot about the ANZAC spirit, especially on days like today. However, most of us can't speak with authority on what this spirit actually means, as we haven't experienced firsthand the challenges of service and sacrifice in the way that the Anzacs did. So instead of trying to tell you what it is, I'd prefer to call on the words of Private Arthur Borke, who spent 6 months in the trenches at Gallipoli. He said that the ANZAC spirit is "a powerful driving sensation that can only be felt. It is a feeling that burns in the heart of every Australian and New Zealand countryman. A warm, tender, fiery, even melancholy ideal that nurtures intense patriotism in the innermost soul of everybody." The ANZAC spirit is part of our national identity, that has been invoked during times of hardship over the past century from wars to natural disasters or from the bread queues of the Great Depression to firefighters battling scorching bushfires. What began at Gallipoli has left an imprint on Australian history that we will never forget. It has shaped who we are as a country and as Australians. I would like to end my speech by reading the poem.

"The inquisitive mind of a child" written by Colonel J.F Wilcocks
Why are they selling poppies, Mummy?

Selling poppies in town today.
The poppies, child, are flowers of love.
For the men who marched away.
But why have they chosen a poppy, Mummy?
Why not a beautiful rose?
Because my child, men fought and died.
In the fields where the poppies grow.
But why are the poppies so red, Mummy?
Why are the poppies so red?
Red is the colour of blood, my child.
The blood that our soldiers shed.
The heart of the poppy is black, Mummy.
Why does it have to be black?
Black, my child, is the symbol of grief.
For the men who never came back.
But why, Mummy are you crying so?
Your tears are giving you pain.
My tears are my fears for you, my child.
For the world is forgetting again.



OUR COUNCIL

Hard waste made easier



This year, we'll be providing greater flexibility for households and working to reduce illegally dumped rubbish.

A change to our hard rubbish collection service begins in July, offering residents two free, on-call collections per financial year. This fully 'on demand' service is replacing the annual spring collection. You can dispose of e-waste, white goods, furniture and mattresses, among other approved household items.

Illegally dumped rubbish costs ratepayers more than \$200,000 annually and expanding our hard waste service will hopefully reduce illegal dumping and the amount of waste sent to landfill.

The change to the hard waste service is part of significant work being done around waste, recycling and resource recovery, with a view to improving sustainability and promoting better environmental outcomes.

People found guilty of dumping rubbish face fines of over \$6,000, and Kingston Council actively investigates dumped rubbish to identify its origin. We have CCTV cameras that are moved around key dumping hot spots in industrial areas in our Green Wedge and have caught illegal dumpers.

If you spot someone dumping rubbish please note down as much detail as possible and consider taking photos, as the evidence will assist officers in their investigations and potential prosecutions. You can make a report online at kingston.vic.gov.au or phone **1300 653 356**.

Kingston Council still has a lot more work to do in the recycling and resource recovery space, with the roll out of the fourth purple-lidded glass recycling bin by 2027, and the need for the Food Organics Garden Organics (FOGO) green-lidded bin to roll out to thousands more homes across the city. Council is committed to doing this work in partnership with the community.

You can find more information at www.kingston.vic.gov.au/hardwaste



Kingston's budget delivering responsibly

The delivery of first-class infrastructure, top-quality facilities, highly utilised community services and ongoing financial responsibility are the features of Kingston's 2023-24 draft budget. Mayor Hadi Saab said genuine and deep community consultation had played a vital role in its development.



"Informed by over 160 community submissions, thanks to our new year-round Talking Kingston consultation, this is a budget that balances the needs of our entire community and is focussed

on building a stronger, healthier, and more connected Kingston," Cr Saab said.

"Among the key issues raised via Talking Kingston so far are shopping strip revitalisations, foreshore enhancements, playground and open space improvements and climate action and we are investing in all of these."

Along with the key Council responsibilities of roads and rubbish, importantly the rates collected also help fund important work for those in need each year.

"Like you, I want a Kingston we can be proud of. Our Community Vision strives for resilience, inclusivity, and diversity, and aims to build the most liveable and sustainable city in Victoria and this budget will ensure our community services can help this vision become reality," Cr Saab said.

"Among these are at-home care for the elderly and those with disabilities, delivered meals programs, childhood immunisations, maternal and child health support, senior citizen centres and much more. To secure the strongest future for our littlest residents we will also continue to invest in our kindergartens, provide facilitated playgroups and administer central kinder registration for more than 3000 Kingston families.

"We are also continuing our investment in building a more sustainable Kingston by rolling out urban cooling projects, planting 4,500 trees, environmental efficiency upgrades and new solar initiatives."

The budget which projects a \$1.2 million surplus, outlines a \$53 million capital works spend that includes:

- \$7.6 million for local roads
- \$4.8 million for the Dingley Village Stage 2 works to progress the delivery of an intergenerational community hub
- \$4.4 million to progress the new pavilion at Regents Park in Aspendale
- \$4.0 million to progress Kingston's new district-level Aquatic and Leisure Centre
- \$2.5 million for drainage flood mitigation

Plans for new aquatic and leisure centre streaking ahead

Plans for Kingston's highly anticipated new aquatic and leisure centre are firming up, with the business case now finalised and concept plans underway for a fully electric, accessible, and sustainable centre.

Kingston Mayor Hadi Saab said the business case builds on fantastic community feedback and the very valuable work being undertaken by the community reference group.

"We are proud to be investing significantly to boost the health and wellbeing of our community, increase water safety and build strong community connections," Cr Saab said. The business case, prepared by external consultants, confirms construction of the centre is expected to cost \$79.2 million, which includes a \$20 million commitment to the project from the Australian Government.

Key elements of the indoor centre include:

- Four pools: multi-purpose lap swimming pool (50m), learn to swim pool, warm water exercise pool, and leisure pool
- Gym and fitness facilities
- Sauna and steam room
- Café
- Required ancillary services such as foyer, car parking, change rooms, etc.

Cr Saab said this is the biggest infrastructure project in Council's history and represents a major investment in the long-term health, wellbeing, and aquatic education of our community.

"We can't deliver a project of this size without generous support from the

Australian Government, and we would be thrilled to also receive funding from the Victorian Government," Cr Saab said.

"We have consistently heard from our residents how important variety, accessibility and sustainability are in the design of the new centre. We are proud the new centre will be fully electric to reduce emissions and will be accessible and welcoming to people of all abilities."

Draft concept plans for the new centre will be released for further community

feedback in coming months. Construction of a new aquatic and leisure facility was a key recommendation in Council's Aquatic Facility Plan, which followed the closure of Don Tatnell Leisure Centre in 2020 due to major structural issues.

The new centre will be built next to Jack Grut Reserve on Governor Road in Mordialloc.

Find out more about the project at kingston.vic.gov.au/newcentre.



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w: melbourne.baldwinliving.com.au



Baldwin LIVING | Spring Gardens



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Master Jeweller
Designer

G. & G. Andolfi Pty. Ltd.

Winner of 8 Australian Jewellery Design Awards
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ABN 56 004 931 211
Sculptor
Jewellery Studio



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Our greatest reward, is the expression of joy and pure amazement on our clients eyes and their big smile, in looking at their new piece of Jewellery! Just the other day our client was looking at her "New Emerald and Diamond Ring". Absolutely magnificent. Another great job by "George", my husband and the greatest "Master Jeweller"!

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We Were There Too

At 5.30am Tuesday April 25th - ANZAC Day - it was dark, chilly with a slight breeze to flutter the flags and rustle the leaves in the trees. Torches provided the only light to assist literally hundreds of men, women and children to find their way on to the lawn in front of the Dingley Village Cenotaph in Marcus Road. This is the same area we set up and then dismantle the tables, chairs, bins, banners etc. for the Dingley Village Farmer's Market each month.

As befits a ceremony on such an occasion the mood was sombre and dignified yet all the children were very well behaved. At 5.45am, whilst it was still dark, the microphone of this Dawn Service crackled into life and so began a moving tribute to those who served and those who never came home.

Due recognition was paid by speakers, young and not-so-young, to the many service men and women who served on behalf of our country in conflicts throughout the world over more than a century. Wreaths were laid, memories revived and still the children were quiet and respectful.



As the sun rose it became clear just how huge the crowd of locals was who had turned out for this annual homage. Estimates put the number at circa five hundred. What I found both amazing and heart warming was the number of children from little tadders to teenagers who participated. From grandparents to grandchildren, they were all there.

Our DVMS contingent included: - Geoff Colquhoun, Tim Parkin, Bill King, Greg Pullen, Bob Wood, and myself although I am sure there were others whom I lost in the throng-ing crowd.

Geoff and I laid our wreath on behalf of all DVMS members and realised that we were number eight in a line of twenty plus, hence the pic.

Even if you only ever went once, you would find this Dawn Service one of life's lasting memories.

Geoff Hergt
President - Dingley Village Men's Shed



LOCAL SPORTS



Dingley Football Netball Club



Both our Football and Netball seasons are achieving great results so far despite the disruption caused by the redevelopment of the Souter oval facility. After a bad loss to Cheltenham in Round One, the Dingley senior team has bounced back in spectacular fashion, recording wins against 2022 premier Cranbourne at Cranbourne by nine points, Port Melbourne Colts by twenty eight, Springvale Districts at Springvale by forty six and Mordialloc by eighty five at home in Round five.

Four wins on the trot moved the side into third place on the ladder [as I write] and has some 'experts' revising their pre-season predictions that the club was heading for a horror year.

The retirement and movement of no less than fifteen regular senior players from last year's playing list, plus many other regulars, seemed to support those predictions, but someone forgot to tell the boys of their thoughts and this very young side has seized the opportunity of playing at senior level. In footy language "they are doing very nicely and taking one week at a time"

New senior coach Zach Horsley certainly has his group believing in themselves and without making any predictions, the future is looking bright. The Reserves team hadn't tasted success until Round Five, when it recorded a massive win over archrival Mordialloc.

After suffering two losses by a single point in its previous two games, the win put a smile on the face of new coach Glen Goldsmith who has also been developing a very young group. Jobs well done by all concerned. The Under Nineteens, who were short of numbers pre-season have also defied the pundits and have recorded some great results.

The Thirds team haven't yet been successful but are plugging away and a win isn't far off. Their games are played at Chadwick Reserve in Howard Rd on Friday nights following the weekly Auskick sessions.

Our netballers go from strength to strength and all their results, along with all football results are recorded on the club website and the Southern Football Netball League's websites every Saturday night following games.

In Round Five, they club celebrated the 100th senior game of winger Josh Ferguson, pictured below.



Josh made his senior debut in 2016 and has played through to this milestone with some injuries which would have sent many other players into retirement. Three senior premierships, interleague representation, selection in the Dingley Team of the Decade are testimony to his status at the club. More importantly, he is a role model to our young group, is genuinely humble and is simply a great person to know.

Well done. Fergs. 'The hunt is on'.



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Dingley Village Police Update

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Home burglaries are a largely opportunistic crime with thieves choosing the easiest targets that will reap the biggest reward.

There are a few factors that thieves look out for when picking a house to break into.

- Unlocked Door or Windows
- No dog
- Overflowing Mail
- Overgrown Bushes or Hedges
- Empty Driveway



Image by Storyset on Freepick

Residential burglaries are more likely to happen during a weekday when the thief thinks no one is home.

As well as locking up, make it look like someone is at home and the opportunistic – lazy – thief will move on.



Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

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THE VOICE REFERENDUM

A Voice to Parliament will not give 'special treatment' to Aboriginal and Torres Strait Islander Australians. Here's why.

THE CONVERSATION

Academic rigour, journalistic flair

Published: March 1, 2023, 11:54am AEDT

AJ Wood: Professor of law, Australian National University

Since Prime Minister Anthony Albanese released the draft wording for a referendum on an Aboriginal and Torres Strait Islander Voice to Parliament, there has been some misinformation and disingenuous arguments put forward by those in the "no" camp. Let us examine some of their claims.

The first is that there is not enough detail. The necessary information is in fact out there – certainly in sufficient detail for the Coalition junior partner to decide to oppose the Voice. Still, the Voice has been variously and erroneously mischaracterised as a "third chamber" of parliament, or as a body that would give Aboriginal peoples "special treatment". Others claim the Voice will have the power of veto. These ideas, perhaps while emotionally appealing, do not accord with current constitutional arrangements, nor with the idea of a Voice to Parliament as proposed by the government.

Most people seem to understand this, and so the idea that an advisory body with no coercive powers could be imagined as a "third chamber" has recently received little traction. Despite all of this, the Voice is obviously not going to address every problem facing Aboriginal and Torres Strait Islander people. Instead, it is one positive step towards improving the level of debate and discussion in the area and moving the nation to truth telling and beyond.

Why there is no 'special treatment' for Aboriginal and Torres Strait Islander peoples.

The term "special treatment" implies Aboriginal and Torres Strait Islander Australians would be given "things" not ordinarily available to others. This is quite disingenuous. To the contrary, of all peoples now sharing this continent, Aboriginal and Torres Strait Islander peoples have been singled out for detrimental treatment under the Constitution. This has resulted in many additional hardships and disadvantages.

The Voice referendum, if successful, will be a modest positive measure. It is an advisory body, that will recommend or suggest changes to improve Australian laws. The Voice will potentially recommend measures to soften laws that parliament can now create under the Constitution, via the broad and coercive "races power". This allows the parliament to make special laws for Aboriginal and Torres Strait Islander peoples. Many judges have

taken issue with the "races power". For example, Justice Robert French has argued the "races power" has recently been used against Aboriginal and Torres Strait Islander peoples.

In other words, the "special treatment" that has been meted out to Aboriginal and Torres Strait Islander peoples has often been painful: the removal of their children, for example, to prevent them speaking their language or practicing their spiritual and cultural beliefs. Ideally, the "races power" should be expunged from the Constitution. In the meantime, a Voice to Parliament would help ameliorate its worst excesses. It is time parliament heard Aboriginal and Torres Strait Islander voices, as peoples whose lives we have been altered so completely and without consultation. As the Uluru Statement from the Heart asks: is it not time that this voiceless people is heard?

The Constitution once also mentioned "Aboriginal natives" for the purposes of exclusion. Section 127 excluded "Aboriginal natives" from the count of the human population and regulated "Aboriginal natives" as fauna – this section was removed in the overwhelmingly supported 1967 referendum.

Section 51(xxvi), the "race power", as enacted, proclaimed the "Aboriginal race" (that is a race other than the Anglo-Celtic majority) were to be regulated by the colonies (and then the states after Federation). While the 1967 referendum was envisaged as creating equality, legal and social equality is yet to be achieved.

An important step on the road to reconciliation

Australia is the only industrialised nation that allows its parliament to make special detrimental laws for the Indigenous peoples of the land. Some may argue that parliament can also make beneficial laws for this race of people. However, too often, laws that have been characterised as "beneficial", such as the laws legitimising the Northern Territory intervention, have in practice proven to be detrimental.

Yes, there are now several Aboriginal and Torres Strait Islander members of parliament across parties, so why isn't this representation enough? This identification by race is not entirely accurate because under the Westminster democratic process these members or senators do not represent their own race or gender but are representatives of all voters in their respective electorates. They are also members of political parties, which can inhibit their ability to speak freely in some circumstances.

A Voice will make non-binding representations to parliament, but those who are part of the body are not members of parliament. A "yes" vote will begin to address some of these and long festering problems in Australia and help us to heal and move forward as a nation.

Disclosure statement

Asmi Wood is a member of the Referendum Engagement Group and the Constitutional Expert Group. This article is republished from The Conversation under a Creative Commons license <https://theconversation.com/au/>



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The health of Australian men

Men's Health Week takes place from 12-18 June 2023.
The theme for 2023 in Australia is Healthy Habits.

Many Australian men experience poor health outcomes across a variety of measures, including rates of overweight and obesity, diabetes or high blood glucose levels, sexually transmitted infections (STIs) and mental health and wellbeing.

Males experience a greater share of the total fatal and non-fatal burden of disease, dying at younger ages than females and more often from preventable causes. Certain population groups continue to experience poor health outcomes, notably:

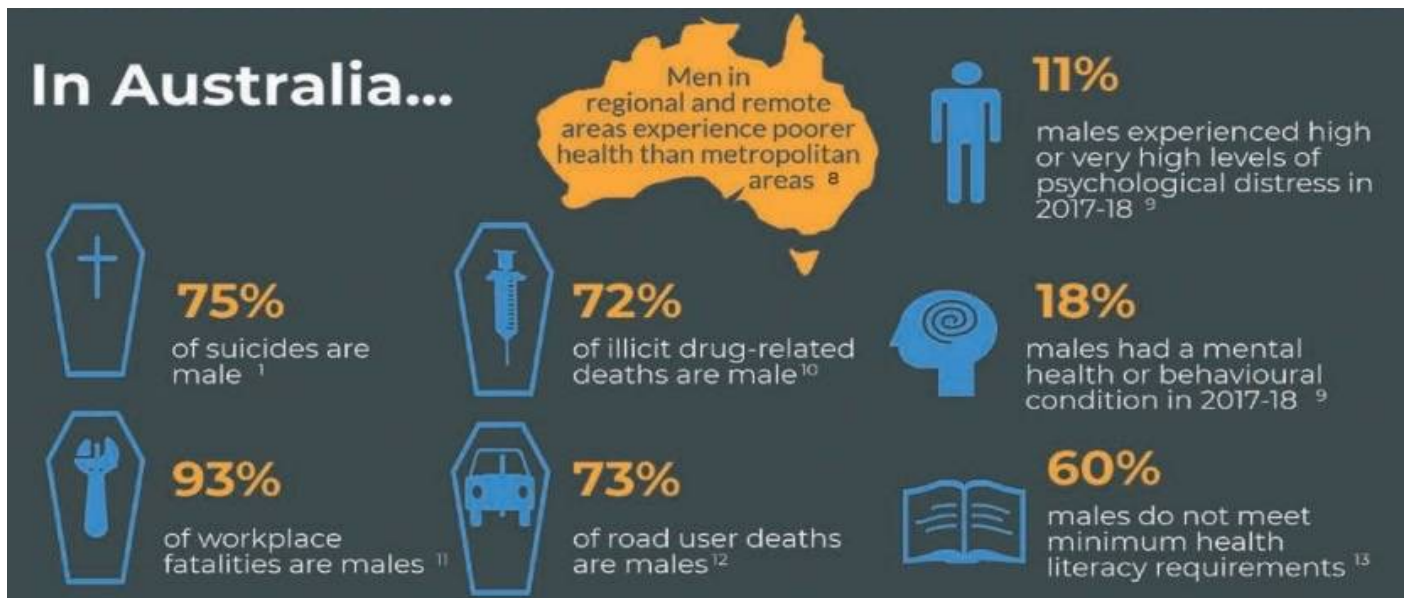
- Aboriginal and Torres Strait Islander males have higher rates of fatal and non-fatal burden for almost every health condition and have a high prevalence of risk factors and risk-taking behaviours. In 2012, life expectancy among Indigenous males was more than 10 years lower than for non-Indigenous males.
- Older males experience high rates of coronary heart disease and a growing burden from dementia and falls.
- Young adult males have high levels of mental ill-health and deaths from preventable causes such as suicide and accidents, with low levels of risk-perception and high levels of risk-taking contributing to many years of life unnecessarily lost.

Any delay in help-seeking reduces the opportunity for early diagnosis and intervention, which can dramatically affect long-term outcomes for diseases such as cancer, chronic conditions, and for mental health conditions. Disturbingly, 72% of males don't seek help for mental ill-health.

The average Australian is living longer, and the country as a whole is ageing. Eight of the ten top causes of death in Australian men are typically diseases of older age – coronary heart disease (CHD), lung cancer, dementia, stroke, chronic obstructive pulmonary disease (COPD), prostate cancer, bowel cancer and diabetes. With increasing age, men are likely to experience multiple chronic conditions simultaneously.

Only 30% of a man's overall health is determined by his genetics, 70% is controllable through lifestyle. During Men's Health week start taking control of your health and wellbeing:

- Have a full health check-up with your GP.
- Meet up with your mates and ask how they are really doing.
- Know your body and what is normal for you.
- Limit intake of tobacco and alcohol.
- Know the health risks for your age group.
- Promptly check out any concerns or health issues.
- Start exercising, even if it is a daily short walk.
- Increase your intake of fruit and vegetables.
- Join a club, organization, men's shed or set up regular catch ups with friend.



Some health differences between men and women are biologically based, most notably in the area of sexual and reproductive health. Despite declines in mortality, prostate cancer remains one of the leading causes of death in males. Reproductive health conditions, including infertility, are common among Australian males and represent a high economic and social cost. In general, males' access to health care has improved over time, and although still behind females' access, the gap is narrowing, particularly when maternal health care-related visits are factored in.

There is a prevailing concern, however, about the content and context of men's interactions with the health system. When men access a health professional it is often for shorter consultations, and typically when a condition or illness is advanced.

Information in this article is provided by Australian Men's Health Forum and the National Men's Health Strategy 2020 – 2030. If you have any concerns about your health or well being see a health professional.





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Achieving financial freedom

What does financial freedom mean to you? The ability to travel the world and build a dream home? Or to be able to enjoy a simple but active retirement, and support some good causes?

We all have different desires and goals in life, but most of us share the dream that one day we would like to achieve our particular version of 'financial freedom'.

The challenge is that most of us don't really know what it takes to turn our goals, be they vague wishes or burning desires, into reality. However, with just a little bit of forethought, some expert advice, and by acting on that advice, we are much more likely to reach that goal of financial freedom.

Making the list

Your key ally in achieving financial freedom is your financial adviser, and amongst the most important things your adviser will need to know is what your goals are. So, make a list and prioritise it. Which of your goals are essential, and which ones are you willing to compromise on?

Reality check

Just as we have different goals, so do we have different financial resources. One of the first things your adviser will do is run

a reality check. Given your income and expenditure, job outlook, health and family situation, are your goals realistic and achievable?

Your adviser will also check if key goals are missing. For example, life insurance can be an essential tool for protecting your family's future financial freedom, yet many people overlook it.

With the big picture now clear, your adviser can develop strategies that will bring that goal of financial freedom closer to fruition.

Perfect timing

When's the perfect time to start your journey to financial freedom? Today.

Because the sooner you get started, the sooner your goals will be achieved. So, think about your goals and desires. Importantly, write them down. Then make an appointment to sit down with your financial adviser and take those critical first steps towards achieving your financial freedom.

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The exhibition period for the redevelopment plans is now complete but you can still see what's being proposed by visiting the project website.

The website will publish the latest information about the planning process, about maintenance, tree and site management. And there are contact details for those with queries.

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LOOKING AT LOANS



Best Auction Tips

Auctions can be daunting. We are regularly asked for some guidance, so for everyone's benefit, a list of best auction tips:

1. Prepare yourself by attending some auctions to observe the atmosphere, auctioneers' techniques, and various bidding strategies at work.

2. Arrive early, and position yourself with the best possible view of the auctioneer and the other bidders. Ideally you will be able to see all parties within your standing field of vision.

3. Do not allow yourself to be distracted during the auction. Turn the phone off, no children, pay attention to what matters.

4. It's OK to make a low bid to start the auction, but if you do, follow with pause, and wait. Look for the other bidders and watch how the auction unfolds.

5. Unless the property looks like it's going to be passed in, don't bid again until the reserve price has been met and it's closer to the end, when the bidding has slowed.

6. When you bid be clear to the auctioneer. Projecting confidence and determination in the tone of your voice and the raise of your hand will assist to psych out the other bidders.

7. As bidding continues, enjoy the game. It is OK to pause at times to slow the auction but intersperse that with making counterbids fast and assertive.

Create the perception that you don't have a limit. Agonising over every bid is a definite sign of weakness and only encourages others to bid further.

8. Do not try to make small bids too early – it is a sign you are at your limit. Being confident with larger bids to push others out early is more likely to win you the property within your price range than is showing uncertainty and weakness.

9. Give your competitors a reality check by calling out your bid in the full price, not the increment (say "\$756,000" instead of "\$1,000").

10. If it's going to pass in, it's a big advantage to be the highest bidder, as you'll usually be given the first opportunity to negotiate.

11. Know your numbers. Only bid at auction after confirmation from your broker as to your financial position. Stick to your walk-away price. Short-lived disappointment is better than long-lasting remorse.

Remember at the auction hammer fall, it is an unconditional sale. If you want 'subject to finance' auction is not for you. Whether buying before auction, at

auction, or via private negotiation, keep in mind that fate will play a hand in you finding the right property.

If you are genuinely looking at properties with market value in your price range, you do not need to be miserable when another bidder pays more, and you miss out. It was not meant to be! Keep looking, there are a multitude of homes, another will come along. You will find success in time, and every auction becomes a learning experience!

For assistance on the lending side of buying your home: Integrity Finance Australia has been serving the Dingley Village community since 2006.

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Technology, Eye Strain And Fatigue

For millennia, human beings have evolved without the presence of electronics- now that we are surrounded by screens on a day to day basis - at school, work and home; could this be having an effect on our eyes?

In these modern times, technology is an integral part of our everyday lives. Screens that rely on LED (light emitted diodes) technology, whether it be iPads, TVs, computers or smartphones, emit increased levels of blue light. Blue light can be defined as short, high energy electromagnetic waves. Blue light naturally occurs and is a part of the visible light spectrum emitted from the sun, making up the colours of the rainbow.

In fact, blue light waves are the reason the sky looks blue as the nitrogen and oxygen particles in the atmosphere deflect and reflect blue light, while absorbing all other colours of the visible light spectrum.

Excessive screen time and subsequently increased exposure to blue light at levels higher than they naturally occur, can lead to symptoms of digital eye strain including dry, sore and irritated eyes as well as fatigue and/or headaches across your brow, temples or behind your eyes. Blue light has also been clinically shown to affect melatonin production at a cellular level.

This disruption to the production of our natural sleep hormone can alter your body's natural circadian rhythm and in turn, cause issues with your sleep. External ocular symptoms including burning, dry or irritated eyes can be attributed to a disruption to the delicate balance of your tear film at the front surface of your eye.

On average, each of us blinks up to 6 times when focusing on a screen and when our tears aren't regularly refreshed, the surface of the eye becomes inconsistent and uncomfortable. Internal ocular symptoms including tired or strained eyes as well as headaches can be related to excessive and prolonged use of your eye muscles and focusing system. Often these symptoms can be associated with uncorrected

prescription, accommodation abnormalities as well as poor habits while using these devices. There are several handy tips you can implement to your everyday routine to relieve and prevent eye strain associated with digital devices:

1. Use the 20-20-20 rule

- For every 20 minutes that you use a digital device, take a 20 second break to look at objects 20 feet (6 metres) away.
- You can even set a timer at 20 minutes, so you don't forget to take a break.

2. Make some changes to your work area

- Consider a pair of prescription or non-prescription blue light filter spectacles.
- Position your screen so it's at least an arm's length away from you. The further away the screen is from you the better.
- If you're working late, turn on your device's blue light filter (night shift).
- Dim the brightness on your screen and use dark mode.
- Increase your screen's font size so you're not straining to see.

3. Follow some healthy, happy eye habits

- Remember to blink regularly.
- Keep some lubricating eye drops handy to help with dry eyes.
- Where possible, swap a digital activity for an audio one (e.g., take a regular phone call over a digital phone call).

At Dingley Eye Centre, we pride ourselves on our knowledge and

desire to stay up to date with the latest research to better look after your eyes and preserve your vision. We are passionate about your sight and the health of your family's eyes.

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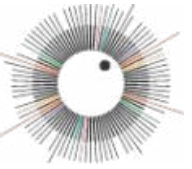
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Winter Home Safety

Keeping warm and safe during colder months of the year also means being alert to indoor health hazards. These simple tips should help to keep you safe and healthy at home this winter.

Mould

Heavy rainfall, cold temperatures and heaters all cause condensation that can lead to mould growth. Mould and dampness in homes can cause health problems. Any mould needs to be removed and the area kept ventilated to avoid regrowth.

Fire safety

About half of all fires in the home start in the kitchen, and more than 4 in 10 of all deaths from fire happen during winter. It is essential to install smoke alarms throughout your home and test them every month. Change the batteries every year, perhaps on a memorable date such as a birthday.

Heaters

No matter what type of heater you have, you should check every winter that it is safe to use.

Gas heaters

If your gas heater doesn't have a flue, service it regularly and make sure the room is well ventilated. Never use an unflued gas heater in a bedroom, bathroom or other small rooms with no permanent ventilation because harmful toxic gases can build up inside. Always check your gas heater is working correctly. It should be serviced every 2 years by a licensed gas fitter.

Portable outdoor gas heaters

Never use a gas heater designed or marketed for outdoor use inside your home. Outdoor heaters need regular safety checks and should be serviced every 2 years.

Electric blankets

You should always roll your blanket up to store it because folding it can damage element wires inside the blanket. When you take it out of storage and use it for the first time, check it is in good condition, including electrical cord, lay it flat on the bed and check for hot spots as it heats up. Faulty electric blankets can overheat, cause an electric shock, spark and potentially cause a fire.

Hot water bottles

Replace it as soon as it starts to look cracked or worn or every 2 years. Remember that the rubber can perish from the inside so you may not be able to see if it's worn out. Hot water bottles can cause burns if you place them directly on your skin so make sure they are wrapped in a towel or fabric cover.

Heat packs

Heat packs are usually fabric bags filled with wheat or some other grain that are heated in a microwave before they are used to warm parts of the body. Caution is needed when using heat packs as they can cause burns or fires.

First aid for burns

Burns can be caused by heat, cold, electricity, chemicals, gases, friction and radiation (including sunlight). The aim of first aid for burns is to stop the burning process, cool the burn (for pain relief) and cover the burn.



Immediate first aid steps

- Immediately cool the burn with running water for at least 20 minutes.
- Remove constrictive clothing and objects such as rings, watches or other jewellery not stuck to the skin.
- Cover the burnt area with a light, loose non-stick dressing. Use clean, dry, non-fluffy material such as plastic cling film.
- If possible, elevate the burnt limb to minimise swelling.
- Keep the person covered where possible so they don't get cold.
- Call for help.

Information in this article is provided by healthdirect and information and advice are developed and managed within a rigorous clinical governance framework.



Make a Difference Dingley Village



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29 Marcus Rd in the Village.

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Some schools and churches have a collection day, some sporting or service clubs, and some maternal and child health nurses donate to us.

The Banks, some local Councils, and some Seniors' groups, a local medical centre contributes, and a local lawyer and a local real estate agent.

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Dingley Scouts

The countdown is well and truly on for 5 members of Dingley Scout Group who have been accepted to attend overseas activities in 2023.



On the 1st July, 4 of our youth will be flying to Switzerland with 226 other Australian Scouts to celebrate the 100th Anniversary of KISC – Kandersteg International Scout Centre. Approximately 2000 scouts from around the world are scheduled to attend this event, with youth having the chance to see some of the amazing countryside Switzerland has to offer, as well as making some lasting friendships across the globe.

Then on the 29th July, we have another youth travelling with approximately 2000 other aussies to WSJ23 – World Scout Jamboree. This is being held in South Korea and will host around 1000's of scouts from across the world. Youth will have the chance to be immersed in the local culture and see much of what South Korea has to offer whilst again forming strong friendships with other scouts from across the world.

On the home front, we have also been busy. Our Rovers enjoyed showing off their skills with a session of rock climbing. Not for the faint hearted, our Rovers literally hit new heights.

Our Venturers have been having some fun both at the hall and away: with games of hide and seek and tag, as well as debate nights. One of the highlights of May was taking part in the yearly Yarra Night Paddle hosted by the Scouts Paddling Team. This is always popular, and it never gets old paddling down the Yarra to see the city lights before you.

Want to know more, contact our Group Leader, Vanessa, her details are below, and let's see where the adventure takes you.

Joey's 5 – 7yrs	Please contact our Group Leader below.
Cubs 8 – 10yrs	Monday 6:45pm – 8:15pm
Scouts 11 – 14yrs	Thursday 7:00pm – 9:00pm
Venturers 15 – 17yrs	Friday 7:30pm – 9:30pm
Rovers 18 – 26yrs	Monday 7:30pm – 10:00pm



For more information about Dingley Scout Group contact Vanessa on **0402 489 773** or email dingleyscoutgroup@gmail.com

WRITERS CORNER



The Penny Farthing

Suzanne always enjoyed visiting her grandfather's house as a child. Every room was kept quite pristine. Each furnishing and object had its correct place, and she couldn't remember anything ever being anywhere it didn't belong.

To people visiting who perhaps didn't know him very well, he must have seemed like such a well-ordered man and to a point that was quite true, however anybody invited into his rustic, worn out shed would soon learn better.

In order to reach the prized structure, a trek needed to be taken across his neat lawn, weaving through his established fruit trees. Once inside the shed, which he proudly constructed himself, anybody would be forgiven for believing it belonged to a person entirely different to the man who owned the almost clinically clean house fore mentioned.

Large objects of all manner of description hung from the ceiling and sawdust and tin shavings caked every surface as well as the floor. He was something of a hoarder and collected various treasures along the way. Although to most it would be considered 'junk'.

Amongst all the chaos and clutter, squeezed into the small space was one object that Suzanne always found her small self, drawn towards. It was an old disused penny farthing that he had propped up against the wall, covered in as much dust

covered in as much dust and muck as everything else. She would stand and wonder of its past, its story and how her grandfather had ever managed to acquire it.

When her grandfather passed, Suzanne made sure to collect that old high- wheeler. She restored it and she even taught herself to ride it. Every time she was atop her treasured penny farthing, she would spare a thought for her dear old grandfather who gave her this joy, without ever realising it.

-Julia S

Dingley Village Writers Group

*We need you! We are a small group who have been enjoying creative writing experiences and great casual conversation for a few years now. We meet each Wednesday morning at the DV Neighbourhood Centre - when it's not school holidays. Attend when you like and participate whenever you like, there is no cost. We have all improved our writing from learning from each other and if you want a tip or two, we can offer those too. Call **8512 0505** and leave your details. A member of the Writing Group will call or email, No obligations.*



Letter to the Editor

Dear Editor,

The Kingswood issue is still not resolved. Also the change of zonings in Kingston is still in progress. The Planning Minister Sonya Kilkenny recently promised to promote development in established suburbs. So expect high density in Dingley Village, especially around the shops. The Save Kingswood website has been updated, so see www.savedingley.com.

Kevin Poulter - President, Save Kingswood Group inc.





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CIRCLING THE CLUBS



Country Women's Association Dingley Village



CWA Dingley Branch held a very successful Mother's Day stall on May 5 at Woolworths Dingley. Thank you to everyone who supported us on the day by purchasing baked goods, Mother's Day items, craft and knitwear. All money raised will be given to RFDS, Blaze Aid and Food Bank.

Our next stall will be on June 9 at Parkmore Shopping Centre (in front of the Post Office) from 9am. This is our Winter Warmers stall with a variety of knitwear for sale. Some of the items will include baby and lap rugs, baby knits and beanies for babies, children and adults. Beautiful berets, scarves and even knitted socks will also be available... plus much more. Come along for a browse or to just say hello. If you would like more information, please contact Sue **0434 879 875**.

The Country Women's Association is for all women, all ages and from all places in the country and the city. Our Dingley branch meets at 10.00am on the 4th Wednesday of the month. If you would like more details about CWA or the Dingley Group, please Sue on **0434 879 875**.



Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 8th of June and the July one is on the 13th. Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course, you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner on the last Saturday of the month is proving popular with members and the next one will be on the 24th of June. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on 9551 3462.

PS - Will there be a mystery VIP at our 8th of June gathering?

Probus Club Dingley Central



At our May meeting our guest speaker was Rose Vince, a community educator, who gave us an insight into her work with the Elder Rights Advocacy.

This organisation offers support for older people, their families and representatives, and helps them to understand and navigate the aged care system. They listen to your concerns and assist you to explore your options and make informed decisions. Elder Rights Advocacy is a free independent and confidential service. They can be contacted on 9602 3066.

Activities planned for June:

Movie, Happy Hour, Camera Club, Legs and Morning Coffee, Wine Tasting, Morning Melodies, Dine Out, MTC, Craft Group and Games Day.

Our meetings are held on the 1st Monday of the month at the Salvation Army Kingston Centre, 13/12-16 Boulevard, Dingley Village. New members are always welcome. For further information please contact Jean on **0438 272 232**.

Dingley Village Senior Citizens Club Incorporated

Meeting every Monday for games and social connection in Dingley Village, open to all Seniors

Arranged Activities for June are as follows:

- 5th - Bingo followed by afternoon tea.
- 12th - Games followed by afternoon tea.
- 19th - Bingo followed by afternoon tea.
- 26th - Games followed by afternoon tea.

For more information, contact our President, Mary, on **0439 426 728** or our Vice President, Joan, on **0421 736 795**.

Dingley Village Historical Society

We are open Monday, Tuesday, and Thursday, 10 - 12noon (closed public Hols.) We can open other days if and as requested. We are at 31A Marcus Rd, near the library. Ph **95514374** (a message can be left) or email, enquiries@dvhs.com.au.

Spring Park YWCA Golf Club

A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course. Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways.

Further information: Jillian Sanders **0419 501 365** (Captain), Julie Westcott **0438 269 622** (President), Jan Boyes **0497 096 377** (Secretary)



Boomerang Bags, Dingley Village



Our aim is to REDUCE waste, REUSE quality shopping bags and RECYCLE fabric. Boomerang Bags Dingley Village is a community group which creates reusable shopping bags from donated recycled fabrics.

You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

The group meets each Thursday morning, subject to COVID19 restrictions, at the Dingley Village Neighbourhood Centre, 9.30-12pm.

If you have clean sheets or fabrics you would like to donate, please contact Debbie on **0411 058 804** or Helen on **0425 862 718**.

Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
Monday	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
Tuesday	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
Wednesday	9:00am - 12:00 pm	Bike Riding Group & Music Group
Thursday	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
Friday	9:00am - 1:00pm	Members Muster This is our main day!

Every Friday Morning (except holidays as designated), come along, enjoy a cuppa, a chat & meet with your fellow shedders. We also hold a great Raffle (fundraiser) for

members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's, plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. 9551 5892, E-mail: info@dvms.org.au
www.dvms.org.au

Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed.

Thank you to all who have donated, please keep them coming in. Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – 9551 3770 / 0488 004 809.
dingleylions@gmail.com

Rotary Club Noble Park – Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities.

Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings.

VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family

and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line. Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education.

Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931.

Meeting: Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm. \$17 for members, \$20 non-members. New members welcome.

All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The last Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

Tuesdays

Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 book. Concerts with professional entertainers on the 3rd Tues of the month 1pm to 3pm. \$3 entry.

A Bus, day trip to Phillip Island including entry fee to various tourist attractions are planned in lieu of Bingo on 25 July 2023. Lunch at own expense. Cost \$50.00 for members.

Wednesdays

Line Dancing 1pm to 3pm \$6 entry.

Thursdays

Ballroom dancing lessons 12.30 to 1.00pm and Ballroom dancing from 1.00pm to 3.00pm. \$3 entry. Tea and coffee are supplied for all activities. Entertainment schedules arranged are: 20 June - Michael Reed and 18 July - Co Perkins

Club membership for F/Y 23/24 is \$10.00. Enquiries can be made to Julie on 0428 561 694.



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Village Church Inc.



"Inspiring People to Discover and Develop Life in Christ"

Church Office: 7-9 Fiveways Blvd,
Keysborough. 3173
Phone number: **8712 8254**
Email: admin@villagechurch.org.au
www.villagechurch.org.au

Our Church offers a range of ministries as follows:

Sundays

10.00 a.m. Worship Service at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au> *Kids Church at 7 Fiveways Boulevard, Keysborough - 10.30am for 4-year-olds through to Grade 6. All welcome.

Prayer Time

Weekly - Wednesdays 10-11am
Monthly - This month is Saturday 15th April; 9-10am at the church. Monday 17th April; 7.30-8.30pm via Zoom Only. Contact office for link.

Please contact the office for further details and to register your interest in any of the following groups.

Bible Studies

We have different fortnightly groups that run throughout the week.

Monthly Ladies Group

Once a month 2nd Saturday of the month at 1.30pm.

Monthly Men's Group

Once a month on the 4th Sunday of the month at 5pm (BBQ and study).

Young Adults' Life Groups

Fortnightly on Wednesday evenings 7.30pm.

Youth Group

Every Friday night during school term 7pm till 9pm. *Youth group not held during school holidays.

Marriage & Family Support

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all.

As a caring church, our heart is to serve

the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point.

Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life. We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you.

Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we'd love to be able to encourage, support and strengthen you. Our Church Office is at 7 Fiveways Boulevard, Keysborough.

Please feel free to call Helen or Lesley on **8712 8254** with any enquiries you might have and leave a message if the office is unattended. Our Pastor is Rodney Hole who may be contacted through the Church Office.

Kingston City Church



Our Vision: Connecting People To Jesus Christ

Our Mission: Reach, Restore, Relate, Resource And Release.
Ph: **8551 6600**, Fax: **8551 6690**.
Web: www.kcc.crm.org.au
Email: admin@crm.org.au

Senior Pastor: Dan Parker

Sunday Services: 10am Service has Children's Ministry.

Life can be difficult to navigate and is often full of questions, especially for teenagers. With all the pressures they face from school, friends, and social media, it can all become quite confusing and even overwhelming.

This is why Revival Youth exists. Revival Youth is a Christian youth ministry program that runs at Kingston City Church in Clarinda. We run a fun-filled, Christ centered, biblically based youth program that consists of games, worship, and relatable and practical biblical teachings.

Our program is for high school kids and

is thoughtfully and prayerfully prepared to help the youth grow in their faith and walk with Jesus Christ. We provide a safe and healthy environment with the aim to help empower teenagers for life's tough questions and situations from a biblical view.

At Revival Youth, our passion is not just to help these young people through life's situations, but to see them thrive and be a light for Jesus in a world that desperately needs Him. Over the years we have seen many young people grow in faith, and confidence, better prepared to face everything that is ahead of them.

Revival Youth runs from 7-9pm every Friday during the school term. For more information, jump onto our Instagram [@revivalyouthkcc](https://www.instagram.com/revivalyouthkcc) or email me at andy@crm.org.au

I encourage you to come and check us out.



Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m.

Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone **0431 244 561**
www.heathertondingleyua.org.au

Our Vision and our Mission

To seek to connect people to God and each other.

Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life

What's On:

Second Tuesday Of Each Month

Queer Allies - A Peer Support Group for family and friends of LGBTQIA+ people to share the journey of growing in understanding, acceptance and support. Meets at 7.00 p.m. Questions: Andrea Mayes **0408 65 939** or heathertondingleyunitechurch@gmail.com.

Wednesdays - Prayer meeting at the church 9.00 - 9.30 a.m. If you have a

concern that you would like prayed about ring Margaret on **0401 392 772**.

Know Your Bible

9.30 – 11.00 a.m. An interdenominational study of the Bible for women. For further information contact Jennifer on **0419 115 811**.

Second And Fourth Thursdays Of The Month

Unleash the Music in You – 8.00 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**.

First Friday Of Each Month

Indoor Carpet Bowls – 7.30 p.m. in the Church Hall followed by supper.

Third Saturday On Odd Months Of The Year

Bark And Chat

This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on **0401 392 772**.

Third Saturday On Even Months Of The Year

A special service for dog owners and lovers to which you can bring your dog. For further information contact Margaret on **0401 392 772** or Rev Deacon Andrea Mayes on **0408 65 939**.

Christ Church - Anglican Church Dingley Village



Vision: "From within you shall flow rivers of living waters"

Sunday Services

8.30 AM (Heritage Church) Holy Communion Service. 10.30am (Auditorium) Worship Service with Kids' Church.

Connect Groups for Bible Study

For more information, please contact our office.

2nd Tuesday Monthly Service

2pm Pleasant Tuesday Traditional Holy Communion with favourite hymns in the Heritage Church followed by social afternoon tea. Please contact our office for transport if needed.

Weekly Prayer Meetings

Wednesday 1pm in the Heritage Church
Saturday 8am in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

Roundabout Op Shop

Supports communities Locally, Nationally,

and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys.

Volunteers Welcome!

Opening Hours:

- Wednesday 9.30 am – 4 pm
- Thursday 9.30am – 1.30 pm
- Saturday 9.30am – 1.30 pm

Donations: We take clean useable items but cannot accept electrical goods, bedding, or baby/child equipment.

Supported Missions

Medical Mission Auxiliary (MMA)

Monthly 1st Sunday, after morning services. Beautiful handmade goods, yummy jams, cakes, and relishes. Funds support medical supplies to hospitals in Tanzania, Nepal & Kenya.

Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

Food Parcels Available

For those in need, upon request.

Pastoral Counselling

Please contact our parish office for details and bookings.

The Marriage Course

Coming to CCD. 7 Week marriage enrichment course, Thursday nights, 7pm-9.45pm, starting 3rd August. All welcome. Registration required. Please call the office for information or to book.

Senior Pastor: Richard Loh
Parish Office: **03 9551 7871**
Email: admin@ccd.org.au
Website: www.ccd.org.au

St. Mark's Catholic Church

511 Lower Dandenong Road,
Dingley Village, 3172.
Phone: **9551 6930** or **9547 4877**
Email: Springvale@cam.org.au
Website for further information:

St Joseph Springvale | Catholic church.
Parish Priest: Fr. Joseph Truong Nguyen
OFM Conv.

Mass Times

- Saturdays, 6pm
- Sundays, 9.30am
- Confession before Mass on Saturdays

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village, Office Phone: **(03) 9558 2045**
facebook.com/KingstonCitySalvos
www.salvationarmy.org.au/kingstoncity/

Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington

Hours of operation:

10:00am – 4:00pm Monday to Friday
or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone **9558 2045**, Wednesdays, Thursdays & Fridays 10am – 4pm to make an appointment.

Echo Church



Vision: 'heaven to earth'

"Your Kingdom come, your will be done, on earth as it is in heaven."
- Matthew 6:10

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AAD&O Refrigeration	9551 4626
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Glendaren Auto Panels	9543 3331
Hondcar Service Centre	8555 0566 0408 343 212

BATHROOM SERVICES

Bathroom revival	0408 549 697
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CARPETING

Carpet Melbourne Direct	0404 888 048
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CHILDCARE

Little Villagers Child Care	8512 0509
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CHIROPRACTOR

Dingley Chiropractic Centre	9558 1436
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CHURCHES

Christ Church, Dingley	9551 7871
Heatherton Dingley Uniting	0431 244 561
Kingston City Church	8551 6600
St. Mark's Catholic Church	9551 6930
Salvation Army	9558 2045
Village Church Inc.	8712 8254
Echo Church	9558 3980

COMMUNITY

Neighbourhood Centre	8512 0505
Make A Difference	9551 1799

COMPUTER REPAIRS/ SALES & SERVICE

Dingley Village Computers	9558 2456 0412 729 777
Digitall Now	0407 992 253

DANCING CLASSES

Broadbent Dance Academy	0411 024 438
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ELECTRICIANS

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Jolly Electrical Services P/L.	9551 6505 0412 370 314
Dickson & Funke Pty Ltd	9558 1288

FINANCIAL SERVICES

Dingley Village Bendigo Bank	9551 6111
Ashfords Wealth Advisors	9551 2822
Integrity Finance Australia	9511 8883 0417 593 893
SS Accounting Solutions	9551 3940

FOOD RETAIL

Pantry Fresh	9551 1569
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GOLF

DJ's Golf Workshop	9551 3197 0425 758 298
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HYPNOTHERAPY

Adam Palmer	0409 533 774
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HEALTH

Dingley Chiropractic Centre	9558 1436
PhysioChoice	9558 2155

INVESTMENT CONSULTANTS

Ashfords	9551 2822
Integrity Finance	9551 8883 0417 593 893
Bendigo Bank	9551 6111

JEWELLERY MANUFACTURING

G. & G. Andolfi Pty. Ltd. Trust	9551 0195
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LAWN MOWING & GARDENING SERVICES

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LEGAL SERVICES

Michael Benjamin & Assoc	9558 0558
Balme & Webb	9532 2993

LOCKSMITHS

MK Mobile Locksmiths	0413 422 652
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MARTIAL ARTS

Southern Taekwondo	0439 304 579
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MASSAGE - Sports/Remedial Relaxation

Dingley Chiropractic Centre	9558 1436
PhysioChoice	9558 2155

Member of Parliament: Federal

Mark Dreyfus	9580 4651
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PANEL BEATING

Glendaren Auto Panels	9543 3331
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PHYSIOTHERAPY

PhysioChoice	9558 2155
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PLASTERER

Keats Plaster	0402 917 110
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PLUMBERS & GASFITTERS

Ades Dingley Village Plumbing	9551 5446 0415 342 727
McLean Plumbing & Gasfitting	9551 1975 0408 549 697

PODIATRIST

Dynamic Foot Clinic	9558 2155
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