



THE DINGLEY DOSSIER

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www.dvnc.com.au/dossier

SUMMER SAFETY

Summer Heat Safety

With summer comes warmer weather — weather that leads many Australians to spend more time enjoying the great outdoors. Yet summer can be harsh so staying comfortable and safe from the effects of the summer environment, such as extreme weather is important.

Heatwaves have killed more Australians than all other natural hazards combined. We continue to experience extreme heat. On 4 January 2020, metropolitan Sydney experienced an all-time high, with Penrith reaching 48.9°C.

The year 2019 was Australia's hottest on record, with temperature records broken in many towns and cities. With hot summers likely to continue, it's important that we all know how to prepare for high temperature days and how to provide first aid for heat-induced conditions.

Who is most at risk from hot weather?

While most people find extremely hot weather and heatwaves uncomfortable, some people have a higher risk than others of becoming ill. These include:

- Elderly people aged over 75 years, babies and young children.
- People with long-term health conditions, for example heart or respiratory disease, diabetes or circulatory diseases.
- People who work outdoors or in hot and poorly ventilated areas and those engaging in vigorous physical activity in hot weather.
- People who are not acclimatised to the heat, for example overseas visitors.

Heat-related stress

Heat-related stress is illness which usually occurs when a person is exposed to a hot environment which overwhelms their body's ability to maintain a normal temperature.

The early symptoms of heat-related stress include headaches, dizziness, faintness, nausea and vomiting. In babies, signs of heat-related stress include restlessness, irritability and a reduced number of wet nappies.

Heat-related stress is a serious medical condition. If not spotted early and managed properly, people can potentially develop life-threatening illness (heat-stroke). Simple measures can be applied to significantly reduce the chance of heat-related stress.

Tips to help you stay well during hot weather

- Keep hydrated - drink plenty of water.
- Plan your day around the heat - avoid being outdoors between 11am and 3pm.
- Avoid alcohol and caffeine - they can make dehydration worse.
- Soak - take a cool shower or bath to help you cool down.
- Be cool - stay indoors and make use of fans or air-conditioners.
- Rest - make sure you get enough sleep, and rest if you feel tired.
- Eat fresh - try eating cold foods such as salads or fruit.
- Check on others including children, the elderly, pregnant women, people with medical conditions and don't forget your pets!

- Seek shade when outside.
- Be SunSmart - wear light weight clothing, a hat and sunglasses and apply SPF 30 (or higher) broad-spectrum sunscreen if you're heading outside.

Protect yourself from sunburn by:

- **Slip** on some sun-protective clothing that covers as much skin as possible.
- **Slop** on SPF30+ sunscreen - make sure it is broad spectrum and water resistant. Put it on 20 minutes before you go outdoors and reapply every two hours afterwards. Sunscreen should never be used to extend the time you spend in the sun.
- **Slap** on a hat - that protects your face, head, neck and ears.
- **Seek** shade.
- **Slide** on some sunglasses.



Don't forget your Pets

The tips to help you stay well also apply to your pets. Exercise your pet in the early morning or late evening when it is cooler.



If you can't hold your hand on the cement, pavement paving etc for 5 seconds it is too hot for your pet and they will burn their paws.

FARMERS' MARKET

SATURDAY 17TH DECEMBER | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land.

COMMUNITY

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:
1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service:
1300 659 467

SES: 13 25 00

Poisons Info: 13 11 26

Coronavirus Hotline
1800 675 398

MensLine:
1300 789 978

WIRE

**(Women's Information
and Referral Exchange):**
1300 134 130

Safe Steps:
1800 015 188

Nurse on Call:
1300 606 024

Tip Smells & Dust:
EPA 1300 372 842

Aircraft Noise:
1800 802 584

Neighbourhood Centre:
8512 0505

Community Association:
dvcasecretary@gmail.com

Men's Shed:
9551 5892

**VicRoads Faults
and Hazards:**
13 11 70

RSPCA:
9224 2222

Justice of the Peace

Malcolm Gilbert: **0418 549 800**
Marion Harriden: **9551-1799**
Allan Harris: **0412 073 719**

You can pick up copies of the Dingley Dossier from the Neighbourhood Centre, 31B Marcus Road, Dingley Village Newsagents and Woolworths Dingley Village. We also have a colour version online www.dvnc.com.au/dossier

DVCA Asks You To Support Our Dingley Village Shopping Centre This Christmas

It is in your interest to shop locally this Christmas and support our local shops and restaurants traders, enabling them to continue providing us with great local services right here in Dingley Village. Please remember - each dollar you spend locally helps keep our shopping centre strong and vibrant for us all.



Colouring Competition

The Dingley Village Neighbourhood Centre is running a colouring competition for local children. With two sections; 6 years old and Under, & 7 - 11 years old, lots of arts and craft prizes suitable for age groups. Colour sheets are on Page 14 & 15, additional sheets can be collected from Neighbourhood Centre. All entries will be displayed at the Farmers' Market Saturday 17th December so come along and check out our local little artists. Entries close 14th December and need to be dropped off at the Neighbourhood Centre by 3pm 14 Dec.

Hard Rubbish

The free hard waste collections provide an opportunity for Kingston's residents to dispose of e-waste, white goods, furniture and mattresses, among other approved household items. Commencing from July 2023. The hard rubbish collection will move to a fully "on-demand" service, with owners and tenants on Kingston's waste service able to book two pick-ups each year on the dates and at the times that suit them.



Local Author

Dingley Village Author, Chris Horsley has recently released his self-published book "Conversations With My Counsellor" (all the emotions of the rainbow) It is simply written, in the first person and targeted at 16-to-26-year old's starting out....The book serves as a handbook of ideas related to highs and lows, we each encounter on our unique life journeys. "Each today, Is the next most important day of your life, So try to make it count." If you would like a copy email chrish1933@yahoo.com.au for more information.

Kingston Libraries have a new website

<https://library.kingston.vic.gov.au/Home> With a focus on accessibility, functionality, and simplicity the site is your one stop destination for everything libraries across our city. What you can do on the website:



- Find our locations, facilities, and opening hours.
- Login to your account to place holds, renew loans, and more.
- Access our catalogue.
- Access free digital resources including eBooks, eAudiobooks, movie streaming, educational resources, and more.
- View our events and activities.
- View our latest news and reviews.
- contact us via our new interactive form.

Other Special Dates in December

Bodhi Day - 8 December

Celebrates the day in which Siddhartha Gautama sat underneath the Bodhi tree and attained enlightenment. It generally falls on the eighth day of the 12th month of the lunisolar calendar.



Chanukah Festival of Lights - 18 to 26 December

Chanukah (Hanukkah) commemorates the recapture and rededication by the Jewish people of the Jerusalem Temple. It lasts for eight days and nights, and each night an additional candle is lit.



Christmas Day - 25 December

Christians celebrate Christmas Day as the anniversary of the birth of Jesus of Nazareth, a spiritual leader whose teachings form the basis of their religion. Christmas lights and trees are displayed, carols are sung, and individuals come together to exchange gifts and spend time with family and friends.



New Year's Eve - 31 December

New Year's Eve is a time for communities, families and friends to celebrate the year past and the year to come according to the Gregorian calendar.



Christmas Day (Orthodox Christians) - 7 January

Christmas falls on a different day in the Orthodox Church because they still observe the traditional Julian calendar, which has the original dates for Christian celebrations before the Gregorian calendar was introduced.

Australia Day- 26 January

Australia Day is the official National Day of Australia. Observed annually on 26 January, it marks the 1788 landing of the First Fleet at Sydney Cove and raising of the Union Flag by Arthur Phillip following days of exploration of Port Jackson in New South Wales.





FARMERS MARKET

OUR NEXT MARKET IS ON SATURDAY 17TH DECEMBER

Please support the incredible Victorian Farmers and Producers who attend our market.

It's beginning to look a lot like Christmas and the market will have all those special treats for your Christmas dining as well as special Christmas activities. Santa will be popping in to visit, Carol singers will delight you with Christmas classics and our Christmas Hamper raffle will be drawn, so don't forget to come along and enjoy the morning at this free community event.

We will have our usual range of fresh, seasonal fruit and veg; artisan breads and small goods; award winning sausages and cheeses; small batch jams; free range eggs as well as Christmas fare. And treats for all your holiday celebrations.

At their heart, farmers' markets are a place for food producers and consumers to connect directly in the buying and selling process. Our farmers' market gives you a chance to meet the person who grew or made your food.

The market sells produce from all around Victoria and it's a great way to:

- Shop in a community.
- Reduce your food miles.
- Support small Victorian primary producers.



DINGLEY VILLAGE

CHRISTMAS

FARMERS' MARKET

SATURDAY 17th

DECEMBER

8.30AM—1PM

10-11am Christmas Carols
11am -12 Visit from Father Christmas
Christmas Hamper Raffle
Colouring Competition Display

31 Marcus Rd , Dingley Village
Free entry & parking

www.dvnc.com.au/farmersmarket



The Management, Staff and Stallholders of the Dingley Village Farmers' Market wish you all a Happy and Safe Christmas and New Year.





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Dingley Village Police Update

Crime Stoppers (1800 333 000)
To provide crime information. It can be anonymous.

SCAM AWARE
With approx 25 sleeps until Christmas we hope that you are aware of potential scams whilst doing your online shopping.

Are you scam aware? What about your gran? Or your kids? Or your neighbours? Your best defence against a scammer is to be scam aware.

To make sure your fill your Christmas stockings with a minimum of fuss, find out more about online shopping and other scams at SCAMWATCH www.scamwatch.gov.au



Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

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(inside Neighbourhood Centre)
Email: lvcc@dvnc.com.au

DINGLEY VILLAGE COMMUNITY ASSOCIATION

We wish every Dingley Village resident a Happy & Safe Christmas. We hope you have enjoyed and been informed of local issues in our monthly articles. We will be back in February and hope everyone has a Happy and Prosperous 2023.

Congratulations to our new Mayor - City of Kingston

Congratulations to Cr Hadi Saab, our newly elected Mayor of the City of Kingston and to Cr Chris Hill who has been elected Deputy Mayor. DVCA wishes to acknowledge and thank Cr. Steve Staikos for his excellent service as Mayor over the past year.

2023 - What's Happening Here In Dingley Village?

Looking ahead - there is a lot going on, including:

Moorabbin Airport Masterplan

Moorabbin Airport Corporation (MAC) is required to re-submit a new version of their rejected draft Masterplan 2021-2041 for the airport, by March 2023.

In March 2022, the Federal Government rejected MAC's draft Masterplan 2021-2041 (Moorabbin Airport is not subject to the Victorian Planning Policy or Kingston Planning Scheme). So it has been back to the drawing board for the MAC, to produce a revised airport plan and address concerns regarding site over development and other issues.

Spring Rd Reserve Masterplan

Council is developing a new masterplan for Spring Road Reserve, which will provide park improvements, such as paths, planting, shade provision, BBQ and family facilities.

The detailed plan is expected to be put forth for community consultation in early 2023. In the meantime, our community planting work at Spring Rd, which many of us have been involved with, remains on hold until the masterplan is finalised and ready to be implemented.

Pedestrian Refuge - Centre Dandenong Road - at Mona's Bakery

The long awaited pedestrian road refuge (opposite Mona's Bakery), assisting residents to access health providers on the south side of Centre Dandenong Road, should be built and completed by mid 2023.

Chadwick Reserve

Further works to occur at Chadwick Reserve, including a new Dog Park adjacent to the newly opened Chadwick Pavilion and sports grounds. Work on this should be commencing in March next year for completion by June.

Tootal Road Improvements

Installation of a shared walk/cycle path on the east side of Tootal road to improve

pedestrian connectivity and safety.

Kingswood Golf Course - Australian Super's Rezoning and Development Proposal

Our village community awaits the Victorian Government Ministerial decision on the Kingswood rezoning and development proposal for large-scale multi-unit housing, which would result in the removal of thousands of trees and native vegetation from the golf course.

Kingswood Golf Course Tree Removal - VCAT Ruling

Background

Council had rejected many of Australian Super's numerous individual applications to remove established trees and habitat on the golf course last year, on the basis that there would be:

"a detrimental impact to the environment and inappropriate loss of native vegetation"

The trees on Kingswood Golf Course provide important habitat for birds and other wildlife, such as native bees, essential for pollination of surrounding flora.

At the start of 2022, Australian Super requested VCAT review 21 individual rejected applications to remove trees and habitat on the Kingswood Golf Course.

VCAT's review of these individual rejected applications has been a lengthy and costly process for both Australian Super and our Council / Ratepayers. The review outcome was recently released on 28 October 2022. (AS Residential Property No.1 Pty Ltd v Kingston CC [2022] VCAT 1242).

VCAT Review Outcome - How Many Trees Will Be Lost?

The good news - VCAT upheld Council's permit refusals to remove 10 trees/habitat. The retention of these trees, 7 Southern Mahogany gums, 1 Coast Manna Gum and 2 River Red Gums, providing local ecological benefits.

The bad news - VCAT granted permits for the total removal of 4 trees and the destruction by lopping to a habitat stump of 8 Southern Mahogany gum trees and 1 Manna Gum tree.

It is extremely disappointing that Australian Super continues removing trees and destroying habitat on Kingswood Golf Course, whilst we all await the Kingswood rezoning and development proposal decision.

Let's Keep our Village Looking Good - Rubbish Bins

Make sure you remember to bring your rubbish bins off the street once they have been emptied by Council on the Tuesday or Wednesday rubbish collection days.

This helps to keep our streets beautiful and also improves vehicle visibility and safety along our streets. So please don't leave your bins out on the streets for days after their weekly collection has been made.

Support Our Dingley Village Shopping Centre - Christmas Shopping

It is in your interest to shop locally this Christmas and support our local shops and restaurants traders, enabling them to continue providing us with great local services right here in Dingley Village.

Please remember - each dollar you spend locally helps keep our shopping centre strong and vibrant for us all.



DVCA

DVCA is actively seeking new enthusiastic members to join and help keep our village a great place to live and work in. Membership is open to all residents who genuinely care about our Village.

Meetings are held in DVNC Cottage Room adjacent to the library, on the second Tuesday each month, February-November, at 7.30pm.

New members are most welcome to attend. For further information please contact Leigh (President) and David (Secretary) at dvcasecretary@gmail.com, or visit www.dvca.info.

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Lily Brown



Vicki Smith



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Svetlana Marchese



Debbie Owen



Kathy Tiermanis



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Chelsea

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Chelsea

9586 0500

bayside@barryplant.com.au

OUR COUNCIL

Changes to Kingston's hard waste collection

Providing greater flexibility for households and working to reduce illegally dumped rubbish are the key aims of changes to Kingston Council's hard rubbish collection service.

The free hard waste collections provide an opportunity for Kingston's residents to dispose of e-waste, white goods, furniture and mattresses, among other approved household items.

Council has recently endorsed changes to the hard waste collection service. Commencing from July 2023. The hard rubbish collection will move to a fully "on-demand" service, with owners and tenants on Kingston's waste service able to book two pick-ups each year on the dates and at the times that suit them.

Traditionally Kingston has had one collection per year during spring (this year's collection has just been completed), however the community has expressed a clear preference for more flexibility.

Kingston Mayor Steve Staikos said illegally dumped rubbish is a major ongoing issue across the city. "While most people do the right thing, we are seeing an increase in illegally dumped rubbish, with the cost to ratepayers now well in excess of \$200,000 annually," Cr Staikos said. "Three alarming criminal cases of 13, 30 and then 97 tyres being dumped recently highlights what we are dealing with and why we are looking to make changes.

"While the hard waste disposal and recycling guidelines won't change, we believe that expanding the service to two on-demand collections per year and introducing flexibility will reduce instances of illegal dumping across Kingston. In turn less waste will be sent to landfills and recycling will increase. "The change to the hard waste service is part of significant work being done around waste, recycling and resource recovery, with a view to improving sustainability and promoting better environmental outcomes," Cr Staikos said.

People found guilty of dumping rubbish face fines of over \$6,000, and Kingston Council actively investigates dumped rubbish to identify its origin. We have CCTV cameras that are moved around key dumping hot spots in industrial areas in our Green Wedge and have caught illegal dumpers. If you spot someone dumping rubbish please note down as much detail as possible and consider taking photos, as the evidence will assist officers in their investigations and potential prosecutions.

You can make a report online at kingston.vic.gov.au or phone **1300 653 356**.

"Kingston Council still has a lot more work to do in the recycling and resource recovery space, with the roll out of the fourth purple-lidded glass recycling bin by 2027, and the need for the Food Organics Garden Organics (FOGO) green-lidded bin to roll out to thousands more homes across the city. Council is committed to doing this work in partnership with the community," Cr Staikos said. Cr Hadi Saab is Kingston's new mayor.

Councillor Hadi Saab has been elected as Mayor and will lead the Kingston community for the next 12 months. Karkarook Ward Councillor Saab was elected to Council in 2020 and this will be his first term as Mayor. Cr Saab said he was delighted that his colleagues had placed their trust in him and is humbled and honoured to serve and lead Kingston. "During my term, I plan on being an active and visible conduit between the community and Council - always championing community consultation," Cr Saab said.

"My focus will be on maintaining transparent communication, further bolstering advocacy, and fostering strong civic pride.

"Promoting and celebrating Kingston's multiculturalism, through our diversity and inclusion plans and the Back Your Neighbour campaign, is important to me and I want to increase accessibility for everyone to all our information, programs and services.

"Breaking down barriers and celebrating diversity is vital for building a more cohesive, connected, and inclusive city.



"Supporting our youths and young adults is also a passion of mine and I will be promoting opportunities and encouraging our young people to shape the future of our city through putting their hands up for public office and decision-making bodies," Cr Saab said.

Cr Saab said with so many major projects either underway or planned across the south-east, Council was in a unique position to provide our local knowledge and influence great outcomes.

"Whether it be the Chain of Parks project, Suburban Rail Loop and Level Crossing Removals, or the recycled water 'purple pipeline', advanced waste processing project, redevelopment of Kingston City Hall, the new aquatic and leisure centre, or so many more, it is a very exciting time.

"Council will continue working hand-in-hand with our community and I am confident that together we can deliver a bright future for the City of Kingston," Cr Saab said.

Como Ward Councillor Chris Hill was elected as Deputy Mayor for the next 12 months.

"I am proud to represent Kingston as Deputy Mayor and look forward to working collaboratively with the Mayor, councillors and the community to achieve positive results for the people of Kingston," Cr Hill said.

"I love where we live and I am looking forward to sharing many special moments with residents and community organisations alike."

Photograph: Cr Chris Hill (Deputy Mayor) and Cr Hadi Saab (Mayor) have been elected to lead the Kingston community for the next 12 months.

Significant progress for Chain of Parks transformation

Kingston is pleased that another 83 hectares of land has been purchased by the Victorian Government for the long-awaited Chain of Parks.

The Victorian Government has announced it has acquired the land in Heatherton and Clayton South to create a linked series of parks, trails and green open space running from Karkarook Park to Braeside Park.

Kingston Mayor Steve Staikos said he happy to see that key Chain of Parks sites had now been purchased and this generational project was progressing.

"Council has worked alongside our community for decades towards this goal, and it is extremely rewarding to see it finally becoming a reality," Cr Staikos said.

"We are finally seeing former landfills transform into green open spaces, here right on our doorstep. I would like to pay tribute to the many community groups that have worked tirelessly for years to bring the Chain of Parks – Sandbelt Open Space Project to life."

Kingston Council has also played a key role investing many millions of ratepayer funds to deliver parts of the Chain of Parks on council owned land, including the new Elder Street South Reserve in Clarinda opened in 2022 and Spring Road Reserve in Dingley Village which opened in 2016. Work also is now well underway in partnership with Cleanaway on a massive new 30-hectare park on Victory Road in

Clayton South, which is expected to open in early 2023. Karkarook Ward Councillor Hadi Saab said the Chain of Parks has begun to transform the Kingston Green Wedge and is having an incredibly positive impact on the community.

"While we welcome this significant step forward, we are disappointed that the Delta site has not been included in the recent land acquisitions by the government despite it being identified for public open space for almost 30 years and earmarked for a regional sporting facility," Cr Saab said. In the lead-up to the Victorian election both major parties have made commitments regarding a regional sporting facility for Kingston:

This week the Labor Party promised if re-elected it would commit \$1 million towards This week the Labor Party promised if re-

elected it would commit \$1 million towards identifying and planning for a new site for a regional sporting facility known as Kingston Fields located in the Green Wedge area of Dingley Village. Last month the Liberal/Nationals promised if elected they would scrap the SRL project/stabling yards and commit \$20 million towards a new active recreation reserve at the site.

If the stabling yard does proceed at the Delta site, the Suburban Rail Loop East Inquiry and Advisory Committee (IAC) report required replacement open space be delivered for the regional sporting facility. In August this year, Kingston Council called for any replacement site to meet the following standards

Information in Our Council articles is provided by City of Kingston



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Authorised by Mark Dreyfus MP, ALP. 566 Main Street Mordialloc 3195.

Pollen does more than make you sneeze. It can cause thunderstorm asthma, even if you're not asthmatic

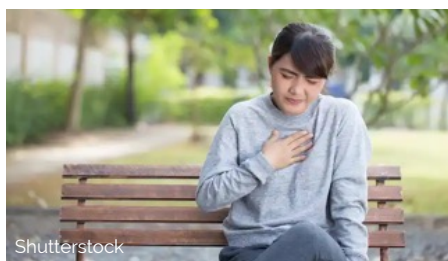
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Climate change has caused melting icebergs, flooding, and landslides. It can also bring about an increase in pollen levels, prolong the duration of pollen season, and cause more pollen-related health problems.

Pollen grains landing on the moist membranes of the nose or eyes cause "hay fever" (allergic rhinitis) in one in five people. This often leads to a runny or blocked nose and itchy eyes.

During the pollen season, people with asthma are at greater risk of a flare-up. Pollen can also trigger thunderstorm asthma, even in those who haven't been diagnosed with asthma and hay fever.

What is thunderstorm asthma?

Thunderstorms cause a drop in temperature and a sudden rise in humidity. This can cause whole grass pollen grains to rupture into particles that are tiny enough to penetrate deeper into the lungs, which causes thunderstorm asthma.

Because of this, a lot of people – even those with no known asthma – can be affected. The largest thunderstorm asthma event occurred in Melbourne during the

2016 grass pollen season – some 10,000 people were affected, and hospital emergency departments were over-capacity by at least 3,000 respiratory-related cases. Sadly, ten people also died from asthma that night.

Who is at risk of thunderstorm asthma?

Even people who do not have a history of asthma are at risk of thunderstorm asthma. However, research has shown some people can be more susceptible to pollen than others. This includes:

- Those with pollen allergy, specifically ryegrass pollen allergy.
- People who have respiratory conditions such as asthma, hay fever, a cold, and COVID.
- Being outdoors at the time of the thunderstorm.
- People who are of Asian ethnicity.
- People living in areas with lots of plant life.
- Children with a food allergy or eczema.
- Those with exposure to high levels of air pollution.
- Those with lower socioeconomic status, as reduced access to health care and poor-quality housing can exacerbate symptoms.

In our research, we found people with co-existing allergic conditions (such as asthma and hay fever) to be more impacted by pollen compared to those with single allergic conditions (such as asthma only).

How else can pollen cause harm?

Even outside of thunderstorms, pollen alone can cause asthma attacks requiring hospitalisations, respiratory symptoms such as wheezing and runny nose, and reduced lung function, making it harder to breathe.

Despite a low mortality rate, allergic asthma and hay fever can cause further burdens such as additional health-care costs and poorer physical and mental health.

Our yet-to-be-published research has shown grass pollen may trigger a general state of heightened immune responses, leading to increased risk of eczema flares in children. Other studies have indicated children with eczema experience more symptoms such as a higher intensity of itchiness and rash on days with high levels of grass pollen.

How can you prepare?

So, what can you do to prepare for the grass pollen season and the threat of thunderstorm asthma?

- Download your state's emergency services app, such as the Victorian Emergency App, which can provide thunderstorm asthma alerts.
- Keep an eye on pollen counts (see below for useful websites) keep doors and windows closed on high pollen days.
- Use air purifiers.
- Stay indoors during high pollen counts, or thunderstorm asthma alerts plant non-allergenic flowers if you have a garden.
- Keep wearing a face mask. Masks have shown to be very effective in reducing the risk of COVID-19 infection and pollen-induced respiratory symptoms.
- Take anti-asthma medications. Reliever medications are available over the counter. Preventer medications offer much stronger protection but require a prescription from a doctor. They also need to be used preventatively in the setting of pollen-induced asthma, or in severe hay fever, to prevent thunderstorm asthma.
- Take antihistamines such as Zyrtec, which can be used both on an as-needed basis or more regularly through the pollen season. However, it does not treat or prevent asthma.

If you know you suffer from asthma, hay fever or pollen allergy, you are at risk of thunderstorm asthma. Aside from taking advantage of warning systems and staying out of the storm, you should see your doctor and have an asthma puffer at hand through the pollen season to keep yourself safe. Your doctor can advise you on the correct treatment.

Research including our own has shown pollen exposure can have a lagged effect on the lungs and airways. This means asthma attacks or respiratory symptoms can sometimes occur a few days after exposure. So, if you forget to take medications pre-emptively, it's not too late. However, go to a hospital if it gets severe.

Refer to the following websites for useful daily pollen information in Australia: AirRater or AusPollen.

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LOOKING AT LOANS



Are You The Weakest Link?

As the covid induced medical emergency has waned, economic storms are replacing it. Interest rate rises are biting, but not yet hurting too much. Strong employment, savings, and many still enjoying having fixed lending at rates as low as 2% are assisting in that.

However, your savings are limited, and that low fixed rate will expire. Have you budgeted for the known repayment increase to come?

Each person has their own numbers to look to – but as an idea of the effect, let's assume 25 years left on the term of the loan, and a 3% rate increase, say from 2% to 5%. The principal and interest repayments will then increase from \$423.85/month to \$584.59/month per \$100,000 of debt, an increase of \$160.74/month. So, for a \$400,000 loan simply multiply all those numbers by 4 (you should do it for your total debt limit).

Loan Size	Term remaining	Rate	Monthly Repayment
\$100,000	25 Years	2.00%	\$423.85
\$100,000	25 Years	5.00%	\$584.59
\$400,000	25 Years	2.00%	\$1,695.42
\$400,000	25 Years	5.00%	\$2,338.36

On a total debt of \$623,000 that increase in repayments would then be \$1,000/month! Note that where the remaining loan term is shorter the difference will be even more substantial.

You can run your own detailed numbers on the website calculator, search for integrityfinanceaustralia.com.au, go to Calculators / Loan Repayment Calculator.

It is difficult to break into the property market. When you do achieve property ownership remember that is only the end of the beginning – once you own it, the real journey begins. You need to pay off the mortgage.

Numbers above are showing an interest rate increase of 3%. The Reserve Bank will be increasing the cash rate by a little more than that, so you need to be prepared for higher rates than quoted here. Every bank and every loan is different – what rate are you paying now?

It is in these changing times a review of your budgets and of your loans is even more important. Interest rates around the world will continue to increase until the economy reaches breaking point, then they will pause, then decrease.

You do not want to be the weakest link, you do not want to be the family that will break first.

Are you prepared? At Integrity Finance Australia we value the work you did to purchase. We have the knowledge; we can assist you to not be that weakest link. If you see problems ahead for you call us, before it is too late.

This message is not only for our clients, it is for everyone with a mortgage. Do you have friends or family we could assist?

Give your friends a special Christmas this year, introduce them to your broker! The world has moved quickly to dangerously higher rates, quality credit advice is more important than ever.

If you or someone you know needs a review of loans or further information, call **03 9511 8883**, email support@ifafinance.com.au or contact your broker directly.

Integrity Finance Australia has been serving the Dingley Village community since 2006.

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the latest news from #DingleyVillage



Colouring Competition 7 to 11 yrs old

Name: Age:

Please return entry to Neighbourhood Centre 31B Marcus Rd by 14th December



Contact details: (Not for Public display)

Colouring Competition 6 and under

Name: Age:
Please return entry to Neighbourhood Centre 31B Marcus Rd by 14th December



Contact details: (Not for Public display)

LETTER TO THE EDITOR



AustralianSuper destroys our environment

AustralianSuper was offended when Kingston Council rejected their plans to remove 23 more trees. So they lawyered up and successfully appealed to VCAT, resulting in some, but not all, destruction approved. We call it environmental vandalism. Since the beginning they have presented plans to replace trees with roads and units. One plan left just 19 trees standing! This from a \$260 billion company that claims to be environmentally friendly. If you have invested in AustralianSuper, we recommend you write and ask them to stop destroying trees and vegetation and Kingswood. Plus "how can they say they are environmentally friendly, and complying with ESG?" Also "we object to and estimated million dollars of investors money being squandered on four sets of plans, Public Relations Campaigns, QCs and Lawyers. All before sitting down and talking with Council and residents."

Decision about Kingswood golf Park - WHEN?

The Planning Minister refused to make a decision on Kingswood before the election. WHAT ARE THEY HIDING? Bad news, that would have affected votes? It is so wrong that one person will make a decision on Kingswood, after Kingston Council rejected four plans and we mustered 8,000 objections.

Kingston Council have been awesome

Please thank Kingston Council for their massive physical and financial

support against this giant company. Cr. George Hua said "AustralianSuper is the worst developer ever".

Who is the owner?

If you see other names associated with Kingswood like ISPT, they are contractors to AustralianSuper. The outright owner is AustralianSuper. You may also see ASRP1, which is a company set up by AustralianSuper. However in much of their advertising they have no name shown!

Village Character under threat but Government can do the right thing.

We have shown much interest in the 200 three storey units being imposed by government on Dingley Village, around the shops, because if they happen, they will be a couple of hundred metres from Kingswood. So the developers will cite precedent. If the plans are approved on the Kingswood golf Course Park, that would then total nearly 900 three storey units in Dingley Village.

All avoidable and of much concern like the development opposite Bunnings near Springvale Road. Did you know the units referred to did not go through council, but instead the private surveyor system?

An academic recently said: "The key opportunity was to encourage denser populations in middle suburbs" Fortunately not all academics agree with the "sardine" principle.

WRITERS CORNER



A Phrase in Time

A moment in time at the Dingley Village Neighbourhood Centre, last Wednesday. The small but focussed bunch of locals had gathered, as they did every week at 10 am on that day, to discuss the latest work of their Writing for Pleasure Group. As was customary, they had exchanged their stories over the previous days and were attempting to discuss the offerings of each person. All were willing to accept the title of writer - so they could socialise and improve their writing skills.

If you write anything, you're a writer.

Support from other members had helped them to grow as writers - children's stories, adult fiction short stories, non-fiction essays, memoirs, poetry. All of their contributions had humble beginnings.

They called themselves the Magnificent Five - Lance, the most recent to join, asked this every week ... how they could somehow entice a few more members. "At least two, and then we would be the Magnificent Seven," he chuffed.

"It's not a select Club. You don't have to prove anything to anyone. That was what the previous Convener of the Group had said to me." Christine was speaking, she is a young Mum of two beautiful children who somehow finds the time to be in the group.

"I was a little nervous when I joined up. I had always wanted to write after I left school. I was good at English Expression, so I have given it a shot and have enjoyed every moment since. Maybe one day I will write a children's book or have my short stories published, who cares. I love being creative. When I finish a story and share it, often I stop and think, did I write that?"

"Yes, you will Christine." Tony went on. "Now, we've tried everything except hold a sausage sizzle outside Woolies." Tony, the wisest and oldest living writer in the group with years of words under his pen. "When will they come?" he asked. "Build it and they will come, who said that. Socrates? Oscar Wilde? Dickens? We have built the first chapter of our Group. Who will join us?" It was a question they all struggled to find an answer to.

"The saying didn't have Greek philosophic beginnings, Tony. It was Kevin Costner playing somebody or other in the Field of Dreams movie." Paul was eager to find a solution to their challenge of how to expand their membership. "I think it's because people see the name Writing Group or Writing for Pleasure and their conclusion is that they have to be a "successful" writer. Not true."

"We are just like anybody, weren't not that special, although I do have a great Scottish accent imbued with a Kiwi lilt." It was Lance. "I hadn't written much since High School until I joined this Group," as Olivia chimed in. "We were only three when we started, way back in an earlier part of the century, but our writing has always had the power of many. Now we are five. Seven would be great Lance, but can we think big, ten?"

"Ten. Oh, that would be marvellous," said Paul. "I used to dream of us being a ten. Could that happen? I like the way we enjoy each other's company each week, our lively discussions, the positives that we all give each other about whatever we have written, and advice if we want it."

Tony was watching the group from the other end of the spacious room, a long square table separating the five in the room fashioned after a small room in a pioneer's cottage from the Dingley region in the 1940's. The scent of history and the traditions of writing were never lost on him. "I see a time not too far distant when we will have a room replete with interesting people, all with a story to tell of their own lives or stories they will build with our friendly support."

The group became silent. The rest of the group saw what Tony envisaged and a burst of sunlight filled the room.

Warren D

The Dingley Village Writing For Pleasure Group meets each Wednesday at 10 am at the Dingley Village Neighbourhood Centre. Our small group is comprised of members with varying talent and experience. Some have never written at all prior to joining us. Contact Warren at wasadunc@bigpond.net.au with any enquiries.

DOLLARS & SENSE



Important points to consider during your 50s

For many people, the decade between ages 50 to 60 represents a time of significant change.

Some changes may be welcome, while others may be more difficult to manage. Either way, it is as important as ever to plan your way through this time of greater freedom and opportunity but also of uncertainty.

The following are financial planning issues common to those in their 50s.

What sort of lifestyle?

Sometimes life has been so busy there has been limited time for choice – the kids' school and university fees, mortgage payments and work pressures have been enough to worry about. Between age 50 and 60 it can be a challenge to choose what you (and your partner) really want for the next few decades.

How much do you need in retirement?

This will depend on how you live. Setting a budget for your life in retirement is a vital step in achieving your retirement wealth target. Will you have enough invested to fund your entire retirement, which could be as long as 20 or 30 years?

Are your investments suitable?

Now is the time for you to ensure that your investments are working as hard as possible for you. Review your portfolio to determine that it still holds the most appropriate assets.

If you have life and income insurance policies, do you have the right level of cover for your current circumstances?

There is no point paying premiums for cover you don't need – but on the other hand, take care in cancelling cover just as you reach an age when you might need it.

Are you taking full advantage of superannuation?

Superannuation is clearly the most tax-effective way to accumulate money for retirement and provide capital and income in retirement. Taking advantage of investing in super can make a big difference to reaching your retirement target, but there are many rules and regulations you must be aware of.

Have you planned beyond your lifetime?

As you move through your sixth decade, how is your family changing? Are grandchildren starting to appear? Or perhaps you have more than one family after separation, divorce then a second marriage.

Taking time to think about how you want your assets to be distributed after your death can save a lot of heartache for those left behind.

Don't forget that the payouts from life insurance policies and superannuation don't necessarily form part of your estate and may need to be distributed separately from your Will.

With all of these points to consider, the first step in updating your financial plan may be the hardest – but it is also the most rewarding.

Your licensed adviser can help you focus on the next stage of your life with better certainty.

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LOCAL SPORTS



Dingley Football Netball Club



Cricket season has only just kicked off due to wet weather but preparations for the 2023 football season are in full swing, with pre-season training already underway for the senior squad.

As the former Dingley Sports and Recreation Club is now a building site, next year will mean that we will be without social facilities. This presents many challenges. The club is especially looking for small businesses to come on board with sponsorship. Souter Oval will still host the full fixture of matches and the club offers ground advertising to those who wish to promote their business.

Call Clint on **0428 816 890** or email president@dingleyfc.com if you want to join us at the Dingo Den.

We are expecting a spectacular new sports complex to emerge by the end of next year. Despite the ongoing building works, the players pavilion will still be available for training and for matches in 2023.

The Junior Club has now fully relocated to Chadwick Reserve in Howard Rd, which has considerably lightened the 'wear and tear' on Souter Oval, which is in beautiful condition.

The football department has worked hard since the end of last season. Recruiting and re-signing most of the 2022 squad has been an ongoing process and there is a confident feeling among the group about next year's prospects. Senior player Jack Williams, continues his recovery from a second major knee injury and has recently been appointed as assistant coach to new senior coach Zach Horsley.

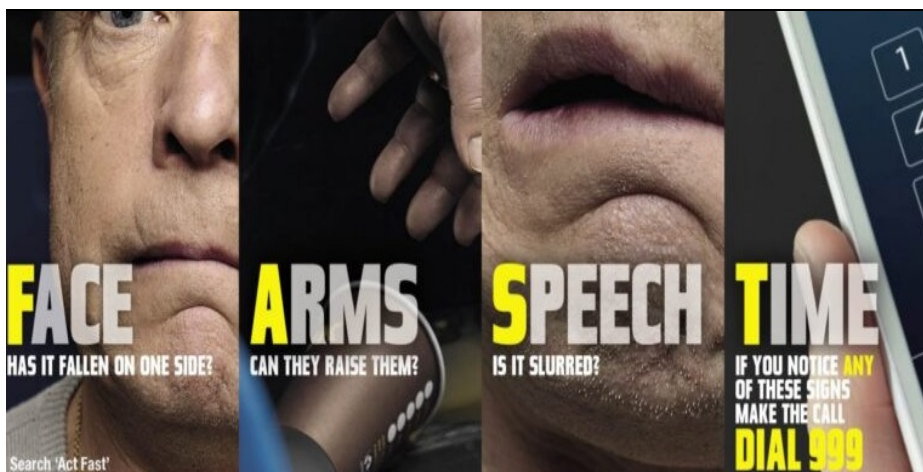
Jack's commitment to the club is typical of the playing group, which has a strong bond and a strong sense of loyalty to the club. Stefan Lambie will coach the Under 19s. Stef is another great club person and footy talent, whose career has been restricted to just a handful of games in recent years also due to injury. These two appointments are great wins for the club as they are both quality young blokes with lots to offer.


Congratulations also go out to Lucas Walmsley and Lachie Lambie who were elected in the SFNL Team of the Year. Your Dingley Football Netball Club is now looking forward to next season and wishes all our supporters, sponsors and all readers of the Dossier our best wishes for the Christmas season and hope to see you enjoying your local footy in 2023.

The Hunt is on! Go Dingoes."
- Brian Edwards for DFNC



Senior Team, last home and away game 2022.





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SCANNING THE SCHOOLS

Dingley Primary School



Day for Daniel Walk-a-thon

On Tuesday, 8th of November, Dingley Primary participated in a Walk-a-Thon to raise money for the Daniel Morcombe Foundation which provides personal child safety education to children and young people. Staff and students wore red and walked several laps of Spring Road Park to remember Daniel and represent child safety.

Over \$19,000 was raised for the foundation which was a wonderful effort! Thank you to the SRC and Miss Cooper for organising this special event and to all the volunteers who assisted on the day.



PYP Exhibition

As part of the International Baccalaureate Primary Years Program (PYP), Dingley Primary School's Year 6 students presented their PYP Exhibition (PYPX) this term. The PYPX is a wonderful opportunity for the students to identify a global issue that they are passionate about, then research and take action through a personal inquiry project.

The younger students were very impressed by the presentations prepared by the Year 6s and it was great to see so many families visit the PYPX to share in the students' learning journeys.



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End of Year Celebration and Twilight Market

We would like to invite members of the Dingley community to join us for our End of Year Celebration and Twilight Market from 2:00pm to 7:00pm on Thursday the 15th of December. Come along to enjoy our students performing some wonderful celebration songs between 2:00pm and 3:30pm.

Food trucks and market stalls will be available from 3:30pm onwards; so, bring a picnic blanket and enjoy some of the delicious food on offer! There will also be family games and activities taking place between 3:30 and 4:30pm.





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Welcome Dr. Georgia Maloney

We are super excited to be introducing you to a new face at Dingley Eye Centre.
– Dr Georgia Maloney! Georgia comes to us with a decade of optical industry experience in both corporate and private practice and is an expert in dry eye therapy. Get to know her with four fast questions before booking in your next eye test:

1. Tell us about you. How did you come to be an optometrist? What is your background?

I am a Victorian born and bred, growing up in Eltham and undertaking study in Burwood as well as Waurin Ponds, Geelong. I graduated with distinction in 2015 with a Bachelor of Vision Science and Masters of Optometry degree and quickly got to work at a corporate practice in Melbourne's CBD where I honed my skills in general optometry and immersed myself in the world of dry eye therapy. In the several years following, as well as continuing my clinical work I also undertook further education in myopia management, was involved in mentoring students and graduate optometrists and engaged in media and public speaking opportunities, spreading the word about the wonders of optometry.

2. Do you have any particular areas of interest within optometry?

Preventative health care has always been a core pillar of my clinical practice as I believe it can lead to better outcomes while

empowering my patients to affect their own health in a positive way. One way I bring these values to my everyday practice is by providing dry eye therapies including Blephasteam treatments, dietary advice and daily hygiene regimes to treat the anatomical causes of dryness, rather than a "band aid" approach of eye drops on their own. Also, myopia management in the forms of therapeutic drops and/or specialist contact lenses allows me to identify at-risk children and slow the progression of short-sightedness, in turn reducing the future risk of disease such as myopic macula degeneration and retinal detachment.

For me, optometry marries the worlds of health care and fashion perfectly. It gives me great satisfaction to give my patients the best visual outcomes while also looking fabulous in their new frames - or conversely when providing the freedom of contact lenses.

3. What do you love the most about testing eyes?

As someone who suffered eyestrain and headaches silently for years, I can certainly empathise with many of the patients that I see. Nothing makes me happier than making my patients more comfortable and improving their quality of life with new spectacles or contact lenses. In a similar manner, being the catalyst for a patient to visit their GP and attend to any of their own systemic health issues is very rewarding - I had a patient recently return and tell me he was three months or less away from a heart attack and a lifesaving stent was inserted after I sent him back to his doctor for further testing!

4. Outside the clinic, what do you enjoy doing?

Outside the consulting room, I enjoy eating and drinking my way through Melbourne's vibrant food scene and attempting to recreate those delicious dishes in my own kitchen. I love to travel, hit the beach on sunny days and spend time with my French bulldog Griffin.

Insightful Eye Care- Dingley pride ourselves on our knowledge and desire to stay up to date with the latest research to better look after your eyes and preserve your vision. We are passionate about your sight and the health of your family's eyes.

We wish you and all your loved ones a wonderful festive season and happy holidays. Thank you for your wonderful support in 2022 and we look forward to continuing to take care of you and your family's needs in 2023 and beyond.

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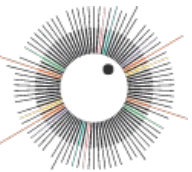
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The exhibition period for the redevelopment plans is now complete but you can still see what's being proposed by visiting the project website.

The website will publish the latest information about the planning process, about maintenance, tree and site management. And there are contact details for those with queries.

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CIRCLING THE CLUBS



Dingley Village Senior Citizens Club Incorporated

Well, December has arrived, and the Festive Season is just about well and truly on us. We would like to take this opportunity to wish you all The Best for the Christmas Season.

Please take care and stay well. We will only have two meetings for December and these arrangements are as follows:

- Monday the 5th of December – a Luncheon at the Village Green; and
- Monday the 12th of December – our Christmas Break Up and Lunch to be held at the Club.
- We would especially thank those Members who contributed to our Afternoon Teas during the past year.

A Happy and Healthy New Year to all of our readers. Our first meeting for 2023 will be held on the 23rd of January. This will involve a Committee Meeting to be followed by Games.

For more information, contact our President, Mary, on **0439 426 728** or our Vice President, Joan, on **0421 736 795**.

Boomerang Bags, Dingley Village



Our aim is to REDUCE waste, REUSE quality shopping bags and RECYCLE fabric. Boomerang Bags Dingley Village is a community group which creates reusable shopping bags from donated recycled fabrics. You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

The group meets each Thursday morning, subject to COVID19 restrictions, at the Dingley Village Neighbourhood Centre, 9:30-12pm.

If you have clean sheets or fabrics you would like to donate, please contact Debbie **0411 058 804** or Helen **0425 862 718**.



Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
Monday	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
Tuesday	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
Wednesday	9:00am - 12:00 pm	Bike Riding Group & Music Group
Thursday	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
Friday	9:00am - 1:00pm	Members Muster This is our main day!

Every Friday Morning (except holidays as designated). come along, enjoy a cuppa, a chat & meet with your fellow shedders. We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp.

Other Activities from time to time include: Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's. plus, the occasional outing to places of interest. The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. **9551 5892**.
E-mail: info@dvms.org.au
www.dvms.org.au

Country Women's Association Dingley Village



"All women, all ages, all places. grow, connect, improve."

Christmas is just around the corner now and we have been busy for some time making items for our Christmas Cake & Craft Stall to be held on Friday the 9th of

December, 2022 at Woolworths Supermarket, Dingley Village. There will be plenty of handmade and home cooked items for sale including a large range of Christmas things. We look forward to seeing you.

We would like to take this opportunity to thank Dingley Village residents who have supported us through the year with their knitting and crocheted items. They were gratefully received by the various organisations we support, and we take this opportunity to wish everyone a very Happy Christmas.

Our next Craft Meeting will be held on Wednesday 11th January 2023 at the home of a member. Our next Business Meeting will take place on Wednesday 25th January 2023.

In 2023 our meetings will be subject to Covid guidelines. If you need any further information about C.W.A or would like to consider becoming a member, please contact either - Kathie on **0403 468 969** or Julie on **9584 1139**.

Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 8th December and the January one on the 12th.

Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner on the last Saturday of the month is proving popular with members and the next one will be on the 31st December which of course coincides with New Year's Eve. It is proposed to hold our December dinner dance at Springvale RSL on 17th. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

To all our members and Dossier readers we wish you all a merry Christmas season and a Happy New year.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on **9551 3462**. PS – Another year nearly passed – make the most of the upcoming year 2023.

Probus Club Dingley Central



After a few cancellations due to COVID, 21 enthusiastic travellers left Dingley by coach, for their much awaited tour to the magnificent Snowy Mountains Region of NSW. Travelling through the beautiful countryside, and enjoying local hospitality along the way, they arrived at Cooma for a 3 night stay.

Some of the highlights of this region, were visits to the Jindabyne Cultural Centre, Alpine Village of Thredbo, Spectacular Scenery, Snowy Hydro Discovery Centre, Snowy Mountain Museum and Adelong Falls Gold Mill Ruins.

2 nights were spent at Tumbarumba. Next morning a scenic drive to the Memorial to the Southern Plane Crash, lunch at Bray Mont surrounded by six acres of beautiful gardens, and a visit to the historic Jingellic Pub, before a farewell dinner that night. On the last leg of the tour, they called into the Granya Pioneer Museum, then onto Glenrowan to visit the Ned Kelly Museum, before arriving home late afternoon. All Agreed it was a great tour.

Activities for December: Happy Hour, Camera Club, Morning Melodies, Legs and Morning Coffee, Wine Tasting and Christmas Lunch Our meetings are held on the 1st Monday of the month at 10am at "The Salvation Army Kingston City". 13/ 12-16 Garden Boulevard, Dingley Village.

New members are always welcome. For further information please contact Jean on **0438 272 232**.

Lions Club of Dingley Village



Lions is an international non-political service organisation and is the largest of its kind in Australia. Lions assist with local community fundraising for special causes and helps build local parks, community venues, and sporting centres. In addition to community service, Lions Australia has a history of providing natural disaster and emergency relief, as well as supporting medical research.

Lions are people who get involved in humanitarian efforts locally, nationally, and internationally.

If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre.

Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in. Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – **9551 3770 /0488 004 809**. dingleylions@gmail.com

Burden Park Bowls Club



The good news is that if you have been thinking of joining a lawn bowls club, this is your time to act. So come down and have a go, you will love it. We are currently looking for new members to play lawn bowls and are offering all new members, men, women and children a deal you can't go past.

If you're interested in having a bowl, give Rob a call on **0407 326 481**, he'd love to hear from you. We are located on the corner of Springvale Rd and Heatherton Rd Springvale. We hope to see you soon.

Rotary Club Noble Park – Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings.

VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education.

Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or **0419 309 931**.

Meeting; Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.



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FAITH

Kingston City Church



Our Vision: Connecting People To Jesus Christ

Our Mission: Reach, Restore, Relate, Resource And Release.

Ph: 8551 6600, Fax: 8551 6690.

Web: www.kcc.crm.org.au

Email: admin@crm.org.au

Senior Pastor: Dan Parker

Sunday Services: 10am Service has Children's Ministry.

Kingston City Church is Celebrating Christmas!

Sunday 11 December - 4.30pm to 7.30pm.

Kingston City Church will not have a morning service on Sunday 11 December. Instead, we are having our Christmas celebration at 4.30pm to 7.30pm.

We will have outdoor activities on site from 4.30pm to 6pm. There will be a petting zoo and jumping castle for the kids and for those that are a bit peckish, a sausage sizzle, donuts and coffees will be available to purchase.

Then at 6pm, we will head into our Auditorium for an evening of Christmas carols from our KCC worship team. The kids from Kingdom Kids will also be performing a Christmas play and song. It will be an awesome afternoon and evening of family fun, fellowship and celebration.

All are welcome to come along and celebrate the birth of our Lord and Saviour Jesus Christ.

We hope to see you there on Sunday 11 December. From Kingston City Church, we hope that you have a lovely Christmas and New Year.

Heatherton Dingley - Uniting Church



Cnr Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone 0431 244 561
www.heathertondingleyca.org.au

Our Vision and our Mission:

To seek to connect people to God and each other.

*Heatherton-Dingley Uniting Church
- Meeting U at the Crossroads of Life.*

What's On

Wednesdays

Prayer meeting at the church 9.00 – 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on 0401 392 772.

Know Your Bible

9.30 – 11.00 a.m. An interdenominational study of the Bible for women. For further information contact Jennifer on 0419 115 811.

First Friday Of Each Month

Indoor Carpet Bowls – 7.30 p.m. in the Church Hall followed by supper

Second And Fourth Thursdays Of The Month

Unleash the Music in You – 8.00 p.m. at the Church. For further information contact Bob Lorraine on 0418 998 714.

Queer Allies

A Peer Support Group for family and friends of LGBTQIA+ people to share the journey of growing in understanding, acceptance and support. Meets on the second Tuesday of each month at 7.00 p.m. Questions: Andrea Mayes 0408 65 939 or heathertondingleyunitingchurch@gmail.com.

Christmas Services

Carols By Candlelight – Sunday, 18th December at 7.30 p.m. followed by supper. Christmas Day – 9.00 a.m.

Village Church Dingley



Village Church Inc.
"Inspiring People to Discover and Develop Life in Christ"

Phone number: 8712 8254

Email: admin@villagechurch.org.au

www.villagechurch.org.au

Our Church program for December is as follows:

Christmas Day

9.00 a.m. Christmas Worship Service at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au>

Sundays

10.00 a.m. Worship Service at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au>

*Kids Church at 7 Fiveways Boulevard, Keysborough - 10.30am for 4-year-olds through to Grade 6. All welcome.

Guest Speakers

Sunday 4th December, 10am Pastor Wesam Saad from Saving Grace Bible Church, Tullamarine. Sunday 18th December, 10am Marcel Enuica from Voice of the Martyrs

Prayer Time

Weekly - Wednesdays 10-11am at 7 Fiveways Boulevard. Monthly - Saturday 17th December; 9-10am at 7 Fiveways Boulevard and Monday 19th December 7.30-8.30pm via Zoom. Contact office for link.

Bible Study

*Women's – Precept Ministries study on Genesis. Thursdays fortnightly at 7 Fiveways Boulevard, 10-11.30am 8th December and repeat alternate fortnights 2.30-4pm via Zoom. Contact office for Zoom link.

Monthly Ladies Group

Sisters in Christ - Final gathering for the year, Sunday 4th December, 6.00pm at 7 Fiveways Boulevard.

Monthly Men's Group

Men of Faith - once a month, Sunday 18th December, BBQ starting at 4.30pm and study/discussions starting at 6pm, 7 Fiveways Boulevard.

Life Groups

Contact office for venue details. Springvale Monthly - Thursday 8th December, BYO dinner to share at 6pm, study at 7pm.

Lynbrook Fortnightly - Tuesday 6th and 20th December, study and fellowship at 7.30pm. Young Adults Fortnightly - Wednesday 14th December, study and fellowship at 7.30pm.

*Youth Group

Every Friday during school term, 2nd, 9th and 16th December 7.00-9.00pm at 7 Fiveways Boulevard for Years 7-12 youth. Contact the office for further details and to register your interest.

*Not held during school holidays.

Marraige and Family Support

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all.

As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you.

Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on **0481 352 404**, we'd love to be able to encourage, support and strengthen you.

Our Church Office is at 7 Fiveways Boulevard, Keysborough. Please feel free to call Lesley on **8712 8254** with any enquiries you may have and leave a message if the office is unattended.

Our Pastor is Rodney Hole who may be contacted through the Church Office.

Christ Church Dingley - Anglican Church



Sunday Services

9AM Heritage Church Service
10.30AM Worship Service in the Auditorium with Sunday School for kids

2nd Tuesday Monthly Service

2PM Traditional Holy Communion with favourite hymns in the Heritage Church followed by social afternoon tea. Transportation available upon request. Please contact our office **9551 7871**.

Weekly Prayer Meetings

Wednesday 1PM in the Heritage Church
Saturday 8AM in the Atrium. Healing & Prayer Ministry available upon request.

Roundabout Op Shop

Offering many bargains (good quality clothing, books, bric-a-brac, toys)

Volunteers Welcome!

Opening Hours:

- Wednesday 9.30 am – 4pm
- Thursday 9.30am – 1.30pm
- Saturday 9.30am – 1.30pm

Donations: We take clean useable items but cannot accept electrical goods, bedding or baby/child equipment.

Connect Groups

For more information, please contact our office **9551 7871**.

Other Supported Missions

Medical Mission Auxiliary (MMA)

Fundraising stalls open on 1st Sunday Monthly after morning services. Offering beautiful handmade goods, yummy jams, cakes, and relishes. Funds support medical supplies to hospitals in Tanzania, Nepal and Kenya.

ALPHA Courses

(Resumes on March 2023)

Join us to freely explore life and the basics of the Christian faith in a friendly, open and informal environment.

Christian Against Poverty (CAP)

A free course to help manage & budget finances.

English Second Language (ESL)

Course to help migrants needing to learn.

Professional Counselling

Please contact our office **9551 7871**.

Parish Office

Senior Pastor: Richard Loh
Parish Office: **03 9551 7871**
Email: admin@ccd.org.au
Website: www.ccd.org.au
Other Supported Missions

St. Mark's Catholic Church

511 Lower Dandenong Road,
Dingley Village, 3172.
Phone: **9551 6930** or **9547 4877**
Email: Springvale@cam.org.au
Website for further information:
ST JOSEPH SPRINGVALE | Catholic church. Parish Priest: Fr. Joseph Truong
Nguyen OFM Conv.

Mass Times

Saturdays, 6pm
Sundays, 9.30am
Confession before Mass on Saturdays

Echo Church

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Vision: 'heaven to earth'

"Your Kingdom come, your will be done, on earth as it is in heaven."

- Matthew 6:10

50 Tootal Rd. Dingley Village
info@echochurch.org.au
www.echochurch.org.au
Sunday's at 10AM
Senior Leaders: Justin & Leigh Box

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village, Office Phone: **(03) 9558 2045**

facebook.com/KingstonCitySalvos
www.salvationarmy.org.au/kingstoncity/

Corps officers (ministers): Major Jennifer Cloke and Auxiliary Lieutenant James Singer

Hours of operation: 8:30am – 5:00pm
Monday, Wednesday, and Friday or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

Family Worship or Service

If you would like to receive a video link to our Sunday worship services, or a Sunday worship pack sent by mail, please email kgreception@gmail.com or phone **9558 2045** and we will be in touch.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief (currently via phone). Please phone **9558 2045**, Wednesdays, Thursdays & Fridays 10am-4pm.



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THE DINGLEY DOSSIER

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Email: dingleydossier@dvnc.com.au

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We appreciate contributions from the community. Please contact us for details.

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Dingley Village, 3172

Submission deadline:
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Full terms and condition available on website www.dvnc.com.au
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