



The DINGLEY DOSSIER

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WIN FOR LOCAL COMMUNITY GROUPS



COMMUNITY GROUP OF THE YEAR

Save Kingswood Group were awarded Community Group of the Year as part of Kingston Council's annual Australia Day Breakfast on Saturday January 26 at the Kingston City Hall.

"The Save Kingswood Group dedicated large amounts of time door knocking the community, holding public meetings and encouraging locals to get involved in the democratic process," Cr Oxley said.

The Save Kingswood Group was elated to win this amazing award and want the community to know it's a community effort - this is Dingley's award!! They also thanked Dingley Village Community Association for nominating them.

FEDERAL GOVERNMENT GRANT FOR DINGLEY VILLAGE MEN'S SHED

Mark Dreyfus MP for Isaacs visited the shed on the 18th January to congratulate the shedders on their Strengthening Communities grant of \$8,600 which will allow them to finish works in the amenities shed. Each federal electorate is allocated funds for Strengthening Communities Grants that eligible community groups can apply for. Contact Mark Dreyfus' electorate office on 9580 4651 to find out more information or drop by his stand at the monthly Dingley Village Farmers' Market.



DINGLEY VILLAGE CONTINUES TO HELP OTHERS

Once again the Dingley Village Neighbourhood Centre has delivered boxes of donated toiletries to the Dandenong Neighbourhood House Refugee/Asylum seeker group and by the time you read this, those toiletries will have been made up into packs and be in the hands of those affected by the floods in Queensland. The Refugee/Asylum seekers group make up toiletry and hygiene packs from donations and these are then given to those in need including, the homeless, women and children in shelters and temporary housing and victims of disasters. Sharon facilitator of the group thanked the community of Dingley Village for all their donations of toiletries and that the project was important to the Refugee/Asylum seeker group as they feel they are making a contribution and giving something back in response to kindness shown to them.

How can you help? The Neighbourhood Centre is asking that you keep those toiletries supplied when you stay in a hotel (you have already paid for them in your room fee) and drop them off at the Centre. They also accept donations of any toiletries, not just those from hotels.

Another way to help others is Lions Recycle for Sight Australia, over 26 years, the program, has delivered over 7 million pair of refurbished quality spectacles to men, women and children in need in Africa, Europe, Middle East, Indian Sub-continent, East Asia, and the Far East, China, the countries of the Pacific Rim and Southern Asia and Oceania. In the past 10 years several members of our Marine Branch have been able to use their oceangoing yachts to reach and test villagers, in the remotest areas for eyesight and deliver spectacles to them. They also refurbish hearing aids which are also then given to those in need. You can drop off your donations to the Dingley Village Neighbourhood Centre in Marcus Rd.



LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: **000**

Lifeline: **13 11 14**
SES: **13 25 00**

Poisons Info: **13 11 26**
Nurse on Call:
1800 022 222

National Security:
1800 123 400

Cheltenham Police
Station:
9583 9767

MensLine:
1300 789 978

WIRE
(Women's Information and Referral
Exchange):

1300 134 130
The Orange Door
1800 319 353

Tip Smells & Dust:
EPA **1300 372 842**

Cleanaway
1800 213 753

Aircraft Noise:
1800 802 584

Neighbourhood Centre
9558 1866

Community Association
9551 5442

Men's Shed
9551 5892

VicRoads Faults and
Hazards:

13 11 70

RSPCA

9224 2222

COMMUNITY

LIBRARY SERVICES

Don't forget, you can drop off and collect library books from the Neighbourhood Centre Office, Mon – Friday 9am – 3pm. Library staff are at the Centre Mondays 2.30 – 3.30pm to assist and answer any questions.



TINY TOTS STORY TIME

Come and enjoy songs, rhymes, stories and finger play with your little one. Enjoy the company of other babies and parents in an entertaining twenty minute session. Get first choice of new books for toddlers and babies.

Tiny Tots Story time is suitable for children aged 0-24 months.

Dingley Village Neighbourhood Centre Mondays 2.30 pm

COMPUTERS AVAILABLE FOR USE BY LIBRARY MEMBERS

Library members can access the computer lab at the Neighbourhood Centre Monday – Friday 9.30am – 3pm (except

Wednesday). There are 10 workstations with internet access and printing also available.



DINGLEY ROUNDABOUT OP SHOP IS NOW OPEN

Located on the premises of Christ Church Dingley, 387 Old Dandenong Rd the 'Roundabout Op Shop' faces Old Dandenong Rd. It is open Wednesdays from 9.30am -4pm and Saturdays 9.30am -1.30pm. Access is from the church car park through the child lock gate. When the blind is up -the shop is open!

Donations of good quality clothing, books, toys and bric-a-brac are welcome during shop hours.

The Op Shop does not accept electrical goods, furniture, bedding or child car seats, strollers or high chairs.

"We are delighted to serve the Dingley community and thank all those who made our recent Open Day such a success. We look forward to seeing you!" stated Wayne Walters, Vicar Christ Church Dingley.

CAN YOU CROCHET OR KNIT?

Dingley Village CWA are looking for help to crochet/ knit 1000 poppies by the end of March. The poppies will then be passed on to the RSL and the Australian National Aviation Museum at Moorabbin Airport for use in displays and to create wreaths.





Poppies can be left at the Dingley Village Neighbourhood Centre Marcus Road, for collection by CWA on Wednesday 27th March at 10am.

The pattern for knitting or crocheting can be found by googling "5000 Poppies"



MAKERS MARKET

Make A Difference Dingley Village Inc. is bringing a monthly market to Dingley Village.

The Dingley Primary School has kindly offered its grounds for the Make A Difference Makers Market.

Handmade artisan vendors: gifts, clothing, household items, coffee drinks and food.

March 10th & April 14th

9am - 2pm

enter via Marcus Road

Any enquiries can be made direct via Facebook @dingleymakersmarket or email Simone: spellbound1972@hotmail.com

We Need You!



Have you got time to help?

Maybe the kids are growing up and you find yourself with extra time, or maybe you are retired or planning for it. We need volunteers to help Rotary with our many varied community projects including our local Dingley Village ANZAC and Remembrance Services and projects with our local schools. If you would like to be involved please contact

President David Cugley on 0419 375 443 or dacugley@gmail.com



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OUR COUNCIL

COUNCIL PURCHASES TWO PROPERTIES TO HELP GIVE KINGSTON'S GREEN WEDGE A BRIGHT FUTURE

Kingston Council has bought two key properties in Kingston's Green Wedge to ensure they are kept for the community to enjoy for decades to come.

Mayor Georgina Oxley said Council has purchased two properties at 52 and 60 Victory Road, Clarinda for a combined price of \$2.6 million.

"When the two properties came on the market Council jumped at the opportunity as they are in a key location neighbouring the future Victory Road Park," Cr Oxley said.

"The site next door will soon be transformed from a waste site into a fantastic new public park, so it made sense to buy these properties to give us options for the future."

The 31ha Victory Road Park will become a significant regional park within Kingston's Green Wedge and a key link in Council's long-planned Chain of Parks project.

The Chain of Parks will provide a pathway, linking parks through the Green Wedge from Karkarook Park to Braeside Park and will include a number of open spaces, including the Victory Road Park and the new park being constructed by Council on Elder Street South.

Cr Oxley said the recently purchased properties could potentially be used for parkland, sporting fields or market gardens.

The sites, which total 3.02ha, have been bought using the Green Wedge Fund, which Council has established to fund investments that help bring to life Council's Green Wedge Plan, which includes the Chain of Parks project.

Cr Oxley said the purchase is part of a major transformation underway in the Green Wedge with Kingston finally seeing the end of the waste industry in our community, with former landfills now being turned into parklands and open space. "Council's Chain of Parks plan is now actually being implemented."

"The area was once home to over 30 active landfill sites, which are thankfully almost all gone. In recent years we're proud to have opened the new Spring Road Reserve, another link in Council's Chain of Parks plan."

"By purchasing these two properties Kingston Council is taking yet another step to ensuring a bright future for Kingston's Green Wedge for the community to enjoy."

"Council is also looking forward to working closely with the Victorian Government, which promised during the recent election campaign to invest in Kingston Council's Chain of Parks trail."

COMMUNITY GRANTS PROVIDE THOUSANDS OF DOLLARS TO SUPPORT LOCAL GROUPS

Kingston's 2019–2020 grants program is now open, with thousands of dollars on offer to help local community groups, artists and children's organisations build a stronger, healthier and socially connected Kingston.

Community members have until midnight on Sunday 31 March, to apply for one of three grants categories.

Mayor Cr Georgina Oxley said that having three grant categories provides applicants with more opportunities to seek out help, depending on each situation.

These categories include:

Annual Grants – up to \$10,000

Not-for-profit community groups and organisations can apply for grants, for activities that contribute to the social, economic and health & wellbeing of the residents of Kingston.

Arts Grants – up to \$5,000

Individual artists, not-for-profit art groups and organisations can apply across three categories: arts projects; community arts projects; and mentorships & residencies.

Children's Week Grants – up to \$1,000

Not-for-profit community groups and organisations that plan to deliver events and one-off activities to help create opportunities for families and children to participate in Children's Week celebrations in October are welcome to apply.

Find out more or apply online at kingston.vic.gov.au/grants.



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changing the world,
it's about changing
your world.



DINGLEY VILLAGE COMMUNITY ASSOCIATION

COMMUNITY GROUP OF THE YEAR - SAVE KINGSWOOD GROUP

DVCA is delighted that the Save Kingwood Group has been awarded Community Group of the Year by the City of Kingston.

Recognition of the tireless work so professionally carried out by this group over the past 4 years in our community to prevent the development of the Kingwood Golf Course and preserve this important open space in our Dingley Village community is terrific news.

Congratulations and Take a Bow - Save Kingwood Group, City of Kingston Community Group of the Year.

DINGLEY VILLAGE GETS A NEW OPP SHOP

Feeling like a little affordable retail therapy - why not check out Dingley's

new Opp Shop. Located at the Christ Church (the roundabout church) 387 Old Dandenong Road Dingley, it is open all day on Wednesday 9.30 am to 4 pm and on Saturday mornings 9.30 to 1.30 pm.

Donations for the shop would also be gratefully received - so if you are having a cleanout and tidy up, please bring any quality items no longer needed to the shop for their recycling.

However there are some items which the shop is unable to accept as donations, these are furniture, electrical, bedding, baby gear such as car seats, prams & highchairs.

Clothing Drop Off Hub - Please Do Not Dump Rubbish

The Clothing Drop Off Hub bins, located

in the Dingley Village supermarket car park, provide a great facility to donate and recycle unwanted clothing.

Please remember that the Hubs are for the collection of clothing, handbags, shoes & toys ONLY. They are not there for the dumping of rubbish, furniture and other goods.

So if you find the Hubs full - do not leave your clothing outside the bins, take it away with you and ring free call 1300 687 281 (24 hour service) to advise that the bins are full and need emptying.

Please do not leave anything outside and around the Hub bins as you can be fined up to \$6,340 for littering. If you see anyone doing this, you can report this to the EPA - free call 1300 378 842.

So do the right thing, do not dump goods and rubbish at or around the Hub bins in the car park and keep the car park

THINKING ABOUT DOWNSIZING?

See why Retirement Living at
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*Prices Subject to Change

clean and tidy - which all helps to make our shopping centre a great place for us all to use and enjoy.

ARE YOU INTERESTED IN FORMING A RESIDENTS GROUP FOR SPRING ROAD RESERVE?

As park improvements continue to be implemented in our Spring Road Reserve, DVCA would like to know if any residents would be interested in forming a Friends Group.

A Friends of Spring Road Reserve group would be involved with improving the Reserve by helping with various activities, such as:

- park planning and development
- tree planting
- plant propagation
- bird counting
- salinity monitoring
- water quality testing
- salinity monitoring
- water quality testing

Note, all necessary equipment will be provided - you need only bring gloves, sun protection & enthusiasm.

If you would like to register your interest for this: Please contact Pam or Trudy at the Dingley Village Neighbourhood Centre, 31b Marcus Rd Dingley Village, phone 9558 1866 or email: dvnc@satlink.com.au and leave your name and contact details, (email, phone number) so we can follow up.

Facebook

The DVCA is now on Facebook and you can find us at; <https://www.facebook.com>

Type in: Dingley Village Community Association in the top search area to see our page

DVCA

Open to all residents who genuinely care about our Village.

Meetings are held in the Community Centre, Marcus Rd Dingley Village 2nd Tuesday each month (except Dec. & Jan.) at 7.30pm and new members are most welcome to attend.

PLEASE CONSIDER JOINING the DVCA and make a constructive difference in our community.

DVCA Contact Details

Please contact the Chairman on 9551 5442, 2 Mungari St Dingley Village, or email. david@lilidam.net



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FARMERS' MARKET

NEXT MARKET, SATURDAY 16TH MARCH

Whilst we are not a huge market, we do have delicious quality produce and products from passionate farmers and producers. We can only grow with your support so make sure you do come down and support those stall holders that make the effort to come along.

We welcome these new stallholders in 2019

Joy's of Redhill with a vast range of Preserves, Jams & Chutneys you are bound to fall in love with them!



Petal Pop Flower Truck Melbourne's first flower truck, bringing you Bespoke, whimsical and wild blooms for all occasions.

All our regular stallholders will be in attendance in 2019 including fresh bread, pastries, cheeses, free range eggs, honey, potatoes and in season vegetables. Specialty stalls include Gorgeous George Probiotics, Salami Shack, Tummy Lovin, 'a lot of good stuff', Anja's scones and Outback spirit. You'll also find hot food and drinks and the fantastic boomerang bags, these



are free and reusable bags that you can collect at the market.

A study has found that eating cheese daily could help you live a longer and healthier life! More reason to pick up some cheese from Blue Bay Cheese.

All produce, is sold direct to you by the farmer or producer, ensuring you get access to fresh produce as well as the opportunity to talk to the farmer/producer about their produce. Whilst many items are seasonal, this ensures you are buying fresh quality products.

Cash Out facility is available at the Neighbourhood Centre office during the market, if you require extra cash for shopping.

Don't forget that parking is free onsite at the market. Dingley Village Men's Shed members will assist you with parking and you will not have far to carry your purchases back to your car.

What our happy customers have said

"Another fabulous day at the DVFM. Bought so much fresh produce & the scones were scrumptious. Great work Dingley Market"

"Great selection of fresh produce"

"Local produce · Convenient location · Organic products · Fresh food · Prepared foods"

"Just had the pumpkin arancini for dinner. Talk about a flavour bomb in your mouth!!"

DINGLEY VILLAGE

FARMERS' MARKET

SATURDAY

16th March

31 Marcus Rd,
Dingley Village

8.30AM—1 PM

Free entry & parking

www.dvnc.com.au/farmersmarket

PIT STOP



Parenting Tune-Up

It's a life-changing course
designed and delivered by men
for every father
who wants to see his family
firing on all cylinders

NEXT COURSE

April – May-June 2019

VENUE: City of Kingston Council
Westall Community Hub
Fairbank Room
35 Fairbank Road
Clayton South

DATE 6 x Tuesday night sessions
& TIME: April 30th
May 7, 14, 21, 28 &
June 04th
7.00pm – 9.00pm

REGISTRATION ESSENTIAL

Registrations close Wednesday 17 April

Enquires:

Kingston Family Support Service 9581 4860
Ranka Trisic 8551 1202
Email: cf2fs@kingston.vic.gov.au

GET THE FACTS ON FATHERHOOD

- ◆ Why dads matter to children
- ◆ Developing a healthy parenting style
- ◆ Improving family communication and closeness
- ◆ Steering your children through stressful stages
- ◆ Disciplining children without losing it... or them!
- ◆ Balancing life work and family
- ◆ Working as a team (partners night)
- ◆ Identifying and implementing change (graduation)

PLACES LIMITED TO 30 DADS

- ◆ Entertaining multi-media presentation and interaction
- ◆ Practical insights and strategies
- ◆ Relevant for dads of babies to high-schoolers
- ◆ Dads attend without children, partners attend week 6
- ◆ Comprehensive practical manual included
- ◆ Highly visual – good for all levels of literacy. No exams!
- ◆ Relevant for guys just wanting a refuel, tune-up, right through to men in desperate need of a complete rebuild!

WHAT MEN ARE SAYING:

"It was great to get together just with blokes. The guys up front are down to earth. I'm now on track to creating a better a future for my kids."

"I 'd be the last bloke to do a parenting course 'cause I didn't like the idea of someone telling me how to parent. But I soon discovered Pit Stop is different... I look forward to it every week!"

"The bond I have with my wife and son since I started Pit Stop has been amazing... She is telling all her friends about it!"

"What a great course! ...many simple tools ... I would strongly recommend it to every dad."



Blokes - do this!
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110 Centre Dandenong Road

Dingley 3172

Phone 9558 2155

WELCOMES

OUR NEW

FEMALE

REGISTRAR

DR ANKI FONSEKA

By Appointment

LOCAL SPORTS



DINGLEY TENNIS CLUB

Thank you to all who braved the heat and joined us for our annual Open day on 3rd February. A great day was had by all.

If you play tennis or played in the past & would like to have a hit again we have 3 nights of night competition and would welcome anyone that is interested in joining, for more info please call 9547 4839 or email admin@dingleytennisclub.com.au. Monday Nights – Men's Comp, A and B grades.

Wednesday Nights – Mixed Comp

Thursday Nights – Open A Grade.

This night is open to all player and is our strongest competition. This night is designed for the serious player looking for strong matches each week with the format being a Singles Super Set and a 3 Set Doubles (3rd set a match tiebreak).

Our coaching is run by Daniel Wender from S.E.T Academy and provides for all skill levels. We also have a great program called "Hot Shots" to introduce the young ones into the great sport of Tennis. Please call 0402 000 874 for any further information.

Our tennis club is located on Rowans Road Dingley, next to the netball courts? We have 16 courts all with lights, the club is open early in the morning until late at night, we have a magnificent club house, outdoor BBQ facilities, licenced bar and full kitchen facilities. Come and have a look, we would love to see you.

MAROONS NETBALL CLUB

Maroons Netball Club welcome you to Season 1 of 2019. As we said farewell to some of our older girls, and to a couple of teams, we started the season off on Saturday 9th February. It was a cold and rainy start and anyone would have thought it was back to winter.

The club is on the lookout for Coaches and u/15's players. If you are interested in joining the club, please give me a call on 0407 334 057.

Maroons Netball Club is running a Net-Skills program for children aged between 7 – 9 years of age. This program is designed to introduce children to netball, in a fun and friendly way, with the vision of joining a team to play competition netball. If your child is interested in joining our program please give me a call or email haytru@bigpond.net.au



110 Centre Dandenong Road

Dingley 3172

Phone 9558 2155

OPEN

Monday to Thursday
8.00am to 8.00pm

Friday
8.00am to 6.00pm

Saturday
9.00am to 1.00pm

(Closed Sundays & Public Holidays)

By Appointment



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Cheltenham 3192

Telephone: 9584 3055

OPEN

Monday to Thursday
8.00am to 8.00pm

Friday
8.00am to 6.00pm

Saturday
9.00am to 5.00pm

Sunday & Public Holidays
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HOW ONE GIFT HELPED TACKLE BOWEL CANCER



It all started with a gift in a Will. The Hynam family wanted to do something to reduce the impact of cancer, so they left a sizable donation to Cancer Council Victoria.

This generous family wanted their legacy to help future generations.

Cancer Council Victoria used this money to launch its first-ever mass media bowel cancer prevention campaign, which urged eligible Victorians to par-

ticipate in the National Bowel Screening Program Test when they received the free test kit in the mail.

Australia has one of the highest rates of bowel cancer in the world. Around one in 23 Australians will develop bowel cancer during their lifetime.

If detected early, 90% of bowel cancers can be successfully treated. Yet tragically, the test is ignored by 59% of the population. Bowel cancer

still claims the lives of around 4,000 Australians each year.

The 2017 campaign resulted in about 12,500 additional Victorians taking the test. It's estimated that this prevented about 200 cancer cases and saved approximately 120 lives.

This success prompted Cancer Council Victoria to run the campaign again last year, this time with the help of donors.

Seeing Cancer Council's ad on TV prompted Louise to take the bowel screening test - a test that would eventually save her life.

"I'd actually lost my test. When I saw the ad on TV I thought I better order one just in case. I had stage 3 cancer. The doctor said had I not done the bowel screen, I would have been organising palliative care at Christmas,"
- Louise, bowel cancer survivor.

The success of the 2017 and 2018 Do the test - it will save your life campaign was not to be ignored.

What started off with a gift in a Will, will now help people all around Australia.

Last month, the Australian Federal Government announced that it will provide Cancer Council with \$10 million so that we can continue the vital work that the Hynam family helped start.

Currently only 4 out of 10 eligible Australians participate in the National Bowel Screening Program. If we can increase this figure to just 6 in 10, around 84,000 lives can be saved in the next 20 years.

Thanks to the generous Hynam family and Cancer Council Victoria donors. Their support brings us closer to a cancer free future, and that's truly wonderful.

- Cancer Council Victoria

Did you know - 80% of the profits from your Community Bank are returned to the Community?

It's a little known fact, but as part of your local Bendigo Bank's franchise agreement with Bendigo Bank Limited, 80% of the profits we raise must be returned to the community. Why? It's because when Bendigo Bank first came up with the concept of "Community Banking" they realised that it must be "of the Community, by the Community, for the Community". It is this concept that drives the Manager, the Employees and the Volunteer Board of your local bank to return hundreds of thousands of dollars of profit straight back to your Community every year for funding projects and programs.

At a time when other banks are posting massive profits in dividends back to shareholders and paying large salaries to corporate board members and employees, we thought we should remind you of this important point of difference in banking concepts. We still provide the vast majority of services that the other banks do, we just hand the majority of the profits back to the community. Ask yourself, do you think that's a good model for the Community and therefore a worthwhile reason to transfer your business across to Bendigo Bank - Dingley Village?





WHY DOES MY NECK HURT?

Why is neck pain so common these days?

How is it that so many people develop neck symptoms? It's not as if we have all sustained a whiplash injury, or all had some sort of traumatic neck damage in the past. So how can this be? What is it that so many people are doing wrong?

Let's consider the design of the spine for a moment: The spine was designed to be able to bend forwards and backwards in equal amounts. Remember this idea - it is equipped to move in both directions.

Forgetting the spine; let's do a little experiment: Take your index finger and bend it backwards as far as you can, so that you can feel the joint stretching. Now hold it there. How do you imagine your finger would feel if you held it in this position for several hours straight? It would start to hurt!

This is because the ligaments and muscles across the front of the joint are gradually being overstretched. This may not feel painful initially, but after an extended period, the tissues are overcome by the constant tension; and start to "give in". It's a bit like what happens to a slinky if you stretch it out for too long: it loses its springiness and strength.

The same is true of the spine. If we spend too much time bending the spine

in one particular direction (e.g. too much slouching forwards), we create an imbalance in which there is too much tension across our backs; and we start to get the same sort of pain described above. In this scenario, extra strain will be created by any activities in which the chin is bent down towards the chest (e.g. lying on our backs with too many pillows under our heads; or reading a book/newspaper that we are holding in our laps); or in which the chin is "poking" forwards (e.g. sitting at a computer or in a driver's seat and sticking the head forwards towards the computer / windscreen).

Unfortunately, in the modern lifestyle, most of us tend to slouch forwards more than they are aware, despite our best intentions. Because all of our daily activities are done in front of us, the natural tendency is to allow the shoulders and neck to fall forwards to bring ourselves closer to the tasks which we are completing. This is actually a postural fault which can lead to the sort of neck pain described above.

This is why our mothers all used to tell us to sit up straight and keep our shoulders back - trust me, they were right!!

However, it is very, very difficult to maintain a perfect posture for the entire day. So how do we fix this problem? This comes back to the idea that the spine was designed to be able to bend forwards and backwards in equal amounts. This means that as long as we interrupt our postures with regular stretches in the opposite

direction, there will be no chance for the extra unwanted tension to build up in the ligaments and tissues which normally get sore.

If you suffer from neck pain, try the following stretches:

- Sit up as tall as you can and "tuck your chin in", almost as if you are trying to give yourself a double chin. Don't nod your head forward as you do this - keep your head fully upright and simply draw it backwards as far as you can.
- Roll your shoulders backwards and downwards (not forwards); and pinch your shoulder blades together while you do this.

Try breaking up your daily activity by doing each of these stretches (about 5 brief stretches in a row) every couple of hours at least. You may find the stretches a little uncomfortable at first, but you may also find that you feel much looser after a brief period of trying them regularly.

At the same time, be sure to sit up as straight as you can and avoid slouching forwards - (which would undo all your good work!)

If you do have persistent neck pain, this can be treated by your local physiotherapist. Treatment may consist of massage, joint mobilizations, postural exercises, and strengthening exercises. Should you have any concerns regarding pain with in neck, particularly if you have had it for longer than normal, please feel free to contact your health care professional.

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DOLLARS & SENSE



By
Michael
Ryan

HOW THE FAMILY HOME CAN AFFECT AGED CARE FEES

Residential aged care is playing an increasing role in helping many older Australians enjoy comfortable and carefree lives. However, one of the tasks for anyone assisting an elderly relative with the move into aged care is to investigate the various fees and charges, some of which are subject to both assets and income means tests. As the family home is often the largest asset and can be a source of income if rented out, it's particularly important to understand how it is treated in relation to these tests¹.

Assets test

For individuals entering aged care the value of the family home is not counted as an asset if it is occupied by:

- a partner or dependent children,
- a carer who is eligible for government income support and who has been living there for at least two years, or
- a close relative who is eligible for income support and has been living there for at least five years.

However, even if that is not the case, the value of the family home that is counted as an asset is capped at \$166,707 (as at 20 September 2018). If the actual value is less than the cap then market value applies.

For a couple where neither partner is living in the family home, half of the net market value of the home will be included as an asset for each of them, up to the cap.

Income test

For people who entered aged care between 1 July 2014 and 31 December 2015, rent on the family home is exempt from the income test only if they are paying some level of daily accommodation payment.

Where aged care commenced after 1 January 2016, net rental income is assessable.

Split by health

Eric, 85, and Wendy, 87, own a home valued at \$650,000. In June 2018 poor health made it necessary for Eric to move into aged care. Wendy remained in the family home so the house was exempt from the assets test, and as there was no rental income, there was no impact on the income test.

Reunited

In November 2018 Wendy's increasing frailty also saw her entering residential care, fortunately in the same facility as Eric. Their former home was rented out and became assessable as an asset. As the value of the home is more than twice the current cap, they each have \$166,707 included in their assessed assets. Under the income test, half the net rental income is applied to each of their assessments.

Expert help

Aged care is a complex area requiring important decisions to be made at a time of high emotional stress. Expert advice can help to reduce that stress so talk to your qualified financial adviser early in the process of moving a loved one into aged care. It will make everything just that little bit easier for all concerned.

Michael Ryan CPA CFP®

Ashfords Wealth Advisors

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¹ Note that there are some important differences in the way the family home is assessed by Centrelink and the Department of Veterans' Affairs (DVA) for aged pension or DVA pension purposes. This article only covers the rules that apply to aged care.

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EYES RIGHT

By Darran Yeow



A LOOK AT MYOPIA

In Australia, about one third of the population is myopic (short-sighted), which is characterised by blurry distance vision. This is predicted to increase dramatically, and by 2050, 20 million Australians will be myopia.

Myopia has genetic, behavioural, and environmental factors associated with its progression, with more and more children being diagnosed.

The benefits of a good night's sleep are well known, improving general mood and well-being. The quality of our sleep is controlled by our circadian rhythms - an internal clock that runs 24 hours a day. These regulate almost all of our internal body processes, including our hormones, blood pressure, and heart rate. Researchers in Adelaide have now found that circadian rhythms may also contribute to our eye growth, and the development of myopia.

Circadian rhythms are controlled by our genes, in response to the amount of environmental light we are exposed to. Inside the retina (the back of the eye), there are special light sensitive cells that relay environmental information to the brain so we can process what is around us in both bright and dark conditions. This information directs whether the eyeball needs to grow longer to bring things into focus.

Research in animal models has shown that by changing the length of time that

your eyes are exposed to light, has drastic effects on the growth of your eyes.

The evolution of screen based tasks (TV, computers, tablets and smartphones), the artificial lighting that these devices emit, coupled with their prolonged usage, affects an individual's circadian rhythm. Studies have shown that myopes are more susceptible to these changes.

One study revealed that myopic subjects had higher levels of melatonin (the hormone released by the body to regulate sleep patterns), which is released at inappropriate times, meaning these subjects had poor or delayed sleep, compared to the non-myopic subjects participating in the study.

Ideally, it is best to avoid using our phones or tablets prior to sleeping, to ensure a decent night's rest. However for short-sighted people, it seems to be much more than a good night's sleep, but about maintaining good vision as well.

At Dingley Eye Centre, we are passionate about your vision and the health of your families' eyes.

Call us to make an appointment, book online or come down for a chat about how we can help you have a good night sleep and help look after your vision at the same time.

*Dr Hashini Seneviratne, Darran Yeow
and the team @ Dingley Eye Centre
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LOOKING AT LOANS



3 YEARS TO LIVE

I have just been given 3 years to live.

It came as a shock – you try to live a good life, you do the right thing. Sure there is always a scare mongerer who will talk about what should be done different, but life rewards flow justly, right?

Not always it seems. Competition, small business: Once again the easy target.

Home loan mortgage broking began life as a marketing model. A method by which lenders without branches can market to the mass population and compete directly with the “name brands” and established branch networks.

For lenders such as ING, Citibank, or ME Bank (3 of many) having a cheaper interest rate and a better product is not enough. Potential customers firstly need to know your loan product exists. Then secondly need to have the confidence to use it. Reading an advertisement does not suffice, a face-to-face discussion proved to be the ideal communication and education device.

This new industry birthed in the 1980's removed barriers to new lenders, increasing competition and leading to a direct decrease in interest rates paid by every Australian as mainstream lenders were forced to compete.

Over time the infant industry evolved. Mortgage Brokers found that by increasing their own education and knowledge they could advise their clients on credit related issues over and above basic lender product queries, hence adding value to the transaction.

Concurrently more lenders recognised the advantage of using brokers as a distribution channel, and as the choice of lenders available through brokers grew, they began to be seen as a potential ‘one stop shop’. In time the major banks joined their products to the broker offering. The industry matured.

However with this growth came great responsibility. The broker was no longer just a salesman, but a credit advisor. Hence industry regulation. In 2019 a broker needs a tertiary qualification, to operate under an ASIC licence subject to annual review, to have indemnity in-

surance, to be a member of an industry association, registered with the ombudsman, aligned with an aggregator, and undergo annual education and training requirements.

The industry has indeed evolved to such an extent that brokers are now seen as credit advice experts. Bank branch staff, to whom none of the above listed minimum standard requirements apply, are experts in the knowledge of their own bank's products but are not credit advisors.

59.1% of home loans are now lodged through the mortgage broker channel. With surveys indicating a 96% satisfaction level amongst those clients, broker share continues to grow.

So it is that the industry has been shocked to have been the primary bullseye target of the Banking Royal Commission. An enquiry into banking bad practice, highlighted by the fees-for-no-service scandal (including charging dead people) has now recommended to ban service-for-no-fees!

With every industry there will be dodgy players. Tough rules and regulations to deal with those miscreants are essential. We are fortunate in Australia that the significant regulatory environment placed on this industry has minimised such issues.

There is in fact no evidence of systemic problems specific to the broker channel. Separation of powers between broker (giving credit advice) and lender (power to approve or decline a loan application) is in replication of government and legal best practice.

How the broker is paid (upfront and trail commission from the bank approving the loan) has the potential to be a problem if left unregulated. However alternative payment methods have proven to be more problematic. Current payments are fully disclosed, and the fact remains consumers have easy free choice to use or not use the broker channel as they see fit. Continued growth of confidence in and use of the broker channel is evidence consumers do not have a problem with the existing model.

The Banking Royal Commission has recommended the current payment model be scrapped, to be replaced with consumers paying an upfront fee, the size of which is undetermined but could be from \$2,000 to \$5,000.

With the affordability crisis debate in full swing does anyone really think it is a good idea to add this to the cost of buying a home?

Other than the major banks of course, who had a major share price rally on the back of the thought of increased profits available following a wipe out of the broker industry. Any thought banks would pass on potential reduced costs via lowering interest rates ignores history, in Australia and overseas.

The Netherlands was held up as an example of a working ‘fee for service’ model. Since that model was introduced in 2008 the total number of banks there have decreased from 99 to 44, the five largest banks now control 83.8% of the market, and net interest margins have increased. That change has only benefited the major banks, unlike Australia where increased competition in the sector since brokers commenced operating has shown major benefit to consumers.

A majority of Dingley Village residents will have had an association with a Mortgage Broker in the past, or expect to in the future, perhaps yourself, or your children. At this time the industry has been given a 3-year life sentence. That would directly decrease competition between banks, increasing interest rates, causing increased property costs, rent expenses and living costs.

If you support competition in the banking channel, please add your voice to the call to our politicians to save the broker industry. Messages of support for a continuation of the current (working) model are important if you wish to have the service available to you when you next buy a home or require a refinance. There is a ‘save the broker industry’ petition you can sign at change.org, or contact us for further information.

I thank Dingley Village residents for your support and confirm death is not imminent, we will be here for at least another 3 years. With your support perhaps much longer.

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BECOMING A GUARANTOR

Have you been asked to become a guarantor?

Will it help someone you know purchase an asset or in business?

Often this will not be an issue but sometimes it can be a risky move for you if things were to take a turn for the worse.

Things to consider before becoming a guarantor

Borrowers usually need a guarantor as they may have a poor credit history, potentially may have issues making repayments or it is the policy of lending institutions/credit providers seeking better security. A guarantor is there to use their own, assets, real property (especially the equity therein) as security for the lender. A guarantor lowers the risk of lapsing repayments and assumes the responsibility that if the borrower was to not make payments, the guarantor will.

In essence, the guarantor "guarantees" that a loan will be repaid one way or another.

As a guarantor, you should ensure that you are protecting yourself. Ensure you do some research and due diligence in the loan and borrower before signing. Is the borrower responsible?

Will the borrower make their repayments on time and of the correct amount? Why does the borrower require a guarantor in the first place?

– often partners or relatives simply overlook asking these basic questions on account of their relationship. This is not good practice. In any case, you must be willing to repay the loan, interest and recovery costs if the borrower fails repay the loan.

Lastly, what will you list as security if the guarantee is limited?

Remember, it is likely that what you are listing as security, may be repossessed in the future if the borrower does not repay the debt. Where you are providing a general guarantee you need to mindful ALL your assets will be at risk.

How to protect yourself?

1. At the very least read the guarantee document! Get independent legal advice on it.

2. With business related guarantees, proceed with extra caution.

3. There are other options that do not require you to become a guarantor. It is not the only way you can assist family and friends. An option is to give a one-off gift which may assist in covering a deposit or reducing the loan amount. This will reduce your ongoing responsibility and the risks associated with becoming a guarantor.

4. Ensure that the amount of money you are guaranteeing is capped and is not an unlimited amount. In case of a default, you are only responsible for up to the capped amount, and nothing in excess of that.

5. Become aware of what you are specifically guaranteeing. An 'All Obligation Guarantee' means you are guaranteeing all personal loans/credit card debts etc... not just the loan you thought you were signing up for.

6. The lender is obliged to provide you with all relevant documentation so that you know what the obligations of the borrower are. This importantly includes, but is not limited to, factors such as the circumstances which will result in you becoming responsible for the loan and how long your obligation as guarantor will last.

7. Consider whether you can remove yourself as a guarantor. Whilst you

are still obligated to the original guaranteed loan amount, you will not be responsible for additional debt which may be incurred after you have cancelled. There are many different guarantees and each have a different way of becoming removed. For example, removing yourself as a guarantor to a home loan, you and the borrower can apply to the lender to release yourself from your obligations and remove the guarantee once the equity in the home reaches 20%.

8. Obtain written agreement from the borrower requiring the borrower to keep you informed of their financial position.

9. Keep up to date with your insurance, in case of the worst possible scenarios.

It is also important to note financial institutions usually do not have to pursue the borrower for the debt first. Where the borrower has previous defaults, the bank can pursue you first instead. Further, financial institutions do not have to pursue all guarantors equally. Further, financial institutions usually have discretions over which assets they pursue to discharge a loan.

Guarantees are complex legal arrangements that usually put you and your assets at the mercy of third parties and events beyond your control. As such proceed with extreme caution.

Lyttletons Lawyers, as lawyers, can attend to a full range of loan agreements and provide advice regarding becoming a guarantor. Should you need assistance or for more information about guarantees please contact our office on (03) 8555 3895.

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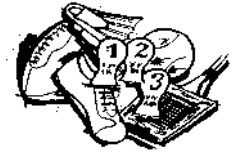
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BOOMERANG BAGS DINGLEY VILLAGE

Boomerang Bags Dingley Village is a community group who use donated and recycled fabrics to create reusable shopping bags for use within our community. Our group meets each Thursday morning at the Dingley Village Neighbourhood Centre, 9:30-12pm and on the 4th Sunday of the month 1:30-5pm.

If you can sew then we would love to have you. If you can't sew, we would love to teach you!

All materials and machines are provided, and we always need extra hands for non-sewing jobs as well.

We have a stall at the monthly Dingley Village Farmers Market where you can purchase a 'Bought to Support' bag or collect a free 'Borrow and Reuse' bag. Everyone is welcome, no skills required we badly need more volunteers to assist in the community project of creating reusable bags.

If you would like to participate in any way, please contact either of the names below and we will be willing to chat and answer any questions. Debbie 9551 6521 or Helen 9551 1658.

PROBUS CLUB DINGLEY CENTRAL

At the February meeting the 28th Birthday was celebrated and the honour of cutting the Birthday Cake was given to Florence and Tedd Gibbs, long time members.

Of the six Foundation Members there were five at the meeting. The "Hot Flushes" a group of four ladies sang many



songs from yesterday and also numbers from some of the popular Musicals. They made the Birthday meeting a special day. The Birthday cake was enjoyed by all at morning tea.

All activities recommenced in February and during March the AGM is on the 4th, the FAC on the 8th, Morning Coffee on the 11th, the iPad Group on the 12th, on the 14th the Camera Club, Dine Out Dinner on the 20th, the 21st Men's Lunch, the 25th the Craft Group, on the 25th members leaving for the trip to "Clarence Valley". Games Day on the 28th, Legs on the 29th and Morning Melodies on the 29th.

The meetings are held on the 1st Monday of the Month at the Salvation Army Hall, 13th Garden Boulevard, Dingley Village. New members are always welcome and for further information contact Graham on 9551 9582

COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE



The President and members of CWA Dingley Village would be very thankful if our Dingley friends would help with knitted or crocheted poppies, to be left at the Dingley Village Neighbourhood Centre Marcus Road, to be collected when the CWA members have their meeting on Wednesday 27th March at 10am.

The pattern for knitting or crocheting can be found on "Google 5000 Poppies", or contact our president Carmel on 9551 1874. The Poppies will then be

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passed on to the RSL and the Australian National Aviation Museum at Moorabbin Airport.

The craft meeting is the 2nd Wednesday of the month at 10 am, the venue can be obtained by phoning the secretary Diana on 9580 6150.

Other suggestions have been put forward other than busy fingers doing craft and we will be advising you further in coming issues of the Dingley Dossiers "Circling the Clubs".

Our general monthly meeting to be held March Wednesday 27th at 10am at the Dingley Village Neighbourhood Centre, Marcus Road Dingley Village.

Visitors are most welcome and information regarding CWA Dingley can be obtained by phoning President Carmel at 9551 1874 or Secretary Diana at 9580 6150.

PROBUS CLUB OF DINGLEY VILLAGE INC.



At our February meeting, we were privileged to welcome Sue Hilton, a former President of Dingley Rotary, speaking on "Our Trip to Israel". Sue and her husband went on an amazing holiday last year. Sue gave a graphic description of a bus trip to a dangerous and exposed part of the border country, together with their visits to ancient historic sites.

March activities will include a movie lunch at Waverley Cinema on the 14th, morning coffee at the Nest Café on the 12th., and Morning Melodies at the Waltzing Matilda Hotel, on the 29th from 9.30am.

We meet on the first Thursday of the month at the Dingley Sports and Social Club at Souter Oval, from 10.00am. Our Annual General Meeting will follow the regular meeting on the 7th March. Visitors and prospective members are always welcome at our meetings, and for further information, or to join one of our activities, please contact either President Ursula on 9547 2580, or Secretary Davina on 9551 1217.

DINGLEY 60 PLUS SOCIAL GROUP

February has seen our members enjoying dinner, live music and dancing at our local Night Clubs. Our night dinner dates at Saturday night venues were at Cheltenham – International and Benteigh – Thai.

Other activities included a brunch at Seaford, a ferry trip to Cowes and some

of our members enjoyed a bus trip with lunch at Geelong followed by a wine tasting at Bacchus Marsh courtesy of a Keysborough social group.

If you are in the 60 Plus age group and are at a bit of a loose end any Thursday night come along and join the group for a casual chat and your preferred beverage. We now meet from 7.30 pm at the Dingley International Hotel (DIH) in the Sports Bar. A list of proposed activities over the next month or so is available at these gatherings.

Regular activities undertaken by the group include dinners, theatre nights, movies, BBQs, picnics, breakfasts, concerts, holidays, trips, walks and dinner dances.

The highlight for March is likely to be a Country music afternoon at Elgee Park Winery in Dromana.

We are always happy to welcome new members to the Group. Any enquiries about the group may be directed to Graeme on 9551 3462 or Shirley on 9551 1398.

Have a Happy New Year and join our scene 2019.

DINGLEY VILLAGE SENIOR CITIZENS CLUB INCORPORATED

Please note that we will be meeting in the small hall in the Neighbourhood Centre while renovations are being carried out to the Harold Box Hall.

A nice outing was had to the "Blue Lotus Gardens" on the 25th of February.

We welcome our new Member. Also, welcome back to a couple who have not been able to be with us for some time.

Activities arranged for March are as follows:

Monday the 4th – Committee Meeting followed by games and cards – as well as afternoon tea of course!

Monday the 11th – Public Labour Day Holiday – no Club Meeting.

Monday the 18th – cards and games followed by afternoon tea.

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Monday the 25th – Our Trade Table will be available. Also, Bingo (eyes down at 1.00 sharp) to be followed by afternoon tea.

We meet, mostly of a Monday unless otherwise indicated, from 12:30 p.m. If you have a query, or for any further information, please contact our President, Lyn, on 9585 5039 or our Vice President, Maureen, on 9551 8425.



ROTARY CLUB DINGLEY VILLAGE

Thursday 6.30pm for 6.45pm star: Dinner meeting
(First three Thursdays of the month)
Mentone RSL, 9 Palermo St, Mentone.
General enquiries 0477 682 576

DINGLEY VILLAGE MEN'S SHED

Members Morning

**Muster: Friday,
9am till 2pm.**



The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph. 9551 5892, E-mail: dvms3172@gmail.com www.dvms.org.au

New members welcome, drop in to the Shed on Friday mornings to find out more about us.

DINGLEY CHELTENHAM VIEW

*(Voice Interests
and Education of
Women) Club*



Currently the Club sponsors two Smith Family Learning For Life students and is actively involved in fundraising activities to raise donations for The Smith Family programs

VIEW Club welcomes women of all ages. We meet the second Tuesday of the month, 10am to approx. 11.30 at Keysborough Golf Club, 55 Hutton Rd Keysborough. Easy Parking.

For further information contact Fran Thomas on 0419 309 931 or franniet@gmail.com

LIONS CLUB OF DINGLEY VILLAGE



We are in need of new members to help to continue our projects, if you are interested please would you call Lynne 9551 3770.

Our meetings are held on the 2nd and 4th Monday at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

If anybody has any of the following items they can be left at the Dingley Village Neighbourhood Centre.

Pre loved spectacles, sunglasses and hearing aids and used stamps are still needed.

Thank you to all who have donated, please keep them coming in.

Please help us make a difference to our community – our members are our greatest asset.

Contact – President Lynne 9551 3770 or dingleylions@gmail.com

JOHN DUNHAM Chartered Accountant

Tel: 9551 1818

Fax: 9551 2478

Mob: 0408 400 769

PO Box 196, Dingley Village 3172

E: jadunham@optusnet.com.au

Accountant & Business Advisor

Registered Tax Agent

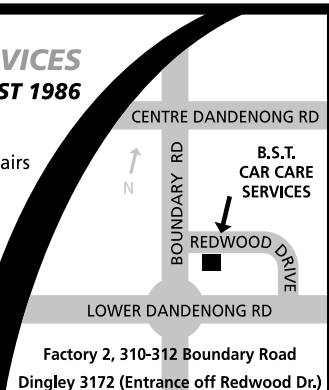
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CHURCHES & CHALLENGES



VILLAGE CHURCH DINGLEY

"Inspiring People to Discover and Develop Life in Christ"

Church Office: 7-9 Fiveways Blvd., Keysborough. 3173

Note new Phone number: 8712 8254

Email: admin@villagechurch.org.au

www.villagechurch.org.au

Our Church program for MARCH is as follows:

Sundays

Note there is a change in venue: 10.00 a.m. Worship Service at the Dingley Village Neighbourhood Centre, 31 Marcus Road, Dingley Village.

***Kids Church** in the Dingley Village Neighbourhood Centre - 10.30am to 12 noon, children from birth to Grade 6. All welcome.

Monthly Ladies And Mens Groups:

*Homemakers - 1st Monday of each month, 4th March, 7.45pm, Dingley.

*Men's Group - 6-9pm. BBQ, fellowship and sharing. Tuesday 12th March, 7 Fiveways Boulevard.

Life Groups:

*Wednesday nights - Fortnightly 7-8.30pm, Dingley. 6th and 20th March. Sunday nights - 7-8.30pm weekly. Keysborough.

Prayer Time:

Weekly - Wednesdays 10-11am at church office. Tea/coffee afterwards.

Monthly - Saturday 16th March; 7-8am and 9-10am at church office.

Bible Study:

*Women's - Thursday 14th and 28th

March. Precept Ministries study on Philippians. Fortnightly at the church office 10-11.30am.

*Open - Thursday 14th and 28th March on the Gospel of Luke. Fortnightly at church office 2pm.

*Not held during school holidays.

Marriage & Family Support:

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we'd love to be able to encourage, support and strengthen you.

Our Church Office is at 7-9 Fiveways Boulevard, Keysborough, and is open from Monday to Friday, 9.00am -12pm. Phone Number 8712 8254. Please feel free to call Lesley with any enquiries you may have.

Our Senior Pastor is Rodney Hole who may be contacted through the Church Office.



KINGSTON CITY CHURCH

OUR VISION: CONNECTING PEOPLE TO JESUS CHRIST

OUR MISSION: REACH, RESTORE, RELATE, RESOURCE and RELEASE
316-322 Kingston Road, Clarinda, 3169 (near Clayton & Boundary Roads intersection).

Ph: 8551 6600, Fax: 8551 6690. Web: www.kingstoncitychurch.com.au

Email: admin@kingstoncitychurch.com.au

Senior Pastor: Dan Parker Senior Associate Pastor: Dave Harrison

Sunday Services: 10am Service has Children's Ministry.

The Boys' Brigade (BB) is an international interdenominational Christian youth organisation, conceived by Sir William Alexander Smith in Glasgow, 1883. The BB quickly spread across the United Kingdom and became a worldwide organisation by the early 1890s. There are over 750,000 Boys' Brigade members in 60 countries.

The Boys' Brigade Australia provides young people with a mix of fun, adventure and challenge. The BB mentors and empowers each member to reach their potential; building their resilience and enabling them to find their place in leadership whilst impacting their world today and into their future. With a Christian foundation, Boys' Brigade has a proven track record for reaching out to the local community providing balanced 4-sided developmental programs (Physical, Spiritual, Educational and Social) for young people of all backgrounds, abilities and interests.

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BB local groups (called Companies) meet weekly across Australia usually based in a church. Every group is different and has its own "flavour" depending on the interest of the leaders, the locality and the community of which they are a part.

The 31st Heatherton Boys Brigade Company is for Boys over 8 and meets every Monday during the school term only, from 7pm to 8.30pm at Kingston City Church. The regular program starts with a parade and inspection, followed by a time of devotion and a skill or competence activity, finishing off the evening with a game and supper. Our Boys have excelled over the years as a successful company in Victoria and our Boys have gone on to being good Christian men of integrity and vision.

Let your son's Adventure for Life begin here.

For more information email boysbrigade@crm.org.au

Dishan Rajaratnam



HEATHERTON-DINGLEY UNITING CHURCH

Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m.

Sacrament of Holy Communion second Sunday of the month at 10.30 a.m.

All enquiries phone 9544 5324

www.heathertondingley.unitingchurch.org.au

Our Vision and our Mission

To seek to connect people to God and each other

Heatherton-Dingley Uniting Church
- Meeting U at the Crossroads of Life

What's On

Wednesdays – **Prayer meeting** at the church 9.00 – 9.30 a.m.

If you have a concern that you would like prayed about, ring Margaret on 9551 9494

Know Your Bible, 9.30 – 11.00 a.m.

An interdenominational study for women of the Bible

For further information contact Jennifer on 0419 115 811

First Friday of each month - **Indoor Carpet Bowls** – 7.30 p.m. in the Church Hall followed by supper

Bark and Chat

This group for dog lovers, dog owners and their dogs will meet on Saturday, 16th March at the Church at 10.00 a.m. Morning tea is provided after a chat or guest speaker. All welcome.



THE SALVATION ARMY KINGSTON GARDENS

Worship & Community Centre

13/12-16 Garden Boulevard, Dingley Village,

Telephone: (03) 9558 2045 | Facebook: @KG Salvos

www.thesalvationarmy.org.au/kingston-gardens

Corps Officers (Ministers): Steph & Stuart Glover

Office Hours: Monday, Wednesday, Friday 8.30am – 3.00pm

Family Worship Service

Sundays at 10.30am - 12-16 Garden Blvd, Dingley Village

A warm and relaxed service.

We welcome people of all ages, cultures and walks of life to come and join our faith community.

Special Needs Ministry

(1st Tuesday of every Month) 5th March, 10am – 2pm

Friendship, Lunch, and activities for community members with special needs (and their carers).

For more details, contact the church office, send us a message on Facebook @ KG Salvos or phone Steph on 0414 430 414.

Weddings & Funerals

For enquiries please contact Steph on 0414 430 414 or email steph.glover@aus.salvationarmy.org

Hire Of Facilities / Sensory Garden

For enquiries please phone Steph on 0414 430 414 or email steph.glover@aus.salvationarmy.org

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice Salvos will live, love and fight alongside others to transform Australia one life at a time, with the love of Jesus.



CHRIST CHURCH DINGLEY

387 Old Dandenong Road, Dingley (at the roundabout)

Contact admin@ccd.org.au

or ring on 9551 7871

Web: www.ccd.org.au

Our Vision: To be a Thriving, Need-Meeting and Life-Transforming Community with Jesus at the Centre.

Sunday Services:

8:30am: Traditional Service in the Church.

10:30am: Contemporary Service in the Auditorium.

'Kingdom Kids' and 'Xplore'

(Children's Ministry during the 10.30 service)



Lighthouse Christian Church

announces the start of our weekly Saturday evening services beginning 23rd February at 6 pm.

Everyone is welcome and we hope to see you there.

We are at 927 Springvale Rd. Keysborough.

Please call 8796 7333 for more details

Dingley 'Roundabout Op-Shop'

Open -Wednesdays 9.30am-4pm & Saturdays 9.30am -1.30pm
Donations of good quality clothing, books, toys, bric a brac can be brought during open hours. (We cannot accept electrical goods, furniture, bedding or child car seats, highchairs or strollers).

Coming Events At CCD

Walk at Braeside Park-Every Monday 6-7pm, meeting at Car Park No 10 near sculptures.

Reflective Study Groups on the 'Beattitudes' -Tuesdays in Lent - afternoon and evening -commencing 5 March.

Pleasant Tuesday Communion Service – 12 March, 2pm in the Church. Service includes Holy Communion and Favourite Hymns and Carols, followed by a sumptuous afternoon tea. Transport available on request: 9551 7871.

Homemade Biscuits for Prisoners – a great way to extend kindness to those in Victorian prisons this Easter. Contact the office for instructions. Delivery by 7 April -nut free!

'Art & Spirituality' Workshop – Sunday 7 April 1-5pm. Cost: \$20

Alpha

Starts 30 April for seven Tues nights – a great way to learn about the Christian faith, make friends and have fun around a meal, DVD and discussion.

REGULAR MINISTRIES

Healing Prayer Ministry (Inner Healing) Alternate Mondays & Thursdays 9:30am or 11:30am (during school term) by appointment: 9551 7871

Healing Rooms (Physical Healing) Weds Mornings: 10:30am - 11.30am (Closes after 5 Dec, reopens 6 Feb 2019)

Professional Christian Counselling
Appointments: 9551 7871

Medical Mission Aid Stall First Sunday of every month, (3 March this month) 8am until 1pm (before and after morning services). Delightful Christmas gifts, beautiful homemade goods, new items, and yummy cakes, jams and relishes. Funding provides medical supplies to six hospitals in Tanzania, Kenya and Rwanda.

Conversational English Classes for Adult Students, Saturdays from 10am -12noon during School terms. Beginners to Advanced catered for.

FOR YOUTH AND YOUNG ADULTS:

Youth - every Friday (in school term) from 7:00pm. All Years 7-12 welcome!

Dare: Tertiary students / Young Adults meet 7.30 pm Monday evenings.

Church Office:

For all enquiries contact the office: 9551 7871 Ministers: Vicar: Rev. Wayne Walters: 0425 163 730. Associate Minister: Tanya Cummings 0408 912 412

Children, Youth & Young Adults' Minister: Andrew Capon

ST. MARK'S CATHOLIC CHURCH

511 Lower Dandenong Road, Dingley Village 3172

Office open Tuesdays 8:30am to 11:30am
Phone / Fax: 9551 6930

Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

Baptism: Bookings through the St. Joseph's Parish Office, Springvale (9547 4877).

Baptisms will be held at St Joseph's Springvale and St Mark's Dingley on alternate months- contact the church offices

Weddings: By appointment only

Confession: 5:30pm prior to Saturday Vigil Holy Mass, or by appointment

Holy Mass Times:

Monday to Friday: 7:00am in the Friary Chapel

Saturday: 6:00pm Vigil in the Church

Sundays: 9:30 AM Sunday Mass (NB. only one Mass on Sunday)



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www.dvnc.com.au/childcare



SCANNING THE SCHOOLS



KINGSWOOD PRIMARY SCHOOL

2019 looks to be another exciting year for Kingswood. We have welcomed many new students and families from all year levels into our Kingswood Community. We have held seven year level information night sessions for parents, provided a surf camp for senior students, commenced training for interschool sport,

and our Prep students have commenced their Literacy and Numeracy assessments. On Wednesday 13th February, Kingswood Primary School hosted a Professional Learning Day for the Stephanie Alexander Kitchen & Garden Foundation for educators from across Victoria.

At our first whole school assembly, the Student Leaders for 2019 were pre-

sented with their badges. Mark Dreyfus our local Federal MP, attended and presented each leader with a certificate. We were also privileged to have Clint from Dingley Dingoes and Poppy, our previous School Captain talk to the whole school about their experiences in taking leadership roles within the community.

We have many exciting activities to look forward to in the coming weeks including a 'Meet the Principal & Staff' night, swimming lessons for years 2- 4, school photo day, and once again Kingswood Primary School will be participating in Clean Up Australia Day at Braeside Park on Sunday 3rd March. We hope to see you there.



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Bruce Pham

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Mob: 0412 729 777

email bruce@dingley.net

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Sat and Sunday 10am to 4pm

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DINGLEY COMMUNITY TRADE DIRECTORY

Every so often, as a service to our readers, The Dingley Dossier runs an updated summary of its advertisers and contributors to make it easier for our readers to find the details of the services and tradespeople they may require. We urge you to "Look Locally" and support the businesses that support your community newspaper.

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The DINGLEY DOSSIER

ABN: 71 463 442 675

Editor: Pam Gates

Publisher: Dingley Village

Neighbourhood Centre Inc.

31B Marcus Road,

Dingley Village. 3172

Phone: 9558 1866

dingleydossier@dvnc.com.au

Community items:

We appreciate contributions from the community. Please contact us for details.

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To advertise in The Dingley Dossier
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Email: dingleydossier@dvnc.com.au

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Submission deadline:

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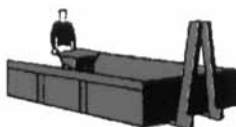
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