



The DINGLEY DOSSIER

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DINGLEY VILLAGE PRIMARY SCHOOLS CELEBRATE CRAZY SOCK DAY FOR LOCAL CHARITY

On the 1st August, fifteen hundred and thirty nine primary school children took part in Crazy Sock Day. In return for wearing some of the most colourful and imaginative socks ever seen, the students contributed a gold coin to "Make A Difference Dingley Village" a local charity.

The students had a great time, with Mayor Cr Steve Staikos joining the festivities and \$1,445 was raised, which will go towards helping families in crisis. Make A Difference thanks the school staff and students for their support and participation.

The children of our schools were eager for information about Make A Difference, and one group of students is currently making soap to donate. What a great community! Committed to supporting those who need our help. The children are leading the way.

Make A Difference is the local organisation here for the entire community ---- the school community, the sporting community and the residents of Dingley Village.

They support families in many many ways --- "We provide food when the pantry is empty, pay bills when threatened with disconnection, sort out credit card debt, and even provide help in major issues such as gambling, substance abuse and domestic violence", said CEO Marion Harriden.

During a recent interview, Make A Difference Dingley Village were asked to described, "what do we do?" in a few words

"we give hope"

"we save lives"

"we save families from breaking up"

"we ensure children don't go hungry"

** Roll on Crazy Sock Day August 1 2019

Article provided by Make A Difference Dingley Village and Photography by Kevin Poulter



Mayor Cr Steve Staikos with children from St Marks Primary School



Dingley Primary student council with Marion Harriden CEO Make A Difference, Principal Andrew Holmes, David Madill Chairperson Make A Difference.



Kingswood Primary School students with Patrick Halpin Assistant Principal and Mayor Cr Steve Staikos

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COMMUNITY



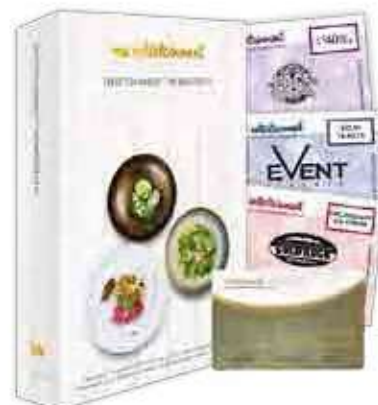
HAPPY FATHERS' DAY TO ALL THE DADS IN DINGLEY VILLAGE.

Fathers' Day is a celebration honouring fathers and celebrating fatherhood, paternal bonds, and the influence of fathers in our lives and society.

THINK LOCAL FIRST

Spring is here and there is lots to do around the house and garden.

In our Safe Community article, we highlight the dangers of DIY, so why not check out our local businesses to do those jobs for you. There are many home and garden services advertising in the Dingley Dossier.



ENTERTAINMENT BOOK

The Lions Club have only one Entertainment Book left, get in quick to the Neighbourhood Centre office to purchase.

PICK MY PROJECT

FRIENDS OF BRAESIDE PARK NEED YOUR VOTE!

The Friends of Braeside Park are excited that their project, called Racing with Phar Lap, has been accepted into 'Pick My Project' – a Victorian Government community grants program with \$30 million available to fund local projects.

Pick My Project gives Victorians the chance to suggest project ideas and then vote to decide which ones are funded. It

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is the first program of its kind in Victoria, offering Victorians an opportunity to make their community an even better place to live.

The Friends of Braeside Park's project is to restore the railings of the Training Track in the Park where legendary racehorse Phar Lap once trained and then construct permanent features explaining the history of Braeside Park making it yet more interesting and valued. The project will also expand the existing wooden sculptures to the Training Track. The Friends of Braeside Park have partnered with Parks Victoria to take on this big project.

'Pick My Project' is a great opportunity to celebrate our local and state history. Voting is quick and simple, and open until 5pm, Monday 17 September: We need the votes of the Dingley Village community. You can vote online! <https://pickmyproject.vic.gov.au/> and do not forget to get family and friends to vote.

STATE CHAMP

Congratulations Dylan Oakley from Southern Taekwondo, on two gold medals in the Under 9 Sparring Division, at the Taekwondo Victoria State Championships held on the 21st July. See full report in our Sports article.

BIODEGRADABLE WASTE BAGS FOR DOG WALKERS

Don't forget, you can pick up Free 'Green Doggy Waste Bags' from the Neighbourhood Centre and pop them into your red



lidded garbage bin after use. Waste bag dispenser is situated in the foyer of the Centre.

These bags are supplied by City of Kingston to help dog owners keep our parks and streets clean.



FAREWELL DINGLEY VILLAGES' OWN BENDIGO BANK COMMUNITY BUS

You may have seen the Community Bus beetling around Dingley Village, which has been generously sponsored by the Bendigo Bank Dingley Village.

We have been very fortunate to have our own Village bus available for use by the residents and groups of Dingley Village for the last 13 years. All due to a wonderful partnership between the Dingley Village Branch of the Bendigo Bank, the City of Kingston and Dingley Village Neighbourhood Centre

Sadly, we have had to say farewell, as the bus has relocated to the City of Kingston Bus depot and will now operate under Council bus usage policy. It will still be available for hire by City of Kingston, not for profit community groups.

Why the change? Community buses now come under the new Victorian Government Bus Safety regulations, which requires a range of safety compliance processes including all groups using the bus being required to register as a "bus

operator". As you can guess, it all became too hard for local groups and community usage has dropped significantly. At the same time, the Bendigo Bank was undertaking their periodic review of sponsorships. As the Bendigo Bank provided the bus for Dingley Village community use, and as community use was dropping; they felt their funds could be better spent on other projects that benefit the Dingley Village community.

The Dingley Village Neighbourhood Centre extends its thanks to the Bendigo Bank Dingley Village.

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Lifeline: **13 11 14**

SES: **13 25 00**

Poisons Info: **13 11 26**

Nurse on Call:

1800 022 222

National Security:

1800 123 400

Cheltenham Police
Station:

9583 9767

MensLine:

1300 789 978

WIRE

(Women's Information and Referral
Exchange):

1300 134 130

The Orange Door

1800 319 353

Tip Smells & Dust:

EPA **1300 372 842**

Cleanaway

1800 213 753

Aircraft Noise:

1800 802 584

Neighbourhood Centre

9558 1866

Community Association

9551 5442

Men's Shed

9551 5892

VicRoads Faults and
Hazards:

13 11 70

RSPCA

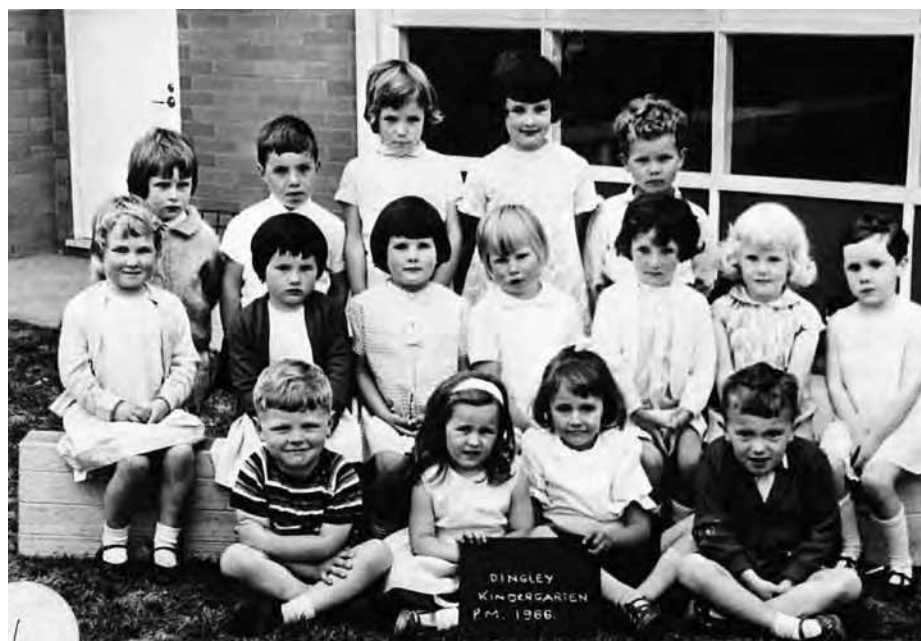
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VILLAGE REFLECTIONS



**Dingley Village
Historical Society**

- Settled 1855 -



DO YOU RECOGNISE ANYONE?

In 1966, Dingley Village's first kindergarten opened in Marcus Road with a morning and afternoon group. Luckily, we have pictures donated to the Historical society, of those first children happily sitting in front of their brand new kindergarten.

What we need now, is the names of these children. Can you help identify them? If you can, please email enquires@dvhs.com.au, phone Marion 9551 1799 or drop into the Historical Society Thursday mornings 31A Marcus Rd, Dingley Village 3172.

Spring into September

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DINGLEY VILLAGE COMMUNITY ASSOCIATION

DVCA ANNUAL GENERAL MEETING

The DVCA Annual General Meeting will be held on Tuesday 11th September 2018 at 7.30pm at the Community Centre, Marcus Road Dingley Village. Rev. Wayne Walters, Christ Church Dingley Village will be speaking on "Serving Your Community". All residents of Dingley Village are welcome to attend, so come along & see what we do.

COMMUNITY MEETING – KINGSWOOD GOLF COURSE

Over 450 residents attended the packed community meeting on Tuesday 14th

August where concerns were heard about the proposed re-zoning and development of the Kingswood Golf Course.

The objection period has closed and we expect 5,000 objections will have been lodged with Council. The response from the Dingley Village community HAS BEEN MASSIVE.

What Happens Next? Kingston Council will consider all objections / submissions received and it is expected that Council Planning Officers will report to the Council Meeting on October 22nd. We urge you to attend. Council

will decide to proceed, or abandon the amendment or refer to an independent Planning Panel. The Minister also can abandon the application.

SPRING ROAD RESERVE DOG OFF-LEASH AREA - OFFICIALLY OPEN

After an extensive period of planning and construction, the Spring Road Reserve Dog Off-Leash Area is officially open for use. It will be the largest of its kind in the City of Kingston (more than 3 times the size of the MCG playing surface), and a great place for both dog owners and their beloved pooches to enjoy.

Since the old wire fencing was taken down, Spring Road Reserve has been a huge positive for Dingley Village. Activities like walking, running, bike riding, kite flying, ball sports, model plane flying, kite buggies and even dancing have been seen in the Reserve over the last couple of years. With the recent addition of gravel pathways throughout the Reserve, the future is looking bright for everyone young and old in Dingley's newest park.

WHERE IS THE DOG OFF- LEASH AREA?

Located in the northern end of the Reserve, between Abbeyfield House and McClure Road, with two zones – a small fenced zone next to Spring Road and a larger unfenced zone beside this. Clearly marked signage has been erected to advise the location of the Off-Leash Area boundaries.



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Responsible Dog Behaviour

Exercise, play and socialisation are important for the health and happiness of your dog. When your dog is off the leash it must still be under your control and you must keep your dog in sight and at a distance where it is able to hear and react to your commands. If you do not have complete control of your dog, it should be kept on the leash.

Please remember it is an offence under Section 26 of the Domestic Animals Act 1994 to not have effective control of a dog.

When your dog leaves the Off-Leash zone (fenced or unfenced), PLEASE ENSURE IT IS ON A LEASH.

All park users have equal rights to feel safe in the park and that is the reason why certain areas of the reserve have been designated either on-leash or off-leash.

Some people don't want to associate with dogs or don't want their young children near them. Other people are scared of dogs (no matter how small and friendly) or have allergic reactions whilst being around dogs.

The wetland areas close to the off-leash area are habitat for waterbirds, frogs and ground dwelling animals. All Australian native animals are protected under the Wildlife Act 1975 and therefore it is an offence to injure or disturb wildlife. There have also been numerous sightings of snakes in these areas, so it is advisable for you and your dog to be on-leash and to stay out of the wetlands.



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ROWAN ROAD CAR PARKING

Car parking for the Rowan Road netball courts and Dingley Tennis Club has been an issue for some time now and causing a lot of grief, not only for those who use the facilities but also for local residents as well as for motorists trying to enter/exit Dingley Village.

Council initially thought angled parking along Rowan Road would be sufficient to solve the issue. However, after extensive research, a petition and a meeting, Council has now committed to opening up the land in Spring Road Reserve opposite the netball courts on competition days and other large events. The Netball Association and Tennis Club have been informed and will discuss with Council how to implement these plans.

Facebook

The DVCA is now on Facebook and you can find us at; <https://www.facebook.com/Dingley-Village-Community-Association-183239365820388/>

DVCA Membership

Open to all residents who genuinely care about our Village. Meetings are held in the Community Centre, Marcus Rd Dingley Village 2nd Tuesday each month (except Dec. & Jan.) at 7.30pm and new members are most welcome to attend. PLEASE CONSIDER JOINING the DVCA and make a constructive difference in our community.

DVCA Contact Details

Please contact the Chairman on 9551 5442, 2 Mungari St Dingley Village, or e-mail. david@llidam.net



IT'S TIME TO BOOK YOUR CHRISTMAS PARTY @ MGA

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FARMERS' MARKET

**NEXT MARKET IS SATURDAY 15TH SEPTEMBER,
FREE ENTRY & FREE PARKING**



Spring is here and our range of produce just ramped up.

We welcomed Bawden Honey and Athens Voice in July, Vegan Dairy to the market in August, and this month we hope to have a winery selling their product. Our market manager is always busily trying to source new produce for the market to provide residents with lots of food choices.

Truffle infused Egg-erton free range eggs are now available, you can also have truffle infused egg on your Bacon and Egg roll, delicious.

We welcomed our first market baby! Congratulations to Crystal, Grant and

big brother Jack from Mumz with Bunz on the arrival of baby 'Michael Koa' on the 27th of July.

All produce, is sold direct to you by the farmer or producer, ensuring you get access to fresh produce as well as the opportunity to talk to the farmer/producer about their produce. Whilst many items



are seasonal, this ensures you are buying fresh quality products

Cash Out facility is available at the Neighbourhood Centre office during the market, if you require extra cash for shopping

Boomerang Bags will once again be onsite supplying recyclable shopping bags.

Customer feedback

"Best Turkish Delight ever".

"Those Arancini balls are the absolute, unequalled BEST. The new basil ones are FANTASTIC!!!!"



**DINGLEY VILLAGE
FARMERS'
MARKET
SATURDAY
15th September**

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8.30AM—1 PM

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www.dvnc.com.au/farmersmarket

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This annual event is planned to both inform the community on issues of concern and ask the community about issues important to them.

The Consultation will be attended by our Councillors and Council Officers, with presentations given by stakeholders on up to date happenings within the village

To RSVP please contact us by

Ph: 9558 1866 or e-mail: admin@dvnc.com.au

LOCAL SPORTS



SOUTHERN TAEKWONDO

Congratulations Dylan Oakley from Southern Taekwondo, on two gold medals in the Under 9 Sparring Division, at the Taekwondo Victoria State Championships held on the 21st July.

Dylan started Taekwondo with his sister Hannah in September 2017 with great encouragement from their mother Emma, who was a very keen junior.



"We don't generally allow students to compete in sparring competition until they have had at least 12 months training, however due to Dylan's eagerness for competition coupled with his ability to learn and hard work we made an exception," said senior head coach David McGarity. Dylan competed in not one but two divisions, the under nine novice yellow belt division and the under nine blue belt division. His day was filled with a little nervousness, suspense and drama to say the least.

After arriving at 9.30am for registration along with 350 other competitors, Dylan began warming up only to discover

his first opponent was nowhere to be found. The opponents coach was frantically searching the venue for him only to learn he was at home in Caroline Springs watching television, his father having got the dates mixed up. The tournament director decided to delay the round to allow Evan, Dylan's first opponent time to arrive and warm up properly.

After an hour or so Dylan's second blue belt division was being marshalled and another drama, there was a mix up with the draw and another delay. Finally everything was sorted out and Dylan proceeded to the competition arena, with his bout was just about to begin, his name was being called out for the other round he had entered, shock and horror again he was going to be disqualified if he was not in the marshalling area within five minutes.

Realising what was going on his mother Emma quickly raced to the marshalling area to explain where Dylan was, she saved the day, all sorted again.

His blue belt bout started very cautiously as you would expect being his first competition, however his natural instinct for competition took over and he quickly settled and won his blue belt division convincingly.

A short break and he was again padding up for his second yellow belt division, beaming with confidence from his first success he quickly took control and won

A quick visit to the first aid centre for a bit of spray ice on his ankle and he was off to be presented his two GOLD medals, what did Dylan say about sore ankle, GREAT! I think I got three medals.

He also wanted to thank Rhys Taylor (Junior Black Belt) his sister Olyvier (Junior Blue belt) and Akasha Walsh who

Did you know - 80% of the profits from your Community Bank are returned to the Community?

It's a little known fact, but as part of your local Bendigo Bank's franchise agreement with Bendigo Bank Limited, 80% of the profits we raise must be returned to the community. Why? It's because when Bendigo Bank first came up with the concept of "Community Banking" they realised that it must be "of the Community, by the Community, for the Community". It is this concept that drives the Manager, the Employees and the Volunteer Board of your local bank to return hundreds of thousands of dollars of profit straight back to your Community every year for funding projects and programs.

At a time when other banks are posting massive profits in dividends back to shareholders and paying large salaries to corporate board members and employees, we thought we should remind you of this important point of difference in banking concepts. We still provide the vast majority of services that the other banks do, we just hand the majority of the profits back to the community. Ask yourself, do you think that's a good model for the Community and therefore a worthwhile reason to transfer your business across to Bendigo Bank - Dingley Village?



www.bendigobank.com.au

is training for her (Junior Black Belt) all keen competitors for helping him as sparring partners

What does the COACH think?

Answer "I think it's GREAT for all of them, to see them all helping each other to be the best they can be and learning to be good young people and winners in LIFE is fantastic", said David McGarity.

Interested people should contact Senior Head Coach David McGarity, Southern Taekwondo M 0439 304 579

MAROONS NETBALL CLUB

Welcome to season two 2018. The teams are back hard at training and we saw our new Net Set Go team, the Jaguars, join the competition. They had a great couple of games and really enjoyed playing against other teams. On Tuesday 31st July, we had Kate Maloney, from the Melbourne Vixens, come to the courts to give a training session to a few of our lucky members. They all really enjoyed the session and were in awe of Kate's stories of how she trains, her diet and how she became a Melbourne Vixen. Thanks again to Kerryn Porter for her big role in arranging this for our Maroons Members. Maroons will be having a Sausage Sizzle fundraiser at Woolworths in Dingley on



Saturday 8th September 8am – 4pm, so please come and buy a sausage, or two from us. If you after any other information please see our website www.maroonsnetballclub.net.au.

Trudy Pritchard, President Maroons Netball Club.

DINGLEY TENNIS CLUB ANNUAL FUNDRAISER NIGHT



Saturday 13th October. Test your Knowledge at our Trivia Night. Table of 8 just \$10 a head. Get your teams ready.

PLAYERS WANTED. We are looking for tennis players to play in our night competitions. We have a men's competition on a Monday night & a mixed competition on a Wednesday night. It is a fun, friendly night with supper provided.

If you play tennis or played in the past & would like to have a hit again we would love to hear from you. Please inquire at 03 9547 4839 or admin@dingleytennisclub.com.au

Our coaching is run by Daniel Wender from S.E.T Academy and provides for all skill levels. We also have a great program called "Hot Shots" to introduce the young ones into the great sport of Tennis. Please call 0402 000 874 for any further information.

Did you know that our tennis club is located on Rowans Road Dingley, next to the netball courts? We have 16 courts all with lights, the club is open early in the morning until late at night, we have a magnificent club house, outdoor BBQ facilities, licenced bar and full kitchen facilities. Come and have a look, we would love to see you.

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SAFE COMMUNITY

Spring is here and a homeowner's mind turns to clean-ups and DIY around the house and garden.

However, did you know that in 2016/17, 26% of all injuries requiring hospital admission and 42% of injuries resulting in emergency department presentation occurred in the home?

The most common preventable injuries are from:

Falls from a ladder – people standing too high up the ladder, not keeping one hand holding the ladder, and losing their balance.

Power tools – causing hand and finger injuries and even amputation. Angle grinders and power saws are the worst offenders. Grinders cause about a fifth of all DIY injuries and power saws about 15 per cent.

Welding equipment – a frequent cause of eye injuries in people not wearing protective eyewear.

Lawnmowers – injuries caused by flying bodies like stones spat out by the blades, people pulling the lawnmower over their feet, or putting their hands under the lawnmower while the blades are still in motion.

Sharp blades – knives, chisels, saws and axes – causing lacerations and open wounds.

DIY injuries are usually caused by non-use of personal protective equipment, inappropriate tools, unsafe work practices and insufficient safety precautions. So this spring stay safe.

To give you an idea of how serious these injuries can be, Monash University's Accident Research Centre figures show

that in Victoria alone there are about 1000 hospital visits, 500 hospital admissions and about 15 deaths a year from DIY injuries.

Monash University Accident Research Centre

Report: Unintentional Hospital Treated Injuries in Victoria 2016/2017

Australian Institute of Health and Welfare 2017. DIY injuries fact sheet.

ORANGE DOOR

Support and Safety Hubs, known as The Orange Door, help women, children and young people experiencing family violence and families who need support with the wellbeing and development of their children.

They help connect people directly to services and provide a coordinated response to a range of different needs, and where required a whole-of-family response, including holding perpetrators to account and working to help them change their behaviour.

The Orange Door provides services to people living in Bayside Peninsula, which includes Bayside, Frankston, Glen Eira, Kingston, Monington Peninsula, Port Phillip and Stonnington LGA's.

It is free to access help and support through The Orange Door and you do not need a referral.

Quick facts

3,318 people **aged 15** or more were hospitalised for a DIY injury due to falls or contact with tools and machinery in Australia in 2013–14.

4 in 5 DIY injury cases **were male** (81%).

Falling from a ladder was the most common cause of DIY injury in 2013–14.



Bayside Peninsula

1800 319 353

60-64 Wells Street, Frankston VIC 3199

Opening hours

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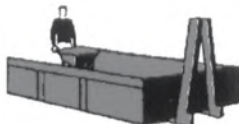
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Mordialloc Freeway Update

Major Road Projects Authority now delivering the Mordialloc Freeway

In July 2018, the VicRoads Major Projects Division became a new dedicated authority, the Major Road Projects Authority (MRPA). MRPA is charged with planning and delivering the pipeline of major road projects for Victoria, including the Mordialloc Freeway.

The team delivering the project will not change; they just have a different name.

What has been happening?

Environment Effects Statement

The final scoping requirements, which outline the detailed studies that MRPA will carry out during the planning phase of the project, have been set by the Department of Environment, Land, Water and Planning (DELWP).

The EES will focus on the potential impacts to:

- **Biodiversity and habitat:** migratory birds and the native vegetation when modifying grasslands and wetlands.
- **Surface water and ground water:** quality of water flows and drainage in the Mordialloc Creek catchment and the Edithvale-Seaford Wetlands.
- **Noise and air quality:** increased traffic and noise for residents and nearby parklands, in addition to local air quality with exposure to vehicle emissions.
- **Landscape and visual amenities:** changes from bridges over interchanges and the wetlands.
- **Traffic and transport:** journey and road safety improvements.

The final EES documentation, including the outcomes of the technical studies, is scheduled for public exhibition in October 2018. DELWP invites the community to comment on the EES documentation through written submission.

Requests for Tender

The two shortlisted tenderers for the project - McConnell Dowell Decmil joint venture and CPB Seymour Whyte joint venture – have commenced the twelve-week tender process. Tender submissions for the project are expected to close in October 2018, with the preferred contractor to be announced shortly after.

Stay Updated

From now on, you will be hearing from the MRPA team with updates on the Mordialloc Freeway. They also have some new contact details.

Visit: roadprojects.vic.gov.au to subscribe to our mailing list

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Call: 1800 105 105

Kind Regards,

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DOLLARS & SENSE



By
Michael
Ryan

WHY DOES THE VALUE OF MY SUPER FUND GO UP AND DOWN?

If you pay close attention to the value of your superannuation fund, and if, like most people, your money is spread across the main investment classes, you would have noticed that your retirement savings can both rise – and fall – in value. This can lead to some nervous times, particularly if you are close to or already in retirement.

What causes these ups and downs and can you do anything about them?

Start with how your fund is invested

For the most part, fluctuations in the balance of your super fund can be attributed to the portion invested in shares, and to a lesser extent, property. In general, the greater the exposure to the share market, the greater the volatility (i.e. the bigger the rises and falls) in the value of your retirement savings. So, what drives share prices?

How much is an investment worth?

Let's compare two companies, A & B, and the profit per share that they are expected to generate:

| Year | Company A <i>Earnings per share</i> | Company B <i>Earnings per share</i> |
|------|--|--|
| 1 | \$1.00 | \$2.00 |
| 2 | \$1.20 | \$2.30 |
| 3 | \$1.25 | \$2.50 |
| 4 | \$1.30 | \$2.70 |
| 5 | \$1.40 | \$2.85 |

Which company's shares would you pay more for?

The obvious answer is Company B's. Based on current information, it is projected to generate much higher earnings and is therefore worth substantially more per share than Company A. That's because, in very simple terms, an investment is worth the sum total of all of its future earnings.

It's not quite that simple

Of course, there's a catch: the future is a very uncertain place.

What if next year Company B announces that its profit is only \$1.50 per share? Suddenly it looks much less valuable, and as a result, its share price should fall. However, company profit announcements aren't the only things share analysts look at. They examine all sorts of issues in an attempt to anticipate what a company's future earnings will be. Some are specific to the company, such

as a change in CEO or launch of a new technology, whereas changes in interest rates or a jump in unemployment can affect the whole share market.

Opinions matter

Aside from hard numbers, opinions count for a lot too. One investor may think that the fossil fuel era is coming to a close, that the earnings of coal and oil companies will fall and their share prices will drop. Another investor may think that the world will increase its demand for fossil fuels and expect those same companies to rise in price.

It is the collective opinion of all these analysts and share traders that set the momentary price of any given share. The combination of these collective opinions on the prices of the shares held by your super fund then determines how much your retirement nest egg changes in value.

This doesn't mean that share price movements always appear logical. A company can report a stellar profit and still have its share price hammered if the market was expecting an even better result.

What to do?

The impact of share price volatility can be moderated by good diversification and by allocating a smaller fraction of the portfolio to shares. Just be aware that the latter can also reduce the potential long-term returns from your portfolio.

If the ups and downs in the value of your super fund are concerning you, or if you would just like to check if you are still on the right track, your licensed financial adviser will be able to assess your situation and point you in the right direction.

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GOLFING INJURIES- CAN THEY BE PREVENTED?

Many people consider golf a low-level physical activity without the possibility of injury ever happening to them. Nonetheless as with any sport there is the potential for acute or chronic injuries to occur. The most common sites for injuries to golfers include the low back, shoulders, elbows, hands and wrists.

In one survey that looked at golf injuries in amateur golfers, approximately one third of golfers had suffered low back injuries. Tiger Woods missed the 2014 US Masters with a back injury. Elbow injuries were also particularly prevalent with a similar number of elbow injuries reported. Injuries to the hand, wrist and shoulders occurred less frequently however were still a common complaint.

Golf injuries can occur at any time but are most likely due to overuse, striking the ground with the club or poor swing mechanics. Inadequate warm up is also a contributing factor to injuries sustained through golf. There is a higher incidence of injuries in golfers over 50.

As Physiotherapists, we see our fair share of golfing injuries and ensure thorough assessment and treatment using local anti-inflammatory modalities, stretching, strengthening and advice on return to sport and injury prevention. However, there are things that you can do in order to help prevent injuries occurring.

LOW BACK.

Injuries to the low back can occur due to increased rotation of the shoulders during back swing. Try to ensure that the hips

and shoulders rotate similar amounts to prevent injuries from too much rotation of the spine. It is also important to make sure you are warmed up prior to play by performing some practice strokes. Start with a small back swing working up to a half stroke and then to a tee shot. With each shot, you will progressively increase the amount of rotation that occurs through your trunk.

Lower back stiffness can also be a warning sign to back pain. Therefore back extension in the form of leaning back in standing or back arching as well as back arching on the floor lying on your stomach and pushing up through your arms can help this stiffness before it develops into something more debilitating.

ELBOW

'Golfers' Elbow is a common complaint that can occur in an acute incident i.e. hitting the ground during swing or as an overuse injury through poor technique or equipment. Treatment includes stretches, strengthening and anti-inflammatory modalities. Some people can find relief from a counter force brace that we can supply here at Physiochoice. Larger club grips and lighter shafts can also be of assistance.

As with any sport, it is important to include a sport specific warm up prior to play in order to help prevent injury. Warm up initially with a few minutes walking and then begin golf specific stretches and activities such as trunk rotation and shoulder exercises followed by some practice shots prior to teeing off. Improving your general fitness can also help with reducing the risk of injury.

If you have any concerns or are worried about your golfing injuries or pain, then it is important to get the advice of a health professional such as a physiotherapist, as there are probably many things that you can do in order to make playing more comfortable.

Bob Wong
Director

APA Musculoskeletal and Sports Physiotherapist

JOHN DUNHAM
Chartered Accountant

Tel: 9551 1818

Fax: 9551 2478

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LOOKING AT LOANS



CHANGES TO CREDIT SCORE REPORTING

If you have a credit card or a loan, or have even just applied for either, you have a credit history.

What you may not realize is that what is recorded on your credit history has changed as of 1st July 2018.

WHAT'S HAPPENING?

Previously, lenders only shared negative information such as defaults, bankruptcy, court judgments, along with listing applications for credit. There was no report stating if you paid your bills on time or late, only reports of more serious problems. Under the new system, credit providers will also have to share positive information, such as when you made all your repayments.

HOW DOES THIS AFFECT ME?

A history of making regular payments, repaying a loan early or closing unused accounts (such as excess credit cards) can now help you demonstrate your creditworthiness and increase your ability to obtain credit. Good money managers will now be given more recognition, and ultimately rewarded with better access to finance.

On the other hand if you are in the habit of paying bills one week past due

date, this will in future impact your ability to obtain a loan.

WHAT TO DO?

Your repayment history now counts, paying bills on time is important! We recommend setting up direct debits where possible to avoid missing due dates.

Only apply for credit when you need it – do your research before any application, less enquiries are better for you (that is the value of a broker, who will do the

research for you across multiple banks without multiple credit enquiries).

Monitor your credit file and credit score (it costs nothing) and keep an eye out for errors or fraudulent activity on your file. If you have a history of paying all your bills on time, that is great! Keep up the good record; you will be rewarded for it.

If on the other hand you have been guilty of making late payments at times, this is your chance to take charge, and amend your habits before it is too late. This credit reporting is commencing now, and note data is held for 2 years on your file.

If you have individual questions to raise call our office, we are happy to assist where we can.

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BLENDED FAMILIES AND ESTATE PLANNING

A blended family is a family in which one or both partners have a child or children from a previous relationship. The nature of this type of family can cause complex issues upon the death of one of the partners, particularly having regard to the needs of the individuals in the family, and the financial intermingling of the partners through the deceased's lifetime.

THE COMMON ISSUES

Typical issues that can occur in this type of family relate to the competing interests of your spouse, your children and step-children including:

1. The continuing financial needs of minor children upon the death of a parent;
2. The desire to ensure adult and/or minor children from a previous relationship are financially provided for upon your death;
3. Ensuring your spouse is financially provided for upon your death; and
4. The desire to avoid potential issues between family members upon your death.

It is also important to consider in situations where you and your spouse own property together, whether you wish that share of your property to transfer to your spouse, or whether you wish your share of the property to be for the benefit of your children.

These issues can be minimised by having an open conversation with your spouse as to estate planning matters and seeking appropriate legal advice.

Dying without a will – Laws of Intestacy

Should you fail to deal with these issues throughout your lifetime and you die without a valid will (that is die 'intestate'), the Administration and Probate Act 1958 (Vic) provides a strict legal process for the division of your estate upon your death. In brief, the current intestacy laws, when considering blended families, provides that if the value of residuary estate* is worth more than the current statutory legacy of \$451,909 then broadly:

1. Your spouse will receive all your personal chattels**, the statutory legacy of \$451,909 plus any interest and half the balance of your residuary estate;
2. Your child or children from previous relationships will share in the remaining half of the residuary estate; and
3. Your spouse will also have the option to elect to acquire your real property, if any, from your estate at its value from the date of your death.

Depending on the individual circumstances of your family, the above process may not adequately fulfil your wishes as to the division of your assets upon your death.

The Need for a valid Will

In order to ensure that upon your death your assets are divided and/or transferred in accordance with your wishes, and not subject to the statutory process of intestacy, you must have a valid Will.

The making of a Will in these complex circumstances means there may be a number of options to consider including:

1. The nomination of beneficiaries of any superannuation and/or life insurance policies;
2. The manner of holding of any real property you currently own and the effect your death will have on this to the individuals who reside in the property;
3. Providing specific gifts to your children and/or spouse under your

- Will to ensure they are provided for adequately upon your death;
4. Providing your spouse with a life interest to continue to reside in the real property upon certain conditions until their death. Upon the death of your spouse the property would then be dealt with according to the provisions of your Will; and
5. Whether it is necessary to appoint a guardian for a minor child, and who would be best suited to this role.

The considerations of how to deal with your estate upon your death will be entirely dependent on your personal circumstances.

What Next

Although a daunting process, careful estate planning, especially obtaining advice from a competent solicitor who understands these issues and practices in this area, can address and alleviate the issues previously discussed.

We have extensive experience in estate planning and this area of the law; therefore if you require any further information or are seeking to make a Will please do not hesitate to contact us on (03) 8555 3895 for further information.

Melissa Gibson,
Solicitor
Lyttletons Lawyers

* *The **residuary estate** is the remaining funds in your personal estate after payment of funeral, testamentary and administrations expenses, and after payment of all debts and liabilities.*

** ***Personal chattels** include but are not limited to jewellery, furniture, motor vehicles and antiques.*

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We are living in a time of vast change; both modern medicine and nutrition allow humans to live longer and healthier lives than ever before. Now, people can expect to live between 85 and 100 yrs., which is 15 yrs. longer than our counterparts lived half a century ago.

However, seniors have to acknowledge that with advanced age comes frailty and health concerns. A senior's quality of life is greatly dependant on whether they continue to live independently and stay in their own home. Therefore, in-home care will continue to be an important concept for both the present and the future.

The older seniors get, the less they need to eat therefore, the quality of the food that they eat becomes increasingly important as they age. Living happily and independently as you age, becomes more

likely when you follow the advice from scientific studies on nutrition. Common 'superfoods' include salmon, flax seeds and dark chocolate.

One of the most important things seniors can do to extend and improve their lives is regular exercise. Exercise becomes increasingly important, as it is important to prevent the body's natural deterioration and maintain maximum strength and flexibility, professional caregivers are trained to motivate and support you to participate in home exercise program. At Home Care Assistance we can help coordinate a program that is tailored to your specific needs.

Having a high quality of life includes not only the freedom to stay wherever you want, but the freedom to travel. One of the unique advantages of in-home care

is that it is not limited to the home; your caregiver is able to assist you with going to the shops, in the great outdoors or even in another city or country.

By now, it is clear that small changes to lifestyle can help us extend the length and quality of our life. Daily exercise, healthy eating and an active social life can extend our life well past 100.

Feel free to reach out to us at Home Care Assistance, SE Melbourne, for professional carer support or just a friendly chat.

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WELCOME TO DINGLEY EYE CENTRE'S NEWEST FAMILY MEMBER

At Dingley Eye Centre, our priority is always about looking after you, your eyes and their wellbeing. We are constantly looking for ways to improve our quality of care and service. And as such, we are proud to introduce the newest member of the Dingley Eye Centre team, Dr Hashini Seneviratne. She brings with her a real passion for optometry and a wonderfully caring nature.

Hashini has been with our other practice in Richmond, but now moves into a permanent role in Dingley replacing Dr Jayami Ganepola, who has departed on her trek around the world with her husband.

Hashini was born and raised in Ballarat before moving to Melbourne to complete her high schooling. She graduated from Monash University with a Bachelor of Biomedical Science, including an Honours year, where she completed a thesis on endometriosis.

Following a brief period in medical research and realising this wasn't the career for her, she began a Doctor of Optometry at Melbourne University, and immediately fell in love with her newfound career path.

Still a country girl at heart, Hashini leapt at an opportunity to begin her life as an optometrist in Morwell and Traralgon, where she gained extensive clinical experience in general optometry.

Working in the country exposed her to many complex cases, allowing her to co-manage diseases with ophthalmologists. However, after tiring of the travel to and from Gippsland and Melbourne every day, she wanted to be closer to home

and joined our practice in Richmond. However, Hashini has been super keen to become more involved in a community with a close-knit spirit, similar to that of a country town, and was excited about the opportunity to join us at the Dingley Eye Centre.

Hashini has a special interest in contact lenses, myopia control, children's vision, orthokeratology, and anterior eye diseases.

Outside of optometry, you can usually find Hashini with her head stuck in a book, enjoying a glass of red wine, or cheering on her beloved Bombers, with whom she has a love-hate relationship. She loves travelling the world, trying to combine this with scuba diving when she can. She has grand plans to visit every continent, and still has South America and Antarctica to go. In her downtime she enjoys spending time with her husband, family, friends, and most importantly her German Shepherd, Sarabi.

At Dingley Eye Centre, we are passionate about your vision and the health of your families' eyes. Call us to make an appointment, book online or come down for a chat about how Hashini can help you look after your eyes.

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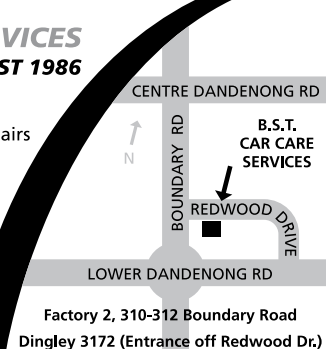


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DINGLEY VILLAGE MEN'S SHED

Another park project is underway with DVMS manpower producing the goods - this time upgrading some of the signage throughout Braeside Park. This work is being carried out under the direction of Janelle, the Parks Vic supervisor. Thank you to Geoff Hergt for being the coordinator and record keeper and for also supplying the following "action" shots of the work being carried out to date by Theo Breeuwer, Terry Wells, Graham Giulieri, Ian Jacobsen, Bob Wood, Rob Isaachsen & Leigh Walsh.



A group of shedders visited Naked Racer on Thursday 26th July, organised by David Smith. Another great outing with a walk around the museum and of course the obligatory coffee and lots of chatter and good memories.

Our Wednesday bike riders have had a few tough days in July with wind & rain but they soldier on. I hope those electric assist bikes are safe when they get wet.

DINGLEY CHELTENHAM VIEW CLUB

Dingley Cheltenham VIEW Club



members were shocked to learn 1.1million Australian children and young people live in poverty. At their monthly meeting members heard from Donette Rushworth from The Smith Family who spoke about the Learning for Life Programme that VIEW Clubs around Australia support. The programme is aimed at children from disadvantaged families, who are given access to ongoing financial, practical and emotional support to ensure they

can receive an education from primary through to tertiary. Currently there are 41000 scholarships provided to children Australia wide. VIEW clubs are an integral part of the The Smith Family and their work.

It was inspiring to hear of the difference these programmes make to the children and their long term future and the part we play in this.

Women of all ages are most welcome to join us. Our monthly meetings provide us with opportunities to learn, our monthly outings provide us with fun and friendship, whilst making a difference.

We meet the second Tuesday of the month 10am until approx. 1130. at Keysborough Golf Club, 55 Hutton Rd, Keysborough, easy parking and access.

For further information contact Fran Thomas 0419 309 931 or franniet@gmail.com

DINGLEY 60 PLUS SOCIAL GROUP

August has seen our members enjoying dinner, live music and dancing at our local Night Clubs. Our Saturday night dinner dates have been at Cheltenham – International and Dingley – Asian. Our first Sunday morning brunch was at Braeside where pancakes were a favourite item on the menu. The timing and venue for the groups 15th Birthday Celebrations was a Sunday Brunch at Beaumaris.

To our members who are currently not enjoying the best of health we wish them a speedy and complete recovery.

If you are in the 60 Plus age group and are at a bit of a loose end any Thursday night come along and join the group for a casual chat and your preferred beverage. We meet from 7.30 pm at the Dingley International Hotel (DIH) in the newly renovated Bistro, or sometimes just inside the Gaming Room door. Seek and you shall find. It is pleasing to note that despite the cooler evenings Thursday attendances has continued to grow.

A list of proposed activities over the next month or so is available at these gatherings. Regular activities undertaken by the group include dinners, theatre nights, movies, BBQs, picnics, breakfasts, concerts, holidays, trips, walks and dinner dances.



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We are always happy to welcome new members to the Group. Any enquiries about the group may be directed to Graeme on 9551 3462 or Shirley on 9551 1398.

PROBUS CLUB DINGLEY CENTRAL



Our speaker for the August meeting was fellow Club member, Clive Chew, who is also very active in our Camera Club, telling us about his most recent trip to Uzbekistan, Turkmenistan & Iran. As well as seeing many slides of these countries, he brought along beautiful souvenirs, which gave us a good idea of what these very interesting places are like, including the generosity of the people.

We commence our September activities on 3rd with our General Meeting. Guest speaker - PDG John Barnes - Rotary in India & polio eradication. On 10th, Morning Coffee 'The Nest' Waterways at 10.30am. Camera Club meets at 1.30pm on 13th. The iPad group on 18th at 10am. Our dine-out on 19th at 12.30pm. Two events on 21st, Morning Melodies at 10am featuring 'Brenda Scott', Mr. Song & Dance Man at Waltzing Matilda Hotel and at 10.30am, Songs from Cinema 'Pippa Wilson' with Jazz Notes at FAC. The Craft Group meet on 24th at 10am DVNC. Games Day at 10.30am on 27th and lastly on 28th at 9.30am, the Walking Group meet at DVNC.

We meet on the 1st Monday of each month at the Salvation Army Hall, 13 Garden Boulevard, Dingley Village and we always welcome new members and visitors.

For further information, please contact Graham on 9551 9582.

ROTARY CLUB DINGLEY VILLAGE



I'm back, or for those who never realised I ever went,

I'm still here. Six weeks spent away from home and my fellow Rotarians, and surprise, surprise, everything went very well without me. A large blow to the ego, but such is life. While I was away, your Rotary Club continued with its various good works both international and local, for three is always a constant need. During my absence, the venue for our weekly meetings was changed. We now meet at the Mentone RSL, where we have been made very welcome and comfortable. The RSL was able to accommodate us in private rooms, so for those who would wish to join us, we meet Thursday evenings, 6.00 for 6.30 pm. We would make everyone interested in our work very welcome.

While overseas, I missed an excellent talk from Rotarian Sue Hilton and husband David on a recent trip they made to Israel. Being Jewish, David had roots; being a history buff, Sue had other interests as well, in this ancient land full of fascinating past and present history. I am reliably told, by those who heard their informed and fascinating presentation, that a trip to Israel is now included on their bucket list, as it has been on mine for some time.

I was however, present at the meeting on 2nd August. Our guest speaker on this occasion, as I found out a day before, would be a Senior Sergeant from the Victorian Police Force. Unfortunately, being a Bear of very little brain, my mental image of such a being was a brawny cop possessing both brain and considerable brawn. Later, being informed of the

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name of the Senior Sergeant as one Sarah Carmichael, all my still minuscule brain could envisage, was a misnomer like a "Boy named Sue." To my great delight, Sarah turned out to be a charming, very intelligent woman who gave a fascinating oration on her work in the Force, particularly focused on the safety of children in the community, especially related to the efficiency of restraining seats in motor vehicles.

My interest and respect for the members of the Victorian Police Force, always strong, was considerable reinforced. I am tempted to comment that I have never had the good fortune to be pinched by such a charming copper, but as this remark may be considered sexist, I will refrain from making it.

On Wednesday 8 September, your Rotary Club sponsored a meeting of the Schools Resilience Program, attended by a crowd in excess of three hundred persons. The event was a combined night for the three Primary schools in the Dingley area and others from the surrounding community. Those present were fortunate to be addressed by our present Rotary President Mr. David Cugley, and two other eminent speakers of such renown that a dropped pin would certainly have been a major distraction.

Come join us and be part of the wonderful and rewarding manner in which we serve the Community.

PROBUS CLUB OF DINGLEY VILLAGE

The scheduled guest speaker for our August meeting was unable to attend due to illness. In his place, three members participated in an impromptu "Getting to Know You" session. Each was able to share with us stories of their early school years, employment and what led each of them, to eventually settle in Dingley. Thanks to all three for assisting at such short notice.

The guest speaker at our September meeting will be Leigh Woodgate, a professional jumps jockey who achieved a high profile in this dangerous sport. More than fifteen years ago, she suffered a bad fall, with multiple injuries that she was



fortunate to survive. She is now back riding track work, and we look forward to hearing her story.

Other September activities will include coffee morning on the 11th at Cessna Cafe, a movie lunch at the Waverley Cinema on the 13th, and Morning Melodies at the Waltzing Matilda Hotel, on the 21st, one week earlier than usual this month. (Mr Song and Dance Man – Brendan Scott)

We meet on the first Thursday of the month at the Dingley Sports and Social Club at Souter Oval, from 10.00am. Visitors and prospective members are always welcome at our meetings, and for further information, or to join one of our activities, please contact either President Ursula on 9547 2580, or Secretary Davina on 9551 1217

DINGLEY VILLAGE SENIOR CITIZENS CLUB

Spring is nearly here (or so the calendar would have us believe)! Have you noticed all of the beautiful Camellias and Magnolias that are out in flower at the moment? Last month we had our AGM and all of our office bearers were re-elected.

We also have had a few birthdays and one of our Members, Marlene, provided a lovely afternoon tea for all of us to enjoy.

A presentation was made to Beryl in recognition of her long service to the Club.

Arranged activities for September are:

- 3rd – Committee Meeting followed by games;
- 10th – Trade Table and Bingo (eyes down at 1:00 p.m.);
- 17th – Fish and Chip Lunch Day at 12:30 p.m. followed by a Trivia Afternoon;
- 24th – Bingo (eyes down at 1:00 p.m.).
- October the 1st – Committee Meeting followed by games.

Our friendly group meets in the Harold Box Hall, Marcus Road, Dingley, mostly of a Monday (unless otherwise indicated) from 12:30 p.m. If you have a query, or for any further information, please contact our President, Lyn, on 9585 5039 or our Vice President, Maureen, on 9551 8425.

COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE



CWA Dingley Village members would like to thank the Ladies from the CWA Mc Donald Group and other Guests for sharing with the members, a pleasant, Association Day afternoon tea.

Our guest speaker for the day from K. O. G. O. "Knit one Give one" was very thankful for the knitted items, scarves, beanies, knitted squares to make up rugs and blankets to keep out the winter chills, plus knitted toys.

There will be a CWA Dingley special stall at the Bunnings Store Keysborough on "Saturday September 1st", between 10am and 1 pm, as mentioned in the August Dingley Dossier.

President Lindy at 9579 2574 and Secretary Diana at 9580 6150 will pass on any information regarding our monthly craft day held at a members home the 2nd the Wednesday at 10am, also the monthly meeting held the 4th Wednesday at 10am at the Dingley Village Neighbourhood Centre in Marcus Road Dingley. Visitors welcome.



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What's On

Wednesdays – **Prayer meeting** at the church 9.00 – 9.30 a.m.

If you have a concern that you would like prayed about, ring Margaret on 9551 9494

Know Your Bible, 9.30 – 11.00 a.m.

An interdenominational study for women of the Bible. For further information contact Jennifer on 0419 115 811

FIRST FRIDAY OF EACH MONTH

Indoor Carpet Bowls – 7.30 p.m. in the Church Hall followed by supper

BARK AND CHAT

A bi-monthly group for dog lovers and/or their dogs. Come along to share social time with other like minded people and their dogs. This meeting will focus on places you can visit that are dog friendly. Morning tea to follow.

Enquiries contact Margaret on 9551 9494.

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Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

Baptism: Bookings through the St. Joseph's Parish Office, Springvale (9547 4877).

Baptisms will be held at St Joseph's Springvale and St Mark's Dingley on alternate months-

contact the church offices

Weddings: By appointment only

Confession: 5:30pm prior to Saturday Vigil Holy Mass, or by appointment

Holy Mass Times:

Monday to Friday: 7:00am in the Friary Chapel

Saturday: 6:00pm Vigil in the Church

Sundays: 9:30 AM Sunday Mass (NB. only one Mass on Sunday)

Some important dates for the month of September

- 3rd Saint Gregory the Great – Pope & doctor
- 8th Nativity of the Virgin Mary
- 12th Holy Name of Mary
- 13th Saint John Chrysostom – Bishop & doctor
- 14th Triumph of the Cross
- 15th Our Lady of Sorrows
- 18th Saint Joseph of Cupertino
- 20th Saints' Andrew Lim Tae-gon, Paul Chong Ha-sang & Companions
- 21st Saint Matthew – Apostle & Evangelist
- 27th Saint Vincent de Paul
- 29th Saint Michael, St Gabriel, Saint Raphael – Archangels



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Senior Pastor: Dan Parker Senior Associate Pastor: Dave Harrison

Sunday Services: 10am Service has Children's Ministry.

A Women's evening with Helen Parker.

We are hosting a Women's evening on Tuesday 18th September at 7:30pm

in our main auditorium. Our guest speaker is the amazing Helen Parker from the Babes Project. There will be no cost for the event but an offering will be taken for the Babes project. Supper will be provided.

After facing her own crisis pregnancy at the age of 20 with limited support, Helen established The Babes Project in 2009 with the goal of ensuring women had access to the help and care needed as they prepared for parenting.

Helen continues to run The Babes Project in Melbourne over three sites and has a fierce determination to lead and expand the organisation until every woman in Australia knows she can access support in her pregnancy and early parenting.

Helen is a compelling speaker, engaging her audiences in stories of risk, pioneering and living to see a dream become a reality. Of course, Helen's favourite story to tell is how The Babes Project began and how it exists as it does today, but she is also passionate about leadership, women's issues and politics.

Hope to see you there.



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SUNDAY SERVICES:

8:30am: Traditional Service in the Church.

10:30am: Contemporary Service in the Auditorium.

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(Children's Ministry during the 10.30 service)

COMING EVENTS at CCD

Miracle Healing Evenings -Encounter the Power of Jesus - with Ps Mark Hemans from Jesus Encounter Ministries. Fri 31 Aug 7pm & Sat 1 Sept 6.30pm at Christ Church Dingley. See www.jesusencounterministries.com for miracle stories.

Fathers' Day Breakfast between services at 10am, 2 Sept. Come and explore

the lifelong power of a man of integrity in a child's life.

Pleasant Tuesday Communion Service – 11 September, 2pm in the Church. Service includes Holy Communion and Favourite Hymns, followed by a sumptuous afternoon tea. Transport available on request: 9551 7871.

'Aboriginal Australia: From Awareness to Engagement' with Rev Garry Wetherell.

Sunday 16 September, 12.30-2.30pm commencing with shared lunch.

145th Anniversary of Christ Church Dingley – Sunday 23 Sept, 10am. Combined morning service with roast lunch to follow.

REGULAR MINISTRIES

Healing Prayer Ministry (Inner Healing) Alternate Mondays & Thursdays 9:30am or 11:30am (during school term) by appointment: 9551 7871

Healing Rooms (Physical Healing)

Wednesday Mornings: come between 10:30am and 11.30am

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Medical Mission Aid Stall First Sunday of every month, (2 September 'Fathers' Day' this month) 8am until 1pm (before and after morning services). Beautiful homemade goods, new items, and yummy cakes, jams and relishes. Funding provides medical supplies to six hospitals in Tanzania, Kenya and Rwanda.

Conversational English Classes for Adult Students, Saturdays from 10am -12noon during School terms. Beginners to Advanced catered for.

For Youth and Young Adults:

Youth - every Friday (in school term) from 7:00pm. All Years 7-12 welcome!

Dare: Tertiary students / Young Adults meet 7.30 pm Monday evenings.

Church Office:

For all enquiries, contact the office: 9551 7871

Ministers:

Vicar: Rev. Wayne Walters: 0425 163 730
Associate Minister: Tanya Cummings 0408 912 412

Children, Youth & Young Adults' Minister: Andrew Capon

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Note new Phone number: 8712 8254

Email: admin@villagechurch.org.au

www.villagechurch.org.au

Our Church program for SEPTEMBER is as follows:

FATHER'S DAY

Sunday, 2nd September – 10am Worship Service at the Harold Box Hall, 31 Marcus Road, Dingley

SUNDAYS

10.00 a.m. Worship Service at the Harold Box Hall, 31 Marcus Road, Dingley Village.



*Kids Church in the Dingley Village Neighbourhood Centre - 10.30am to 12 noon, children from birth to Grade 6. All welcome.

MONTHLY LADIES AND MENS GROUPS:

* Homemakers - 1st Monday of each month. 3rd September, 7.45pm, Dingley.
Men's Group – Tuesday 11th September. 6-9pm. BBQ, fellowship and sharing. 7 Fiveways Boulevard.

LIFE GROUPS:

*Youth – Fortnightly Tuesdays 4th, 18th September. 6.30pm. Springvale South.
*Wednesday nights – Fortnightly 7-8.30pm. 12th September. Dingley.
Sunday nights – 7-8.30pm. 9th and 23rd September. Keysborough.

PRAYER TIME:

Weekly - Wednesdays 10-11am at church office. Tea/coffee afterwards.
Monthly – Saturday 15th September, 7-8am and 9-10am at church office.

BIBLE STUDY:

*Women's – Thursday 13th September. Precept Ministries study on the book of Ruth. Fortnightly at the church office 10-11.30am.

*Open – Thursday 13th September. Fortnightly at church office 2pm.

*Not held during school holidays.

WOMEN'S BREAKFAST – ADVANCE NOTICE

Saturday 6th October, 8-10am at the Salt Café, Heatherton Christian College, 316-322 Kingston Road, Clarinda. Guest speaker is Natalie Short. Cost \$25. Contact Faye Hardman 0409 400 106 for tickets and any questions. Bookings open Sunday 22nd September and close Monday 1st October.

MARRIAGE & FAMILY SUPPORT:

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families.

In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we would love to be able to encourage, support and strengthen you.

Our Church Office is at 7-9 Fiveways Boulevard, Keysborough, and is open from Monday to Friday, 9.00am to 12pm - Phone Number 8712 8254. Please feel free to call Lesley with any enquiries you may have.

Our Senior Pastor is Rodney Hole who may be contacted through the Church Office.

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SCANNING THE SCHOOLS



DINGLEY PRIMARY SCHOOL

The Year 6 students had a great time using spray paints and stencils to decorate skateboard decks as we explore the idea that creativity allows us to express our ideas in our unit How We Express Ourselves. Students also enjoyed learning the calming and creative art therapy technique 'Zentangle'.

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The range of activities that take place at this school is incredible and the organising, scheduling and timetabling sometimes boggles the mind. Everything from sports days, snow trips, mission trips, musical soirees, arranging tours for teachers visiting from Korea, swimming competitions, inter-school soccer matches, guest speakers at Chapel, 32 guest students from China for 2 weeks, you could get tired just writing the list. Of course, let us not forget regular education!

One highlight (among so many) each year is our musical production. These alternate between Primary and Secondary, and this year it falls to Secondary. Who amongst us has not seen the classic movie "The Sound of Music"? Well that is the production being put on by our Secondary students this year.

Writing as a grandparent, I confess to having been to the odd cringe-worthy school production over the years (no names please!) but not here. If you enjoy musical productions and the City is just too far, why not come and join us. September 12 and 13, call the College office 8551 6650, for more details on how to book. You will be impressed!

By the way, if you were thinking about enrolling children for Prep or any other year in 2019, time to get moving! Call 8551 6650 for more information.



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those four billion plus people. Every day we work with people from so many backgrounds and have the ability to explore ideas from varying cultural contexts. Our students, therefore, have a much deeper global awareness and understanding of each other's cultures, this is evidenced in our many cultural activities, including the upcoming Multicultural Dinner on September 15th.

Life beyond the textbook is clearly evident for exchange students and host families, with girls from Hong Kong visiting us for the first three weeks of this term, but in today's increasingly interconnected and globalised world, tradition is also being supplemented by new and exciting ways to bring the world into our classrooms.

Modern means of communication, such as social networks and video conferencing, are ensuring that our students



experience foreign cultures with unprecedented ease. Through genuine exchanges of cultures, experiences and ideas, our girls are also developing and rehearsing important contemporary skills such as critical thinking and problem solving, creativity, collaboration and communication and information technology skills.



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